



SUNSHINE CLUB NEWS

Our next **Casual 4 A Cause** will be on **February 11**. You may purchase a Casual 4 A Cause sticker at the front desk if you wish to wear jeans. Thank you, staff, for continually supporting the Sunshine Club by participating in our Casual 4 A Cause and purchasing a sticker at the front desk.

Reminder for CNAs

CNAs please ensure that all of your Mandatory In-services are in by March 31st. You are required to have 12 credit hours done as well as all of the State Mandatory In-services completed. Next CNA meeting is February 19th. It is extremely important that all CNAs are at the February CNA Meeting. Important updates will be shared at this time. Thank you for all your hard work!

Reminder: If a resident or their family member inquires about a beauty shop appointment, call Jeanette at 7618. Jeanette makes all of her own appointments. If she is not in, just leave her a message. Thanks!

From John and the AT Department: A big Thank You for the words of encouragement & acts of kindness shown to the AT Department over “National Activity Week”. We feel very fortunate to work with each & every one of you. Your support & thoughtfulness is much appreciated.

The AT Department will be having various Valentine’s Day items available for sale again this year, including cakes. Watch for these items in the near future..

Welcome our New Employee-



Hi, my name is Briana Schofer. I will be working as a CAN. I have been married for about three years and I have a beautiful three year old daughter.

Restorative Tip of the Month

Restorative/Maintenance Tip of the Month: Equipment (cushions, covers, splints, supports, w/c, reacher, built up utensil etc.) that is used for our residents is very important to their level of independence and participation. If you find equipment that is damaged or misplaced please contact Mary Jo Huber at #7511 so it can be repaired or replaced. Please do NOT throw away! If equipment not meeting residents needs therapy will be contacted to evaluate and address.

The “Fish Philosophy” Bulletin Board is now the “Good Deed” board. It is to be used to recognize coworkers for being “caught doing good deeds”. Write their name, date and what they are being recognized for on a slip and hang it on the board. You must sign the slip. Each month one lucky person will receive a gift.



SAUK COUNTY PERSONNEL DEPARTMENT

MICHELLE POSEWITZ, DIRECTOR

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Barbara Clark, Personnel Specialist

Mary Jane Camu, Benefits Specialist

Shawna Bongard, Administrative Analyst

January 15, 2015

Subject: Health Risk Assessments

Dear Employees-

Here at Sauk County we are proud to make an annual offer of benefits to eligible County employees. We know the value you place upon the benefits we offer, and do our best to maintain the value of those benefits while making sure they remain financially sustainable. Of those benefits, the most high profile is our health insurance plan. We offer a health plan offered by Group Health Cooperative (GHC), which currently meets our provider coverage and sustainability goals. To best utilize their services, enhance our overall health and prepare for future sustainability; we are partnering with GHC to offer Health Risk Assessments (HRAs) to all employees.

The HRA is designed to help you evaluate your current health status, identify greatest health risks and support you as you make plans to manage those risks. The HRA will be a two-step process featuring an online survey and an in-person biometric screening. The in-person screening will include a check on:

- Height/Weight
- Blood Pressure
- Chemistry Panel and Glucose

The HRA will be free and confidential. Sauk County will not receive individual results, but instead will receive an aggregate report which highlights key health risks among the entire employee population.

Those who complete both steps of the HRA will receive a \$25 incentive from GHC and will be entered in a drawing for prizes which includes multiple FitBits and iTunes gift cards.

We have scheduled times at four different locations in the County for dates in late January/early February. Look for an email regarding the specific dates, times and specifics on how to sign up soon.

If you have any questions or concerns about the upcoming HRA, please contact Mary Jane Camu at 355-3270.

GENERAL JOB HOTLINE: (800) 233-9281 • HEALTH CARE CENTER JOB HOTLINE: (800) 388-0115

All Staff Reminder: During the winter months, the only staff allowed to park against the maintenance garage is the maintenance staff. Also, please remember to park away from the sidewalk to allow more room for maintenance to keep the area clean. When there is snow in the lot, try to park in one area, instead of all over the lot, to facilitate snow removal. Thanks much for your cooperation.

February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Medicare 1:30	3	4 2:30 Home Care Staff Meeting	5	6	7
8	9 Medicare 1:30	10 9:30 Dept Head	11 All Staff Casual 4 A Cause	12 5:15 Board Of Trustees	13 Payday	14
15	16 Medicare 1:30 Presidents Day	17 Board of Supervisors 6:00 West Square Building	18 Nurses Meeting	19 CNA Meetings	20	21
22	23 Medicare 1:30	24 9:30 Dept Head	25	26	27 Payday	28