

Stepping Up for MENTAL HEALTH Walk-A-Thon

Hosted by #BEKINDSP33

Sunday May 7th from 11am - 6pm

At the Sauk Prairie Athletic Stadium - Home of the Eagles 

Mental Health Awareness and Wellness Event

FREE Admission

\$5 to enter Walk-A-Thon (t-shirts available for purchase)

***Register at www.BEKINDSP33.com and download your Pledge Forms**

****Prizes given for Top Pledge Raisers (Individuals and Teams) AND for the most LAPS/Miles walked/ran!**

Raising Mental Health Awareness and Educating the Community on ways to improve YOUR own Mental Health

Free Exercise Demo Classes hosted by Zefit, Prairie Fire Yoga, and SP Fitness Music, Bounce Houses, Food Trucks, and Wellness Booths including SP Nutrition and C2 Juicery and Much More!

\$1 Bucket Raffle Tickets will be sold

-Enter to Win Prizes from Zefit, SPFitness, PFY, Anytime Fitness and More!

All Proceeds will be donated to the Sauk Prairie School District's Sources of Strength Program and its initiatives on behalf of the #BEKINDSP33 Group

