## What are CCS consumer rights?

- Choice in the selection of recovery team members and services.
- Specific, complete, and accurate information about proposed services.
- A fair hearing under s. HFS 104.01(5) for Medical Assistance applicants. (All other applicants have the right to request a review of CCS determination by the Department of Health Services.)
- Services provided by the CCS program are confidential. Consent from the consumer is required in order to share information with outside individuals/organizations.

### **Coordinating Committee**

The Comprehensive Community
Services Coordinating Committee
provides oversight and direction to the
program. Members act as a liaison and
ensure involvement on CCS teams by
the systems and services they represent.
The Coordinating Committee is
comprised of consumers, CCS program
staff and community partners.

### How Do I Make a Referral to CCS?

All referrals are made through Sauk County Department of Human Services. To request CCS services:

• call (608) 355-4200 and request CCS Services (Monday—Friday, 8:00 to 4:30)

or

• Walk into Department of Human Services 505 Broadway (4th floor), Baraboo, WI 53913). (Monday— Friday, 8:00 to 4:30.)

For questions, please contact:

Sarah Beuthin

Integrated Services Program Coordinator

Phone: (608) 355-4217

Email: sarah.beuthin@saukcountywi.gov

Angela Tourdot

Integrated Services Program Coordinator

Phone: (608) 524-7987

E-mail: angela.tourdot@saukcountywi.gov

Jill Ellinwood

Integrated Services Program Manager

Phone: (608) 355-4214

Email: jill.ellinwood@saukcountywi.gov

24 Hour Crisis Line 1-800-533-5692

# Comprehensive Community Services

Adult Program



### Mission:

Recovery for individuals facing mental illness and substance use challenges. This program provides coordinated psycho-social rehabilitative services that support individuals in defining their own goals and empowering their attainment to a maximized level of functioning, stability and independence.

### Sauk County Department of Human Services

West Square Building 505 Broadway St.

Baraboo, WI 53913

Phone: (608) 355-4200

Website: www.co.sauk.wi.us/humanservices



### What Is the CCS Adult Program?

Comprehensive Community Services (CCS) Adult Program is a team based, consumer driven program for adults who are struggling with mental health and/or substance use issues. Services can be provided in the community, are flexible, and are meant to help adults achieve their vision of recovery. A primary goal of CCS is to provide services through a single coordinated system of care and to support consumers to participate as equal partners. Services are individualized to meet each consumer's need for rehabilitation as identified through a comprehensive assessment.

## Who is Eligible?

- Have a mental health and/or substance use diagnosis.
- Have goals that are defined and achievable.
- Qualify based on functional status.
- U.S. Citizens who are residents of Sauk County.
- Have or are eligible for Medicaid.

# What are Psychosocial

### Rehabilitation Services?

Services are individualized and designed to assist individuals in achieving the highest possible level of functioning, stability, and independence.

### Services may include:

- Mental Health Therapy
- Substance Use Counseling
- Psychiatric Care
- Specialized Assessment
- Psychoeducation
- Community Skills
- Coping Skills Building
- Communication and Interpersonal Skill Training
- Daily Living Skills
- Mind/Body Training



### How do I Enroll in CCS?

- A referral can be made by an adult who is experiencing a mental health and/or substance use issue or by therapists, psychiatrists or other professionals. The program is voluntary for people who want to work on their recovery goals.
- A CCS staff member will meet with the adult to provide information about the program and discuss their areas of need.
- A screening process occurs to determine functional and program eligibility.
- CCS staff works with the consumer to complete a comprehensive assessment.
- A recovery plan is developed with measurable life goals to be accomplished.
- Specific psychosocial rehabilitative services and interventions are identified to achieve the target goals.
- A recovery team is formed which can include the consumer, family, mental health professionals, and other individuals the consumer wishes to include. The role of the recovery team is to support the consumer in taking steps to achieve the life goals identified in the recovery plan.