



COVID-19 Shopping Tips

Watch What You Touch



Sanitize or use disinfectant wipes to clean cart and basket handles before use.

Wash Your Hands

Wash your hands with soap for at least 20 seconds.



Buy Only What You Need



Stockpiling can mean someone may not be able to buy what they desperately need.

Personal Hygiene



Cover your cough/sneeze or cough/sneeze into your elbow. Wash your hands after you cough/sneeze!

Social Distancing



Stay 6 feet away from others, even in the checkout line.

Limit Nonessential Outings

If you or someone you know is more vulnerable, take precautions. Outings, even to a grocery store, could put them at risk.



Public Health



Prevent • Promote • Protect

Use reputable sources of information. Stay informed through the [CDC](https://www.cdc.gov), the [Wisconsin Department of Health Services](https://www.wisconsin.gov), and [Sauk County Public Health](https://www.co.sauk.wi.us/publichealth/coronavirus).

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