

SAUK COUNTY HEALTH CARE CENTER'S COMMUNICATOR

July 2016

As many are now aware, I have invited our new Administrative Coordinator to come to our staff meetings. She has offered to help us all with a Vision for Excellence and a strategic vision for the Sauk County Health Care Center and we will be scheduling meetings over the next few months.

Some of you may be asking "well what does that mean?" or "why now?" or "why us?"

Well here are a few answers that will hopefully clarify some questions you may be having:

1. What is a Vision or strategic planning? Strategic Vision is a process to develop a strategy or direction that a company should be moving towards. We will develop ideas and activities for reaching a common set of goals and ideals that each and every one of you will participate in.
2. Why now? We are currently working on budget cycle and are looking for input and ideas that will help our facility become stronger and unify all in common goals and measures that we can hold each other accountable to.
3. Why us? A Vision cannot just come from management. The facility needs the input of all so that together we are realizing our goals and meeting our potential.

I look forward to hearing the wonderful ideas that many of you have and to making our Vision for the future a reality. Thank you to all of you for being a part of such a fantastic team. Together we will move into the future as a team.

Jenny

July Anniversaries

Penny Bautch	10 years
Kelli Driese	13 years
Corinn Fauver	7 years
Christa Garstka	5 years
Diane Hall	16 years
Brenda Hansen	11 years
Mary Jo Huber	34 years
Viv Ida	27 years
Sonja Johansen	13 years
Kaitlin Lease	1 year
John Peterson	26 years
Vickie Stone	25 years
Jenny Vosen	3 years

Congratulations Everyone!

Staff Development Notes:

Next All Staff Meeting: Wednesday, July 13th

Next Nurses Meeting: Wednesday, July 20th

Next CNA Meeting: Thursday, July 21st

In-Service Completion: Please make sure you are completing your in-services in a timely manner. *Not sure if you have completed them all?* A list of staff that have *not* completed the in-services is posted in the breakroom by the file cabinet.

SUNSHINE CLUB NEWS

Our next **Casual 4 A Cause** will be on **July 13, 2016**. You may purchase a Casual 4 A Cause sticker at the front desk if you wish to wear jeans. Thank you staff, for continually supporting the Sunshine Club by participating in our Casual 4 A Cause.

The "Good Deed" board is used to recognize coworkers for being "caught doing good deeds." Write their name, date and what they are being recognized for on a slip and hang it on the board. You must sign the slip. Each month one lucky person will receive a gift. **Paula Roethel** is the winner of the good deed award for June. Paula was nominated by Jonelle, RN. "Thank you for taking such great care of our residents. It's nice as an RN to have CNAs you know love what they do and also, to hear from residents and families how wonderful you are. Thank you for all you do." Congratulations Paula!!!!

From John and the Activity Department:

We are once again in the midst of our busy season for outings; Dairy Breakfast; "Butterfest", Circus & Cazenovia Parades. Thanks to everyone for all you do to facilitate these for our residents.

As the hot weather approaches, it would be greatly appreciated if anyone would feel free to assist with watering plants and monitoring our fountains for needed water. There are hoses & watering cans in each garden area.

Watch for further construction of our new gazebo. The Annual Sauk County Alzheimer's Walk will be held on September 17th. Watch for future fundraisers. Donations of "Baskets" would be accepted.

Annual TB Questionnaire to be completed by staff by June 25th—see posters for details

Restorative / Maintenance tip of the month: **Balance**

Maintaining balance is crucial in preventing falls and injuries. We start to lose our sense of balance as early as our 30's. People can have strong arms and legs, but the torso is what gives our entire body stability. Simple balance exercises can help. Hold on to a stable surface: 1) stand on one leg for 30 seconds, switch legs, continue for another 30 seconds and repeat 3-5x. 2) Feet slightly apart, lift your heels off of the floor, 10-15 x. 3) Reaching and Stretching tasks. A person can increase skill by performing on uneven surfaces, closing their eyes and doing without "holding on". Incorporate balance into your day, for you and those you care for. Stay strong!

Welcome our New Employees



My name is Cassandra Anderson and I will be working as a part time casual CNA working AM shifts. I am currently a student at Edgewood pursuing my nursing degree. In the near future I plan on working at the Children's Hospital in Madison working with children with cancer.

My name is Jessica Hutter. I will be working as a full time PM CNA. My husband and I have a small hobby farm and we enjoy doing things that involve the outdoors.



My name is Alex Schwarz and I am a casual CNA. I also work at Paul Bunyan's in the Dells. When I am not working, I enjoy being outdoors. I am currently going to school at UW Lacrosse and I am pre P.A.

Sauk County is hosting Biometric Screenings conducted by GHC. This opportunity is free of charge for all GHC members and completion may help contribute to reduced health insurance costs to the employees of Sauk County. There are incentives of either \$50 or \$75 available to participants upon completion of the screening or the screening in conjunction with other activities. They are being held here at the HCC, at the West Square Building and the Law Enforcement Center. Please see the handout with your last paycheck or see the bulletin board posting. Registration must be done online, the link for registration is available on a computer in each Team Station or contact your supervisor. Please see the posting on the bulletin board. (Reimbursements are also available upon completion of a physical performed by your physician, but must meet the Biometric requirements. The form for completion is available in the Personnel Office). The first screenings here at the Health Care Center, are next week on June 22, starting at 5:00AM, in the boardroom.

The next Health Care Center Blood Drive is Friday July 15th. Open to the public Sign up at www.bcw.edu/sauk or call Pearl at 608-524-7504.

Kudos to our dietary department. From January 4th through April 29th, they prepared 18,000 meals for the home delivered meal program. That is 18,000 meals above the wonderful meals that they provide to our residents and staff. This was accomplished without adding extra staff. Sounds like they are really cooking and that they can stand the heat in the kitchen. The dietary staff rocks.

Sauk County Health Care Center

July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PAYDAY United Fund Brat Dash	2
3	4 Independence Day	5	6 Home Care Staff Meeting 2:30	7 SCHCC Foundation 4:00	8	9
10	11 Medicare 1:30	12	13 All Staff Casual 4 A Cause	14 Quality Assurance 10:00 Board of Trustees 5:15	15 PAYDAY Blood Drive	16
17	18 Medicare 1:30	19 Resident Council 2:00 Board of Supervisors 6:00 West Square	20 Nurses Meeting 2:00	21 CNA Meetings Dept. Head 12:00	22	23
24	25 Medicare 1:30	26	27	28	29 PAYDAY	30
31						