



Online Resources

La Leche League International

- www.llli.org
- Madison chapter:
<https://lllmadison.wordpress.com/>

Work and Pump

- Back to work basics, boosting milk supply, topics A-Z
- www.workandpump.com

Mother's Milk Bank of the Western Great Lakes

- Donate or receive donated breast milk for babies in need
- www.milkbankwgl.org

Stanford Medicine Newborn Nursery

- Video clips and resource listing
- www.med.stanford.edu/newborns

KellyMom

- Breastfeeding information, common concerns, message boards/forums
- www.kellymom.com

Breastfeeding Made Simple

- Common concerns, benefits of breastfeeding, video clips
- www.breastfeedingmadesimple.com

Low Milk Supply

- Support for mothers experiencing low milk production
- www.lowmilksupply.org

Online Resource Guide

- Search "Your Guide to Breastfeeding"
- www.womenshealth.gov

Dr. Jen 4 Kids

- <http://www.drjen4kids.com/>

Drugs and Lactation Database (LactMED)

- <https://www.ncbi.nlm.nih.gov/books/NBK501922/>

BREASTFEEDING & PUMPING RESOURCES

Sauk County
Breastfeeding
Coalition

Breastfeeding Supplies & Pumps

(Brand of pump may vary based upon insurance)

Ballweg Family Pharmacy

Spectra pumps available with provider prescription.

(608) 643-6500

Badgercare/Medicaid Pumps:

Order form:

https://www.co.sauk.wi.us/sites/default/files/fileattachments/health/page/123987/breast_pump_order_form-2.pdf

SSM Health

Reedsburg office: 608-524-8440

Baraboo office: 608-356-6475

Fax: 1-866-553-0824

NEB Medical Services

1-414-258-9504; Fax: 1-800-357-9185

Email: sarao@nebmedical.com

Web: nebmedical.com

Online:

Milk Moms

www.milkmoms.com

Aeroflow

www.aeroflowbreastpumps.com

Byram Healthcare

www.byramhealthcare.com



Funded in part by the MCH Title V Services Block Grant, Maternal and Child Health Bureau, Health Resources & Services Administration, and the US Department of Health & Human Services

Local- Public Health

Sauk County

Women, Infant, and Children (WIC):

Lactation Consults with an IBCLC, CLC, or Peer Counselor. 608-355-4320

Nurse Family Partnership (NFP) and

Prenatal Care Coordination (PNCC): In-home nurse visiting. Call/text: 608-963-6115
<https://www.co.sauk.wi.us/publichealth/nurse-family-partnership>

Ho-Chunk House of Wellness

- Lactation appointments in-person or by telephone with a CLC.
- Prenatal education.
- Prenatal appointments for tribal members or Nation employees.
- Women, Infant, and Children (WIC) services.

Kyla Ripp, CLC, 608-355-1240, ext. 35554

Irina Clendenning, CLC, 608-355-1240, ext. 35620

Telephone Support

Infant Risk Center

Questions about medications & breastfeeding
M-F, 8am-5pm CST 806-352-2519

Office of Women's Health-National Breastfeeding Resource Line

Phone lines staffed
8am-5pm,
English and Spanish,
800-994-9662



Support Groups & Local Doulas

Parent Support Group

2nd Monday each month, 9:00-10:00 in hospital's Cafe Conference Room
More Information available online:
www.saukprairiehealthcare.org/services/womens-health/birth-center-and-obstetrics/

Public Health Library Playgroup



Breastfeeding & Prenatal Classes

Sauk Prairie Healthcare-Birth Center

Childbirth and breastfeeding course.
1st three Tuesdays of the month, 5-8PM
Registration available online:
www.saukprairiehealthcare.org/services/womens-health/birth-center-and-obstetrics/

SSM-St. Clare Hospital Family Birth Suites

In-person prenatal education course
First Monday of the month, 10:00-11:30 &
Third Monday of the month, 4:00-5:30
Located in the Ho-Chunk Meeting Room in the lower level.

Local-Hospitals

Sauk Prairie Healthcare-Birth Center

- IBCLC and CLC on staff
- In-person Consultation
- Telephone Triage-608-643-7223

Reedsburg Area Medical Center

- IBCLC on staff
- In-person Consultation
- Telephone Triage
- Lactation Office: (608) 768-6135
- Birth Center:(608) 768-6251

SSM-St. Clare Hospital Family Birth Suites

- IBCLC on staff (608) 356-1520
- julie.cushley@ssmhealth.com

