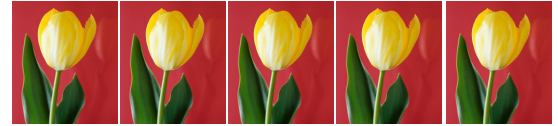


SAUK COUNTY HEALTH CARE CENTER'S COMMUNICATOR

APRIL
2014



Apr 25	PAYDAY		Casual 4 A Cause
Apr 28	Medicare	May 15	Quality Assurance CNA Meetings
May 1	Mayday	May 17	Armed Forces Day
May 5	Medicare	May 19	Medicare
May 6	Department Head	May 20	Department Head
May 9	PAYDAY	May 21	Nurses Meeting
May 11	Mother's Day	May 23	PAYDAY
May 12	Medicare	May 26	MEMORIAL DAY HOLIDAY
	NATIONAL NURSING HOME WEEK BEGINS		
May 14	All Staff Meeting Board of Trustees		



Welcome our New Employee



My name is Amanda Stanek. I live in Hillsboro. I have a wonderful husband, Michael. We have 5 children, 4 grandchildren and another coming in May. We like to spend time with all of them. I have been a CNA for 14 years and I am excited to be working at the Sauk County Health Care Center.

A big thank you for all the support for our Annual Easter Egg Hunt. It is your generosity that helps make our event a huge success for our residents and the community. We are excited about attending next week's 2014 "Senior Prom" hosted by the Senior Life Center. We will soon be starting our summer activity schedule, which includes bus rides, and other outings. We are also in the process of planning our annual Memorial Service as well as other spring activities. As always, we appreciate your help with having residents ready for these events.

Again, thanks for supporting the Activity Department, John Peterson.



LaVerne's In-Service Corner



The next Mandatory **All Staff Meeting** has been scheduled for Wednesday, **May 14**, at 7:00 a.m., 1:30 and 2:30 p.m.

New In-services Available— Severe Weather—mandatory for all staff.

Nursing Department— CNA's—remember that **CNA meetings are mandatory**. They are usually scheduled on the 3rd Thursday of each month. If you are unable to attend, you will need to complete an in-service packet which will be provided in your mailbox. These will be due before the next scheduled CNA meeting.

Don't forget that you get *in-service credit* for *All Staff meetings, Nurses' meetings, and CNA meetings*. Thank you. LaVerne

SUNSHINE CLUB NEWS

Our next **Casual 4 A Cause** will be on **May 14, 2014**. You may purchase a Casual 4 A Cause sticker at the front desk if you wish to wear jeans. The Sunshine Club is donating the prize for the Fish Award, so please continue to nominate people for this award by putting their name on the bulletin board in the service hall. As always, the **Sunshine Club** will continue to send birthday cards to all staff, gifts for staff who experience illness, deaths, births etc. and will periodically provide treats for staff on special occasions. We also provide a copy of the *Reedsburg Independent* for staff use in the break room.

EMPLOYEE ANNIVERSARIES — MAY

Kari Schyvinck	1 year	Laura Herritz	12 years
Alyson Sobeck	2 years	Mary Huntamer	14 years
Ashley Moore	3 years	Michele Lohr	25 years
Bruce Meyer	5 years		
Darla Riese	6 years		
Ronda Wilke-Ostrander	10 years		

CONGRATULATIONS EVERYONE

From the DON

Happy Spring everyone!!!! Hope everyone has had time to enjoy the wonderful weather. Just wanted to thank everyone for their dedication to keeping influenza out of our building this year. We did not have one single outbreak of influenza among our residents for the 2013-2014 flu season. This means that getting vaccinated, wearing the masks, and staying home when you were sick really paid off.

There will be a falls prevention committee forming/meeting on Tuesday May 6, 2014. Anyone who is interested on helping to prevent falls please come and bring ideas on how we can better protect our residents.

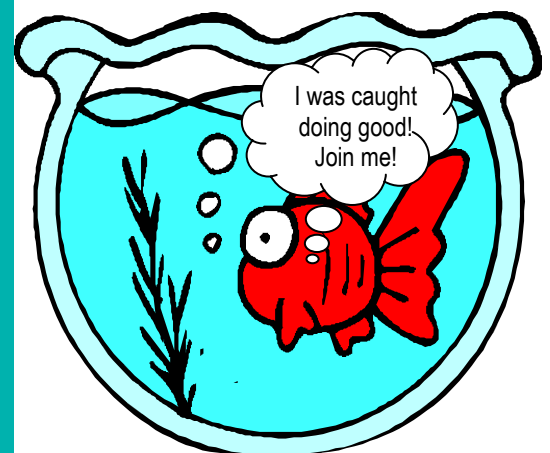
Jenny

ATTENTION ALL STAFF!

The “Fish Philosophy” Bulletin Board is to be used to recognize coworkers for being “caught doing good”. Write their name, date and what they are being recognized for on a fish and hang it on one of the hooks. You must sign the fish. Each month one lucky person will receive a gift.

The winner for March was Amanda Udelhoven, nominated by Steph H., Lonna T. and Angela A. She was nominated for always helping out and being very kind and sweet to the residents. Our April winner is Dave Webber who was nominated for setting up the Community Room for an event. He was nominated by Gina Mitcham.

Thank you Amanda and Dave for being excellent employees by going above and beyond your normal duties for our residents and your fellow employees.



THERAPY TIP OF THE MONTH

Neck pain is very common for health care workers. Reaching, lifting, pulling, bending over a desk for long periods of time or looking at a computer screen that's too high or too low can cause neck pain. The key is to always maintain the neck as close to a neutral position as possible. Stretch by lifting your chest, drop your chin slightly and relax your shoulders. Making sure you have a correct work station, changing posture frequently while working and exercise can all help alleviate neck pain!

**ATTENTION CNA'S**

As discussed during the April CNA meetings, we will be starting the Availability Calendar with the payroll period of 5/12/14—5/25/14. Please sign up for 2 shifts each payroll period that you would be available to work. Remember that every CNA needs to sign up and no more than 4 sign ups per day on days and PMs, and no more than 2 sign ups per day for NOCs. If you do not sign up, you will be assigned 2 shifts.

Questions? See Jenny or LaVerne

From the Administrator:

REMEMBER that as of May 1, solicitation is only allowed in the break room—not on the neighborhoods or by the reception area. Thank you for your anticipated cooperation.

We are pleased to announce that our COTA's Ann and Mary Jo, will be transitioning to our Activity Department in June. They will be overseeing our restorative nursing program and educating staff on new ways to enhance the lives of our residents.

We also are currently making further plans for Nursing Home Week, which is May 11—17. Look for signs as to the dates and special activities which will take place. The theme this year is "Living the Aloha Spirit". If you have any ideas for special events, please see Kim.

