

SAUK COUNTY HEALTH CARE CENTER'S COMMUNICATOR

December 2016

Wanted to take a minute to wish all of you a Happy Holidays. I truly appreciate each and every one of you and all that you give to our facility throughout the year. This time of year is a time to reflect and count blessings and I consider working with all of you one of the greatest blessings in my life. The hard work and dedication that I see here each and every day is second to none and I am so proud to lead such a great group of individuals.

As as we celebrate this special time of year try to take time to thank each other for all your hard work and reflect on all the wonderful blessings around us.

Merry Christmas and Happy New Year ! Jenny

From The DON:

Thank you to all staff for your hard work and dedication to the Health Care Center. As you all know, flu season is upon us. Please remember to wash your hands frequently, stay home if you are sick, and ask visitors to refrain from visiting if they are sick. Reminder, you must be cleared before you are able to return to work. When you receive a follow- up call, please be sure you are responding in a timely fashion.

I would like to wish you all a safe and Happy Holidays. Gina



New Falls Initiatives - Starting December 1st

Not on My Watch Program

-Walking Reports - Will be starting on the units as follows:

- December 5th - Sandstone Bluff
- December 12th - River Valley
- December 19th - Babbs Prairie
- December 26th - Eagle Path

-Root Cause Analysis Training for nursing supervisors

-Fall scene investigation tool

-Percentage of falls decrease – Incentive program for each neighborhood

December Anniversaries

Julie Clements	7 years
Morgan Cordray	12 years
Tammy French	2 years
Colleen Johnson	24 years
Ana Marshall	1 year
Lindsey Shelton	3 years
Amanda Udelhoven	3 years

Congratulations Everyone!

Staff Development Notes:

Next All Staff Meeting: Wednesday, December 7

Next Nurses Meeting: Wednesday, December 21st

Next CNA Meeting: Thursday, December 22nd

In-services recently handed out: Falls Prevention - October

Cold Weather Exposure/Hypothermia/Frost Bite - November



SUNSHINE CLUB NEWS

Our next **Casual 4 A Cause** will be on **December 7, 2016**. You may purchase a Casual 4 A Cause sticker at the front desk if you wish to wear jeans. Thank you staff, for continually supporting the Sunshine Club by participating in our Casual 4 A Cause.

The "Good Deed" board is used to recognize coworkers for being "caught doing good deeds." Write their name, date and what they are being recognized for on a slip and hang it on the board. You must sign the slip. Each month one lucky person will receive a gift. Emilie Miller is the winner of the good deed award for November. Emilie was nominated by Penny and Heather for being a team player, doing extra, and always helping out when needed. You do a great job! Congratulations !!!!

From John & The Activity Department: Christmas is fast approaching and we are planning the neighborhood Christmas parties as follows: SB Dec.19, EP Dec. 20, RV Dec. 21 & BP Dec. 22. All staff/shifts are encouraged to participate in these festive events. If you are interested in bringing a food item, see any AT Staff person. The voluntary list for donating Christmas gifts is also circulating. Again, let any AT Staff person know if you are interested in donating a gift. There will also be various caroling groups visiting thought out the season. Any assistance with this is greatly appreciated.

Some of you have asked about when the longevity checks will be coming. The longevity checks will be distributed with the 12/16/16 paychecks. Also, you will see the changes in your premiums in your December paychecks. If you have forms that are due for insurance purposes, please turn them into the Personnel Office as soon as possible.

Restorative/Maintenance Tip Of the Month: Restorative nursing involves all staff to keep residents at their highest level of self performance. Identifying resident's skills, whether it be eye contact when spoken to or walking to meals, all residents are seen for a restorative program to maintain or "restore" skills that have shown a decline. Restorative is not therapy. We all work to follow through with functional maintenance programs to prevent declines which are identified by care plans and guidelines for daily care. Resident restorative/maintenance goals are found in lower right box on the guideline for daily care, if not seen by therapy, or in support of therapy, or if at a low rehab category on the MDS. Some residents continue exercise in the therapy clinic with Restorative Staff which may confuse residents and family, but they are not seen by doctor prescribed therapy. Keep up the great work that our residents count on, to keep them active in their daily life!

Happy Holidays! Mary Jo & Breanna

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December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Dept. Head 10:00	2 Holiday Craft Fair PAYDAY	3
4 Packers Vs Texans 12:00	5	6	7 All Staff Casual 4 A Cause	8 Board of Trustees 5:15	9	10
11 Packers Vs Seahawks 3:25	12	13	14	15 Infection Control 10:30 Pharmacy 11:00	16 PAYDAY	17
18 Packers Vs Bears 12:00	19	20 Resident Council 2:00 Board of Supervisors 6:00 West Square	21 Nurses Meeting	22 CNA Meetings Dept. Head 12:00	23	24 Christmas Eve Packers Vs Vikings 12:00
25 Christmas	26	27 Falls Prevention 1:00	28	29	30 PAYDAY	31