

What are CCS Consumer Rights?

- Choice in the selection of recovery team members and services.
- Specific, complete, and accurate information about proposed services.
- A fair hearing under s. HFS 104.(5)
 for Medical Assistance applicants.
 (All other applicants have right to
 request a review of CCS
 determination by the Department
 of Health Services).
- program are confidential. Consent from the consumer is required in order to share information with outside individuals or other organizations.







How Do I Make a Referral to CCS?

All referrals are made through Sauk
County Department of Human Services.
To request CCS services:

 call (608) 355-4200 and request CCS services (Monday—Friday, 8:00 to 4:30)

or

 walk into Department of Human Services at 505 Broadway (4th floor), Baraboo, WI 53913 (Monday—Friday, 8:00 to 4:30).

For questions, please contact:

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24-Hour Crisis Line 1-800-533-5692



Comprehensive Community Services

Youth Program

Our Mission:

Recovery for individuals facing mental illness and substance use challenges. This program provides coordinated psycho-social rehabilitative services that support individuals in defining their own goals and empowering their attainment to a maximized level of functioning, stability and independence.

Sauk County Department of Human Services

West Square Building 505 Broadway St.

Baraboo, WI 53913

Phone: 608-355-4200

Website: www.co.sauk.wi.us/humanservices



What is the CCS Youth Program?

The Comprehensive Community Services (CCS) Youth Program is a team based, consumer driven program for youth and their families who are struggling with a mental health and/or substance use issues.

Services can be provided in the community, are flexible, and are meant to help youth and their families achieve their vision of recovery.

A primary goal of CCS is to provide services through a single coordinated system of care and to support youth and their families to participate as equal partners. Services are individualized to meet each youth's need for services as identified through a comprehensive assessment.

Who is eligible?

- Have a mental health and/or
- substance use diagnosis.
- Have goals that are defined and achievable.
- Qualify based on functional status.
- U.S. Citizens who are residents of Sauk County.
- Have or are eligible for Medicaid.





What are Psychosocial Rehabilitation Services?

Services are individualized and designed to assist individuals in achieving the highest possible level of functioning and stability and to minimize symptoms.

Services may include:

- · Mental health therapy
- Substance use counseling
- Psychiatric care
- Collaboration with schools
- Specialized assessment
- Psycho-education
- · Community skills
- Coping skills building
- Communication and interpersonal skill training
- Mind/body training
- Parent education
- Family therapy





What are the Steps to Enroll in CCS?

- A youth is referred by family (parent or guardian).
- A CCS staff member will meet with the youth and their family to provide information about the program and consider if the program is a "good fit" for the youth.
- A screening process occurs to determine functional and program eligibility.
- CCS staff works in partnership with the youth & family to complete a comprehensive assessment.
- A recovery plan is developed with measurable life goals to be accomplished.
- Specific psycho-social rehabilitative services and interventions are identified to achieve the target goals.
- A recovery team is formed. The team can include the youth, parents, family, mental health professionals, school staff, and other individuals the consumer wishes to include. The role of the recovery team is to support the consumer in taking steps to achieve the life goals identified in the recovery plan.

