

# SAUK COUNTY HEALTH CARE CENTER'S COMMUNICATOR

October 2016

Want to take a moment to thank all of you that participated in the strategic planning sessions over the past few months. Your attendance and participation really helped to form the next phase for this facility and the Board of Trustees and myself really appreciate all who chose to participate.

Shortly, we will be posting the results of your survey and the areas the board will be focusing on. From there we will be creating focus groups for the specific areas we will be addressing.

Remember we will continue to work on the "quick fixes" for areas of concern in our building that we can easily remedy (staffing, budget savings, census, etc.) and I will be asking for staff to participate in smaller groups to figure out other ways to make improvements here.

Thanks again for your dedication and continued support. Jenny

## From the DON:

October 22, 2016 we will be hosting our second annual Family Fun Carnival from 11:00am-5:00pm. All residents, their families, staff and their families are invited to the carnival. This years Carnival will have a Fall theme with various Fall activities. We hope to see you and your families there.

## From John and the Activity Department:

We took first place in the "Corporate Contributions" category for the "Sauk County Walk for Alzheimer's" with a total of \$4,185.84! Thanks to all for the generous donations, bids, & participation. Thanks also to the great number of walkers that took time out of their Saturday to support this worthwhile cause.

Safe Halloween is scheduled for Sunday October 30<sup>th</sup> from 1:30 to 3:00. Anyone who would like to contribute monetary donations toward purchasing candy for this event can see any A.T. Staff person or leave it with Marianne at the front desk. Thanks again for your support.

## October Anniversaries

Jane Dallman	8 years
Sierra Fierro- Fuhrman	1 year
Stacey Garner	1 year
Stephanie Hauge	3 years
Sherry Karstetter	22 years
Corrie King	7 years
Joan Leak	27 years
John McCarthy	14 years
Rebecca Pickel	4 years
Marietta Rick	15 years
Ruth Roecker	1 year
Paula Roethel	3 years
Fatima Ruiz	6 years
Katie Saladis	1 year

Congratulations Everyone!

## Staff Development Notes:

Next All Staff Meeting: Wednesday, Oct. 12<sup>th</sup>

Next Nurses Meeting: Wednesday, Oct. 19<sup>th</sup>

Next CNA Meeting: Thursday, Oct. 20<sup>th</sup>

In-services recently handed out:

Abuse Prevention - August

Norovirus - September

Falls Prevention - September

## SUNSHINE CLUB NEWS

Our next **Casual 4 A Cause** will be on **October 12, 2016**. You may purchase a Casual 4 A Cause sticker at the front desk if you wish to wear jeans. Thank you staff, for continually supporting the Sunshine Club by participating in our Casual 4 A Cause.

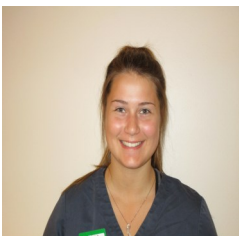
The "Good Deed" board is used to recognize coworkers for being "caught doing good deeds." Write their name, date and what they are being recognized for on a slip and hang it on the board. You must sign the slip. Each month one lucky person will receive a gift. Jessica Knuth is the winner of the good deed award for **September**. Jessica was nominated by Christen and Krista for always helping others without being asked. Being sweet to the residents and always having a smile on her face! Thank you for all you do." Congratulations !!!!

### Restorative/Maintenance Tip Of the Month:

Positioning in wheelchair is important , but so is positioning in bed. To promote the highest level of function, prevent pressure areas or contractures, people need to feel secure and supported. Positioning devices, ROM , repositioning, feeling warm or cool enough, incontinence care, lighting, call light within reach, noise level, etc., are all factors that can effect a person's sense of security. Persons with Parkinson's or stroke are especially relying on us to help keep their body away from fetal type position and/ or limbs supported to prevent progressive contractures. One area of concern that frequently is forgotten is support of feet. " Ballet toe" or foot drop can develop if feet not supported. People have a great sensation to have their feet supported, "grounded" for security. People who spend a good portion of their time in bed may need added firm support to the end of their bed to prevent contractures. Foot drop can really effect walk-

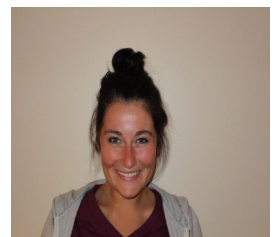
## Welcome our New Employees

Hi, my name is Daphne Barton. I am going to be working as a Dining Assistant, on the day shift. I am 20 and from Reedsburg. I have six siblings, I am single, and I have no children.



Hey everyone, I am Emme Ragenoski. I am starting here as a Casual CNA. I live in Reedsburg. I do plan on getting my RN degree in the future.

Hello, My name is Kasey Metcalf. I am starting here as a CNA on the night shift. I am 22 years old, born and raised in Reedsburg. I am planning on enrolling at MATC for my degree in nursing.





# Katie Webber-Massey Benefit



## 5K Sports Run/Walk and Badgers' Tailgate Saturday October 29<sup>th</sup> 2016



**Sports Run/Walk: 10:00 AM - Nishan Park**  
1700 8th Street, Reedsburg

Wear your Beavers, Badgers, Packers, Brewers or other favorite sportswear for the race!

**Registration:** begins at 8:30 AM – Free T-shirt included

**Badgers' Tailgate: 5:00 PM - Brewster's Lanes**  
121 Co. Rd. H, Reedsburg

Kickoff at 6:00 PM - Wisconsin vs. Nebraska

Food, beverages, games, a silent auction and more!

Wear your Katie Webber-Massey Benefit T-shirt. Shirts will be for sale on site.

**All proceeds benefit the Katie Webber-Massey Fund  
for medical expenses and support for Katie and family**



Katie Webber-Massey, 29, is a beautiful, strong, wife, mother, friend and coach. She is a proud alumni of RAHS and one of the best women athletes in school history. Katie recently was diagnosed with Stage 3 Breast Cancer (Grade 3 Paget's Disease.) She started her journey to be cancer free on August 30, 2016. She is a winner and is determined to beat this!



**"Be strong and courageous!"**  
~ Katie Webber-Massey ~



### Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Adult Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ 1X ☐ 2X

Youth Shirt Size: ☐ S ☐ M ☐ L ☐ XL

I will attend:

- ☐ 5K Sports Run/Walk - Individual \$35/person
- ☐ 5K Sports Run/Walk - Family \$60/family of 4 (\$5/each add'l dependent under 18)
- ☐ Badgers' Tailgate

Make checks payable to: Katie Webber-Massey Fund

Mail Registration to: 2200 Mabel CT, Reedsburg WI 53959

Registration must be received by October 7<sup>th</sup> to guarantee a t-shirt

For questions or additional info Email: [Janebel@hotmail.com](mailto:Janebel@hotmail.com)

# Sauk County Health Care Center

## October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Medicare 1:30	4	5 Home Care Staff Meeting 2:00	6 Dept Head 10:00 SCHCC Foundation 4:00	7 PAYDAY	8
9 Packers VS Giants 7:30 pm	10 Columbus Day  Medicare 1:30	11	12 All Staff  Casual 4 A Cause	13   Board of Trustees 5:15	14	15
16 Packers VS Cowboys 3:25 pm	17 Medicare 1:30	18 Resident Council 2:00  Board of Supervisors 6:00 West Square	19 Nurses Meeting	20 Quality Assurance 10:30  CNA Meetings  Packers VS Bears 7:25 pm	21 PAYDAY	22  SCHCC Family Fun Carnival 11:00 – 5:00
23	24 Medicare 1:30	25 Falls Prevention Committee 1:00	26	27	28	29 Katie Webber-Massey Benefit
30 Safe Halloween 1:30-3:00  Packers VS Falcons 12:00 pm	31 Halloween  Medicare 1:30					