

SAUK COUNTY HEALTH CARE CENTER'S COMMUNICATOR

December
2015

Thank you to all who have helped with our transition in management here at the Sauk County Health Care Center. I look forward to continuing to work closely with everyone during our transition here. Thank you to all of you for your hard work and dedication to this facility. You all make this the 5 star facility that it is. Be proud of the work you do. I want to wish everyone a Happy Thanksgiving and blessed holiday season to follow.

Jenny

From John & The Activity Department:

This year's Safe Halloween was again a huge success. Your generous donations of time, money & candy made this event possible & were very much appreciated.

The Annual Christmas Bazar is scheduled for Friday December 4, 8:00-3:00 in the Community Room. There will also be a bake sale & luncheon available that day. All are welcome.

The Neighborhood Christmas Parties will be held the week of December 14th. Everyone is encouraged to attend & participate. Please see any AT Staff person with questions.

We are again offering the opportunity for those that may be interested, to donate a Christmas gift to our residents. This is optional. You may choose one or more names if you would like.

Staff Development Notes

Congratulations to the winners of the SCHCC Pumpkin Decorating Contest:

#1 Sesame Street Sweeties (Oscar the Grouch) - Jonelle P., Amanda S., Cayla A., Lilly R.

#2 The Whiners (Wine display) - Dennis M., Patty D., Vonda H., Pearl L., Marvin P., Francis R.

#3 Valley Gals (E.T.) - Lonna T., Stephanie H., Breanna H., Chelsea J., Lorraine L

Thank you everyone who participated!

You all did a fantastic job and it was a close vote!

Next All Staff Meeting: Wednesday, December 9th.

Next Nurses Meeting: Wednesday, December 16th.

Next CNA Meeting: Thursday, December 17th.

December Anniversaries

Julie Clements	6 years
Morgan Corning	11 years
Tammy French	1 year
Colleen Johnson	23 years
Margaret Neary	7 years
Lindsey Shelton	2 years
Amanda Udelhoven	2 years

Congratulations Everyone!



SUNSHINE CLUB NEWS

Our next Casual 4 A Cause will be on December 9th. You may purchase a Casual 4 A Cause sticker at the front desk if you wish to wear jeans. Thank you, staff, for continually supporting the Sunshine Club by participating in our Casual 4 A Cause.

The "Good Deed" board is used to recognize coworkers for being "caught doing good deeds." Write their name, date and what they are being recognized for on a slip and hang it on the board. You must sign the slip. Each month one lucky person will receive a gift. Bridget Reilly is the winner of the good deed award this month. Bridget was nominated by Arlene Degner for all of her extra help on BP with meals, toileting and answering call lights. Congratulations Bridget !

RECEIVED

OCT 27 2015

SAUK COUNTY BOARD CHAIR
BARABOO, WISCONSIN

Marty Krueger
County Board Chair

Dear Mr. Krueger,

My mother, [REDACTED], has been a patient at the Sauk County Healthcare Center since August of 2014. Her entire stay has been in the Babb's Prairie unit. The purpose of this letter is to communicate to you my thanks for the excellent care she has received there. Not only have I been impressed with the responsive nursing care but the staff in general is warm and friendly, the food is very good and the facility is clean and presents well. When a caregiver walks in her room and my mom lights up with happiness, it gives me comfort that she is in the best possible place at this stage in her life.

Reedsburg should be very proud to have a facility of this quality taking care of its residents. Thank you for, both historically and in the future, providing the resources this facility needs to deliver the excellent care it does.

[REDACTED]
[REDACTED]

10/22/15

Way to go SCHCC Staff!

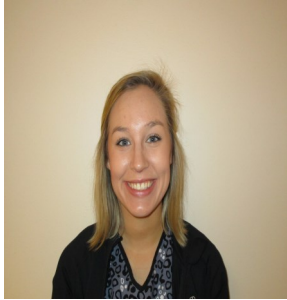
Restorative / Maintenance tip of the month:

We have people here that we work with daily, that have issues with their body "freezing" while walking and turning. Techniques to help with overcoming this and to perform tasks are:

- 1) Stop to prevent fall, 2) Straighten upper body 3) Relax, breathe "Smell the rose, blow out the candles"
- STRESS INCREASES FREEZING AND FREEZING INCREASES STRESS!
- 4) Sway side to side, this loosens feet and relaxes the Central Nervous System. Keep up the good work !

Mary Jo

Welcome our New Employees



Hello! My name is Katie Saladis and I will be working as a CNA on pm shift. I have 3 cats, 1 dog, and 1 bird. My family also raises chickens and we currently have 30 of them.

Hello, my name is Sierra. I will be working here as an RN. I have 3 boys: Kaiden 9, Liam 2 (almost 3), and Asher 13weeks. I worked at the SCHCC years ago as a CNA and am excited to be part of this team again.



Don't forget to purchase your Papa Murphy's Peel-A-Deal Cards. The card pays for itself the first time you use it! It would make a great stocking stuffer for the holidays. See any Sunshine Club member to purchase your cards; Patty Dix, Vonda Hainstock, Theresa Dietz, Mary Huntamer, Pearl Lenz, or Amanda Udelhoven.



Sunshine Club Fundraiser Salad Lunch

Tuesday, November 24th

**Sunshine Club will be taking orders
for Papa Murphy's Salads (\$6.00)**

**Fill out the "Salad Order Sheet" and return
form and payment to Reception by 11-23-15!**

SAUK COUNTY HEALTH CARE CENTER December 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Medical Records 8:00 Home Care Staff Meeting 2:30	3 Packers vs Lions Dept. Head 10:00	4 PAYDAY	5
6	7 Medicare 1:30	8	9 All Staff Meeting Casual 4 A Cause	10	11	12
13 Packers vs Cowboys	14 Medicare 1:30	15 Resident Council 2:00 Board of Supervisors 6:30 West Square	16 Nurses Meeting 2:00 5:15 Board Of Trustees	17 CNA Meetings Pharmacy Infection Control Dept. Head 12:00	18 PAYDAY	19
20 Packers vs Raiders	21 Medicare 1:30	22	23	24 Christmas Eve Holiday	25 Christmas Day Holiday	26
27 Packers vs Cardinals	28 Medicare 1:30	29	30	31 PAYDAY		