**FEI by AllOne Health**

FEI provided a PEPM cost for 3 and 5 sessions and options for both including a bank of hours.

* This bank of hours can be used for either trainings or critical incident response.

|  |  |  |
| --- | --- | --- |
| **Mental Health Sessions Per Issue Per Year** | **PEPM** | **Approximate Annual Cost** |
| 3 (no bank of hours) | $1.30 | $9,360 |
| 3 (bank of 4 hours) | $1.50 | $10,800 |
| 5 (no bank of hours) | $1.45 | $10,440 |
| 5 (bank of 4 hours) | $1.65 | $11,880 |
| * Pricing based upon approximately 600 employees
* Virtual program orientation included at mutually agreeable times
 |

Highlights:

* **Unlimited In-the-Moment Support**: Members can speak with a Counselor at the time of intake, ensuring in-the-moment support is always available.
* **Organizational Consulting:** We prioritize leadership and organizational consulting as a crucial aspect of EAP service delivery to support HR Directors and Managers in addressing workplace issues and enhancing organizational productivity, health, and well-being.
* **Financial Consultation:** 85% of financial consultation is provided by our in-house certified staff, rather than outsourcing like other EAPs, promoting better coordination among benefits and **multiple consultation sessions for most issues**.
* **Expanded Benefits:** Our program includes **Medical Advocacy**, **Life Coaching**, and **Personal Assistant** services to embrace a total Well-Being model.
* Focus on whole health
* All staff go through public safety and 1st responder training on identifying cues to help support when this may not be voiced.

**Headspace**

Headspace provided two options – Headspace Care and Headspace EAP. The blue titles below will direct you to a webpage for additional information.

[Headspace Care](https://view.highspot.com/viewer/660b31e372241433b683d394)

* Includes unlimited access to Headspace app/self-care content, unlimited health coaching and therapy/psychiatry sessions via chat for employees and 5 of their family members, included in the cost.

|  |  |  |
| --- | --- | --- |
|  | Single Fee | Fee for Service |
| PEPM | $7.26 | $5.52 |
| Approximate annual cost | $52,272 | $39,744 + any virtual video visits |

[Headspace EAP](https://view.highspot.com/viewer/660acf47c5107ba68743f7d0)

* Most comprehensive package that includes unlimited Headspace & Headspace Care access and the full suite of EAP services for employees and the full suite of EAP services for your organization itself.
* An additional resource – [Headspace EAP Overview Video](https://view.highspot.com/viewer/660acf607224149fbc3d2b77)

|  |
| --- |
| 8 Sessions per issue per year |
| PEPM | $7.65 |
| Approximate annual cost | $55,080 |

Highlights:

* **Unlimited Coaching Sessions**- we set no session limit on our mental health coaching sessions. This allows members to utilize coaching not only when they're struggling and looking for support, but also when things are going well and they want to work with a coach to set goals, hold themselves accountable, etc.
* **Access to Therapy/Psychiatry Sessions (Avg. 2 day wait time)** - members are able to easily access and schedule clinical sessions within our Headspace app, with a wait time of only 2 days on average. Each employee is able to invite 5 family members to join as well

**Empathia**

* $9,000 annual cost for a range of 540-660 covered employees.
* Up to three (3) sessions per issue per year.
* No bank of hours for training or critical incident response is included.