



**PUBLIC HEALTH  
SAUK COUNTY**  
Coalitions for Community  
Health Improvement



**Public Health Sauk County**  
Sauk County West Square Building  
Third Floor, Suite 372  
505 Broadway, Baraboo, WI 53913

**For Immediate Release**  
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Contact:

Kate Stough, Coalition Facilitator  
(608) 477-3609

[Kate.Stough@saukcountywi.gov](mailto:Kate.Stough@saukcountywi.gov)

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## Local Coalition Hosts Free Educational Webinar for Parents

**Sauk County, Wis.** -The Sauk County Partnership for Prevention coalition is inviting parents/caregivers and community members to attend a free online educational webinar, Let's Talk Vapes and Alcohol, on November 28th from 6 p.m. - 7 p.m..

If you wish to participate, mark your calendar for Tuesday, November 28<sup>th</sup> from 6-7pm. Scheduling conflict? Register and the recording will be emailed out after the event.

Register online: [www.bit.ly/LetsTalkP4P23](http://www.bit.ly/LetsTalkP4P23)

\$20 in gas cards available for those who participate live or watch the recorded webinar and complete a short survey by December 20<sup>th</sup>, 2023. One per household, while supplies last.

Learn more about Sauk County Partnership for Prevention: [www.p4psauk.org](http://www.p4psauk.org)

"This webinar is designed to help support parents and caregivers of youth in grades 3-12, but all are welcome," says Kate Stough, coalition coordinator for Partnership for Prevention. "Our expert presenters will discuss up to date brain science, and what to do and say to have successful small talks with youth about vapes and alcohol."

According to Jessie Phalen, Coalition Chairperson for the Sauk County Partnership for Prevention, it is important to talk early and often with youth to encourage them to make healthy choices. "Research shows that these small talks should start around 8 years old. That may seem young, but this is when youth begin to form their earliest opinions about alcohol," Phalen says. There are resources and guides on how to have successful small talks with youth online at [www.p4psauk.org](http://www.p4psauk.org).

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PHONE (608) 355-3290 | FAX (608) 355-4329 | TDD (608) 355-4298 | 24/7 LINE 1 (800) 533-5692