

SAUK COUNTY HEALTH CARE CENTER'S COMMUNICATOR

**APRIL
2010**



Upcoming Events

Apr 19	Medicare	May 10	Medicare
Apr 21	Administrative Professionals Day	May 11	Department Head
Apr 22	Medicare Earth Day CASUAL 4 A CAUSE	May 12	All Staff Meeting
Apr 26	Medicare	May 13	Medicare Foundation Meeting Board of Trustees
Apr 27	Department Head	May 14	PAYDAY
Apr 30	PAYDAY	May 17	Medicare
May 3	Medicare	May 20	Medicare
May 5	Nurses Meeting Cinco de Mayo /Taco Lunch	May 24	Medicare
May 6	Medicare WAHSA Meeting in LaCrosse	May 25	Department Head
May 9	Mother's Day	May 26	Fire, Health and Safety
May 9-15	National Nursing Home Week	May 2	Medicare
		May 28	PAYDAY Memorial Service
		May 31	Memorial Day Holiday

MAY ANNIVERSARIES

Jessica Duffin	1 year	Laura Herritz	8 years
Bruce Meyer	1 year	Mary Braun	10 years
Darla Riese	2 years	Sonya Klang	11 years
Penny Clary	3 years	Michele Lohr	25 years
Ronda Wilke-Ostrander	6 years	Millie Smith	36 years

UPCOMING EVENTS...

I would like to take this opportunity and thank everyone for your generous donations and time to make the Easter Egg Hunt a huge success. We had several hundred people attend the hunt. Residents and volunteers worked hard filling over 4,000 eggs. Your generosity and support are always greatly appreciated.

Cinco de Mayo is on Wednesday, May 5. We will have a taco sale from 10:30 a.m. -1:00 p.m. Plate lunch will be \$4.00 and will include 2 tacos, rice, dessert and soda. Lunch will also be available to PM's and Noc's upon request. All proceeds to benefit the Memory Walk for the Alzheimer's Association.

National Nursing Home Week is May 9 - 15. This years theme is "Enriching Every Day." The theme centers around how staff members enrich residents lives and how we view them as valuable individuals and members of our community. You as staff members help residents overcome many obstacles and infirmities of age and disabilities. You put the residents' needs first and make them feel at home by understanding their preferences and personas. By doing this, you yourself become enriched and form a mutual respect for one another. Watch for more information of upcoming events for the week. If anyone has any suggestions and would like to help plan events that involve residents and staff please see me.

Our annual Memorial Service will be held on Friday, May 28 at 2:00 p.m. in the Community Room. This is a time to honor and remember those residents who have passed away in the last year. You are welcome to join us for the service.

Passage Quilt. The River Valley Stitchers recently donated a Passage Quilt to the Health Care Center. The quilt symbolizes an act of kindness and respect for the deceased and their families, fellow residents, friends and staff. The quilt is used to cover the body bag as the deceased is removed from the Health Care Center. This offers a kinder, gentler sight. The Stitchers hope is to help our efforts in this small way and also ease the sadness of the staff on the occasions when the use of the quilt is necessary. We thank them very much for their kindness and generosity in the making of this beautiful quilt.

Thank you, Margaret



Hi, my name is Patti Braun, and I will be working with the kitchen staff as an aide. I am married, have 3 children and 5 grandkids at present with an additional grandchild on the way. I enjoy cooking, shopping and just relaxing on my days off.



My name is Lindsey James. I'm a new CNA here. I've been a CNA for about four years now. I have lived in Reedsburg my whole life. I will be in the nursing program at MATC either this year or next year, and I have the cutest puppy name Chloe.



Hi, my name is Cyndi Deitelhoff. I am married to Bernard Deitelhoff and we have 6 children. We have a dairy farm by Cazenovia and have been farming there for 20 years. I will be working as a kitchen aide.



My name is Jessie Turner. I'm from Baraboo, WI. I just recently became a CNA and did my clinical training here at the Health Care Center. I immediately liked the atmosphere, staff, and residents, so I'm really looking forward to working here.



My name is Shannon Fry and I live in Reedsburg. I have a great husband and 2 wonderful boys, Dakota and Alex. I am a new CNA here at SCHCC. I am enrolled in school for EMT as well as CMA. Also, our family is getting licensed to do daycare and foster care in our home. We are a very busy and active family.

Welcome to Everyone!

Juli's Jottings

REMEMBER...

- Call lights must be within residents reach at all times. With our comforters being on the slippery side, please be sure the call light is secured to the comforter before leaving the room.
- Place only one glass on the table at meal time for water. All other glasses should be placed on the beverage cart and staff will pour resident juice or milk as they order.
- Absolutely no cooking ingredients should be brought in by staff. All ingredients for baking should be obtained from the kitchen. NO EXCEPTIONS!
- Eggs must be obtained from the kitchen and must be pasteurized. They must be kept on the bottom shelf of the refrigerator as well.
- Residents who participate in a cooking activity must have their hands thoroughly washed and gloved prior to the cooking activity. If they contaminate their gloves or food at any time, they must pitch what they are making and start over.
- NO BAKING ACTIVITIES should be held on a neighborhood if residents on that neighborhood are ill.
- Please offer and provide fluids to residents with every encounter. Remember TAPS - Turn - Align - Position - Sips.
- The computer areas next to the kitchenettes are becoming catch all's and are very cluttered. Please clean these areas up! Only a pad of paper, pens and computer should be in these areas, and NO resident personal information should be left out.
- You must wear a pager at all times. If pagers are broken or do not work get them turned in to be fixed. Not having a pager on is like not using proper equipment you must have on your person at all times!

LaVerne's Inservice Corner

The All Staff Meeting has been scheduled for Wednesday, May 14, at 7:30, 1:30 and 2:30

Thanks to everyone for keeping up on their in-service requirements this last year! A new year has begun with the first Mandatory in-service available on Severe Weather. Don't forget that you get in-service credit for All Staff Meetings, Nurses' meetings, and CNA meetings. Thank you. LaVerne

From Kim

Please remember to submit your recipes to Kim for the Foundation fundraiser cookbook. Deadline is May 31. The lower half of the "Union" bulletin board in the break room is for staff use so that is where your for sale, thank you's, event notifications etc. should be posted. It is small, so please remove your items as soon as the event is over. Tornado Awareness week is April 19—23. The mock tornado warning will be on the 22nd. Watch for more information from LaVerne

BIGGEST LOSER CONTINUES...

In two weeks the staff at the SCHCC has lost a total of 241.1 lbs. by participating in our Biggest Loser Contest. Good Work Everyone! The person who lost the highest percentage of body weight for week one is Peggy Connors. For week two, the winner is Sarah Ott. Each week a challenge is put up to encourage good eating habits, exercise, and general good health. At the end of the competition a prize will be awarded to the person who has lost the highest percentage of body weight. Good luck to all and keep up the great work! Our losers are ALL winners!



Sunshine Club News

Our next **Casual 4 A Cause** will be on **April 22** and next month's will be on **Thursday, May 12**. Remember to purchase a Casual 4 A Cause Sticker at the front desk if you wish to wear jeans.

THANK YOU FOR YOUR SUPPORT!

We are pleased to announce that Pearl Lenz is the winner of the Sunshine Award for this month. Pearl was nominated by Shelly Lohr because she and her husband took it upon themselves to purchase potting soil and other supplies and spent the weekend redoing the plantings in the front lobby. Thank you Pearl and David for a job well done. Along with our thanks, Pearl will receive a gift card to a local business for her efforts.

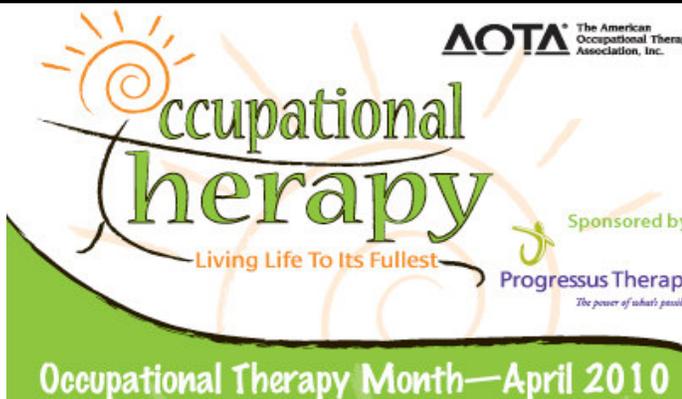


Remember that your Sunshine Club is responsible for sending birthday cards to all staff, gifts for staff who experience deaths, illness, births etc. We are always looking for new ideas to recognize our wonderful staff and their dedication to our residents, so please bring your ideas to the front desk for Kim Gochanour, Juli Brandt, or Diane Gade. Our newly received Suggestion Box will be up soon.

Personnel Matters

Our representative from Unum, our disability, cancer, etc, insurance company will be here to meet with employees on Monday, April 19, 2010, from 7:30 AM - 12 PM. She will be available to meet with any interested eligible employees in the employee break room. If you are unable to meet with the Unum representative during that period of time, but would like information, their phone number is 1-800-635-5597.

PLEASE REMEMBER to notify the Personnel Department if you have recently changed your address, phone number, or other contact information. Failure to do so may result in important information being mailed to the wrong address.



April is Occupational Therapy Month. Occupational Therapy enables people to do the day to day activities that are important to them despite limitations. Range of Motion programs, adapting the environment, learning techniques and use of adaptive equipment help many to achieve their goals. With the help of all of the Sauk County Health Care Center Team, residents are able to return home, restore or maintain skills.

**THANK YOU KAREN, MARY JO AND ANN!
LIVING LIFE TO ITS FULLEST!**