

Sauk County Health Department

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Nurse Family Partnership Community Advisory Board Minutes Wednesday, January 15^h 2020 Room B-30, West Square Building

Members Present: Michelle Bauer, Lauren Bjorklund, Annette Bernas, Jody Bruni, Joan Fordham.

Amanda Hanson, Jan Hasler, Sara Jesse, Missy Kirchstein, Tim Lawther, Betsy Maston, Angie Meise, Jessica Murray-Breunig, Molly Olson, Jessie Phalen, Diane Painfoldt, Haloy Sighoff, Joyco Smidl, Pobosca Szlowski and David Vander

Reinfeldt, Haley Siehoff, Joyce Smidl, Rebecca Szlowski and David Vander

Schaaf.

Members Absent: Martha Allen, Kiana Beaudin, Diane Bindl, Brigitte Bodette, Diana Cone, Bridget

DeLong, Lora Dadam, Linda Doherty, Greg Ginz, Cheryl Goeckermann, Gwen Finnegan, Carolyn Hunter, Michelle Johnson, Stephanie Knockriner, Mike Lopp, Amy Luebke, Joel Ludowitz, Mary Mueller, Whitney Ninedorf, Cecilia Oliveria, Gretchen Rickey, Todd Schad, Jessica Scharfenberg, Donna Stehling, Alyssa

Tilou, Cathy Warwick, Julie Wenninger and Chanille Witham.

Others Present:

Annette and Sara Jesse.

The meeting was called to order at 5:02 p.m. by Reinfeldt.

Reinfeldt asked for a motion to adopt the January 15th 2020 Nurse Family Partnership Community Advisory Board agenda. Warwick made a motion and Bjorklund seconded the motion. Motion carried unanimously.

Reindfeldt asked for a motion to adopt the October 16th 2019 Nurse Family Partnership Community Advisory Board Minutes. Hasler made a motion and Meise seconded the motion. Motion carried unanimously.

Public comment: None.

Business Items for Discussion and/or Action:

- A. Reinfeldt to welcome and introductions
 - 1. Welcome and Participant Introductions:
 - i. Program Updates: Current caseload at 86 families with 26 new referrals to NFP last quarter alone. There are 13 pending referrals: 10 partnered with their nurse, 2 waiting, 1 without a response. February 2019 had the highest number of new referrals in the whole year so anticipating more to come this year. We transitioned to our new NFP computer program for the model called "FLO" after Florence Nightingale. Transition mainly affecting data entry staff. Completed 13 graduations this quarter and only 1 left for other reasons. Total served this grant period (Oct 1-Sept 30) is 102 with goal of 90. Upcoming graduations in next 90 days is only 5. Reviewed discharge data for last 6 months. Reviewed

- referral source data: most from WIC, Baraboo Clinic, and Reedsburg Physicians Group. Hoping to increase referrals from Sauk Prairie Clinic this year as only got 3 total last year.
- ii. Nurse Family Partnership Model: Reviewed model elements of: 1st time mom, qualifies for WIC/Badgercare and lives in Sauk County. Five county referral form in place for all three home visiting programs. Reviewed research that has been going on in NFP since 1977 and consistent outcomes that apply to our the framework of our program. Discussed effects of toxic stress from poverty on developing brain of baby. Discussed extensive positive outcomes for mom, baby and family from NFP as well as high school credit that can be obtained for both mom and dad participating in the program. Retention rate in Sauk NFP is very high at 76% of those who enroll in pregnancy graduate at age two. This is in the top 75th percentile of NFP agencies nation-wide. Reviewed words to use as referral sources.
- iii. Health Literacy Awareness: Reviewed the importance of having information that is at a lower reading level for all patients in improve the chance that they can and will read the information you are giving. Discussed making sure that handouts you give are within 4-6th grade reading levels. If you create handouts, use related images and white space. Word documents can check reading level for you. The more words and syllables you have, the higher the reading level.

Communications: Partnership for Prevention Newsletter

Public Comment: None.

Next Meeting Dates:

A. Discussed next meeting dates

a. 2020: Wednesday, April 15, July 15, Oct 21

Agenda Items for next meeting:

A. Guest speakers from: Child Protective Services (CPS) & Recovery Coaches

B. Emotional Refueling/Burnout & Reflective Practice

C. Maternal Depression

Motion by Mueller seconded by Murrary-Breunig to adjourn the meeting. Motion carried. The time was 6:01 p.m.

Respectfully submitted by: Helli Bary