



U.S. DEPARTMENT OF AGRICULTURE

WIC BREASTFEEDING SUPPORT

LEARN TOGETHER. GROW TOGETHER.

WIC Breastfeeding Peer Counselor
Kylee Lange
(608) 963-1091



"Hi, my name is Kylee! When I became a mom, I knew I wanted to breastfeed, but for me it didn't go how I thought it would. I pumped to give breastmilk to my daughter by bottle because of latching issues and lack of breastfeeding knowledge and experience. With my son, I went into our journey with more knowledge and a huge support system at home and from WIC. I both pumped and fed him from breast for over 2 years before he weaned! I fell in love with all things breastfeeding and I can't wait to help educate and support YOU in your breastfeeding journey too."



Join us on WhatsApp!
Stay connected with your
WIC Breastfeeding Peer
Counselors
AND other local moms!

WIC Breastfeeding Support Group (Sauk County)

This is a private breastfeeding support group for Sauk County WIC participants who are pregnant, breastfeeding or who have recently breastfed. Our goal is to connect you with others who may be facing similar breastfeeding challenges so you can share experiences, ask questions and support one another on your journeys. Having a strong support system can make all the differences and we are here to help you every step of the way, no matter where you are at with breastfeeding.

Group Guidelines:

1. Be kind and courteous. We want to ensure this WIC Breastfeeding Support Group is a healthy and welcoming environment where members can support one another in their breastfeeding journeys. Please treat everyone with respect.
2. Keep messages/questions directly related to breastfeeding.
3. No hate speech or bullying. Derogatory, defamatory, offensive, hateful, or violent language will not be tolerated and will be removed if posted.
4. No promotions or spam. Self-promotion, spam, irrelevant links will not be allowed.
5. Respect everyone's privacy. Being a part of this group requires mutual trust, as topics may also be sensitive and private. Do not post photos of others without their permission. What is shared in this group stays in the group.
6. No medical advice or diagnosing. This group does not replace the professional guidance of your healthcare provider, pediatrician, lactation consultant, and/or physician. If you have a health concern, please contact your healthcare professional.
7. We reserve the right to remove content. Our administrator, WIC Breastfeeding Coordinator, and WIC Breastfeeding Peer Counselors, reserve the right to remove a participant from the group or delete any content at their discretion.
8. Voluntary participation: Being part of this group in voluntary and is not required to be on the WIC program. I can remove myself from this group at any time.
9. Confidentiality. I understand that any information concerning the identities and information shared by people participating in this group will be kept confidential. I understand my name and phone number is visible to other participants in the group.

Remember- we are here to support each other in your breastfeeding journey!

**TO JOIN, SCAN THE QR CODE
OR TEXT YOUR
WIC PEER COUNSELOR TODAY!**

KYLEE- (608)963-1091



REVISED 12/2023