

Sauk County Resources



PUBLIC HEALTH
SAUK COUNTY
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Struggling with substance use? Start here for help.

Sauk County Recovery Connections

505 Broadway St, 4th Floor, Baraboo, WI 53913
[608-402-4312](tel:6084024312)

Sauk County Department of Human Services

505 Broadway St, 4th Floor, Baraboo, WI 53913
[608-355-4200](tel:6083554200)

Recovery Support Network/Substance Use Diversion and Support (SUDS)

510 Broadway St, Basement Level of Sauk County Courthouse, Baraboo WI 53913
[608-355-3287](tel:6083553287)

Response Teams

Call or text a local WisHope Peer Recovery Coach at [844-515-1444](tel:8445151444).

Sauk Prairie C.A.R.E. Recovery Program, sponsored by St. Vincent of Prairie du Sac/Roxbury

1906 North Street, Prairie du Sac, WI 53578
[608-644-0504 ext. 12](tel:6086440504)

Additional Mental Health and Substance Use Treatment Resources

12-Step meetings:

- Al-Anon (www.al-anon.org) and Nar-Anon (www.nar-anon.org) for loved ones
- Adult Children of Alcoholic & Dysfunctional Families (www.adultchildren.org)
- Alcoholics Anonymous (www.aa.org)
- Narcotics Anonymous (www.na.org)

Apollo Psychological Services, LLC

[608-524-8611](tel:6085248611) – Reedsburg

Aspen Counseling Services

[608-742-5020](tel:6087425020) – Baraboo and Portage

Behavioral Health Department at Reedsburg Area Medical Center (RAMC)

[608-524-8611](tel:6085248611) – Reedsburg

Bloom Therapy Center

[608-405-0981](tel:6084050981) – Baraboo

Calming Journey's Counseling, S.C.

[608-448-6418](tel:6084486418) – Lake Delton

Collaborative Journey Counseling, LLC

[608-477-1484](tel:6084771484) – Baraboo



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Goodman Behavioral Health Clinic

608-768-4545 – Reedsburg

Grace Counseling & Family Services

608-562-3976 – Reedsburg

Harbor Recovery Center

Text **608-697-7163** – Portage

Peer support for individuals and loved ones

Healthcare Agencies that provide Medication Assisted Treatment (MAT)

Dean Clinic

608-355-3800 – Baraboo

Ho-Chunk Nation Department of Health: House of Wellness

608-355-1240 – Baraboo

Prairie Clinic

608-643-3351 – Prairie du Sac

Sauk Prairie Healthcare Emergency Room

608-643-3311 – Prairie du Sac, 24/7/365

Innervations Counseling and Consulting Center

608-477-9858 – Baraboo

Lutheran Social Services Counseling and AODA Clinics

608-355-4103 – Baraboo

Pathway to Wellness Community Clinic

608-643-3663 – Prairie du Sac

Pauquette Center

608-643-3147 – Prairie du Sac

608-356-9055 – Baraboo

608-524-5151 – Reedsburg

Psychological Addiction Services: Mobile Medication Assisted Treatment

Providing methadone and suboxone

200 E Cook St. Portage (parking lot next to Wilz Drug)

608-416-5777

info@pasrecovery.com

Hours: M-F 6:30am-10am, Sa & Su 6:30am-8am

Serving Sauk County and surrounding counties

Seasons Counseling, LLC

608-448-2497 – Baraboo

The Psychology Clinic

608-448-2799 – Baraboo

608-370-6551 – Prairie du Sac

Therapy Without Walls

608-843-3229 – Reedsburg



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FREE Harm Reduction Resources

Public Health Sauk County

505 Broadway, 3rd Floor, Baraboo, WI 53913

Free Narcan and Fentanyl Test Strips available. Call office **608-355-3290** or visit [uCanSaveLife.com](https://www.uCanSaveLife.com) for one-on-one or group training.

Public Health Vending Machine at SSM Health St. Clare Emergency Room

Free Narcan Nasal Spray, Deterra medication disposal kits, and Mental Health & Substance Use Resource bag available 24/7/365.

Harm Reduction Response Teams red Dodge Caravan – 2 locations

Clean needles, wound care supplies, Narcan Nasal Spray, safer sex supplies, hygiene and comfort items, and fentanyl test strips will be offered in the parking lot of: BWP Liquor, 21 WI Dells Pkwy S Lake Delton 1st and 3rd Tues from 1-3pm and Pierce's Express Mart, 935 8th St Baraboo 2nd and 4th Tues from 1-3pm

Never Use Alone Hotline or Brave App

Call **1-800-484-3731** for the Never Use Alone hotline or download the Brave App at <https://bit.ly/braveappOD>.

Using alone increases the chance of an overdose resulting in death. Call the hotline and a peer will stay on the phone with you.

Response Teams

Call or text a local WisHope Peer Recovery Coach at **844-515-1444** for supplies and education.

Vivent Health

Call **1-800-359-9272**

Narcan, Fentanyl Test Strips, and other harm reduction education and supplies. Testing and treatment for HIV, AIDS, Hepatitis, and more.



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Other Resources

Credible Mind:

Get started by taking a free mental health assessment and additional mental health resources
Saukcounty.crediblemind.com

NAMI (National Alliance on Mental Illness) Sauk County: 608-355-0378

Call for more information on support groups for individuals and loved ones.

National Suicide Hotline:

Call or text **988**.

National Hopeline Network

Call **800-784-2433** or **800-442-4673** or Text **HOPELINE to 741741**.

Call for more information on support groups.

Statewide General Services:

Call **211** for referrals to treatment and other services.

<https://211wisconsin.communityos.org/>

Sauk County Crisis Line:

800-533-5692

Sauk County UW Extension Resource Guide: www.co.sauk.wi.us/uwextension

Start Your Recovery website:

<https://startyourrecovery.org/>

Find local support and treatment options for yourself or loved one

Learn about recognizing and dealing with substance use

UpliftWI:

Call **534-202-5438** to share successes and challenges with a peer who will listen and offer support.