

Sauk County, Wisconsin
Sauk County Health Care Center
Annual Report

MISSION STATEMENT

Sauk County Health Care Center is dedicated to being a leader by providing high-quality care to Sauk County and surrounding area residents. We continue to strengthen our reputation by providing innovative, resident centered, rehabilitative and long-term care in a culturally diverse setting. Sauk County Health Care Center focuses on a team-oriented environment while remaining fiscally responsible and serving as a resource to the community

2017 Highlights: Departmental Program Summary: The Sauk County Health Care Center services the needs for long-term care and short term rehabilitative care of the elderly in Sauk County and surrounding communities. Sauk County Health Care Center continues to strive for improvement on the quality indicators that we are measured upon by the state and federal government while always being mindful of maintaining costs. We continue to maintain a high quality care skilled nursing facility that is ranked **5 Star** by Nursing Home Compare.

Services provided include, therapies, skilled nursing, physician monitoring, psycho social adjustment, financial assistance, discharge planning, medical records/privacy documentation, resource referrals, a safe and comfortable living environment, laundry, activities of daily living, activities for enjoyment, and healthy nutritious meals. **In 2017, the Sauk County Health Care Center received a citation free health safety inspection. Less than 15% of nursing homes in the state of Wisconsin receive this type of inspection.**

2017 Goals Review

2017 GOALS REVIEW

| OBJECTIVE | WAS THIS OBJECTIVE REACHED IN 2017? |
|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Yes or No (If no, please provide comment) |
| Continue our strong presence in the community to maintain visibility of the Sauk County Health Care Center. | Yes –Ongoing efforts. Reflected in our 7% increase in admissions to facility in 2017 |
| Improve staffing efficiencies throughout the facility. | Yes- continual review occurs. In 2017 we were able to reduce nursing positions and re |
| Develop a strategic plan for the Sauk County Health Care Center. | No- ongoing. The Board of Trustees and Administration continue to work with staff on overall vision for the campus. Board of Trustees, Administration, continue to hold conversations to develop vision for future. |
| Continual review for additional revenue streams to offset costs of the Sauk County Health Care Center | Yes- ongoing efforts continue. Increase in admissions and Medicare census resulted in a budget savings of nearly \$400,000 for 2017. |

2017 GOALS REVIEW

| OBJECTIVE | WAS THIS OBJECTIVE REACHED IN 2017? |
|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Yes or No (If no, please provide comment) |
| Work on alignment with local health providers as a preferred provider with focus on national health care reform act. | Ongoing- The HCC overall rehospitalization rate for 2017 was 9.72%, which is much lower than the national average of 18.826%. We continue to hold conversations with area hospitals to remain a first line referral for their patients in need of skilled nursing services. We continue to work with staff on reduction in this rate. |

Changes / Accomplishments: In 2017, the Health Care Center focused most of its attentions to federal regulation changes that were the most significant regulation changes to happen to skilled nursing facilities since 1991. The new regulations were far reaching and aimed at aligning requirements with current clinical practice standards to improve resident safety along with quality and effectiveness of care and services delivered to residents. HCC Administration and department managers spent many hours ensuring that policies, procedures, and staff was updated to ensure regulatory compliance. We continued to collaborate with the ADRC providing home delivered and dining sites meals throughout the county. In total, the HCC served 56,326 meals for these two programs. We received a deficiency free health survey in April. The Board of Trustees and HCC Administration continued to focus efforts on expansion of the campus and continued to look into options for further development of the campus.

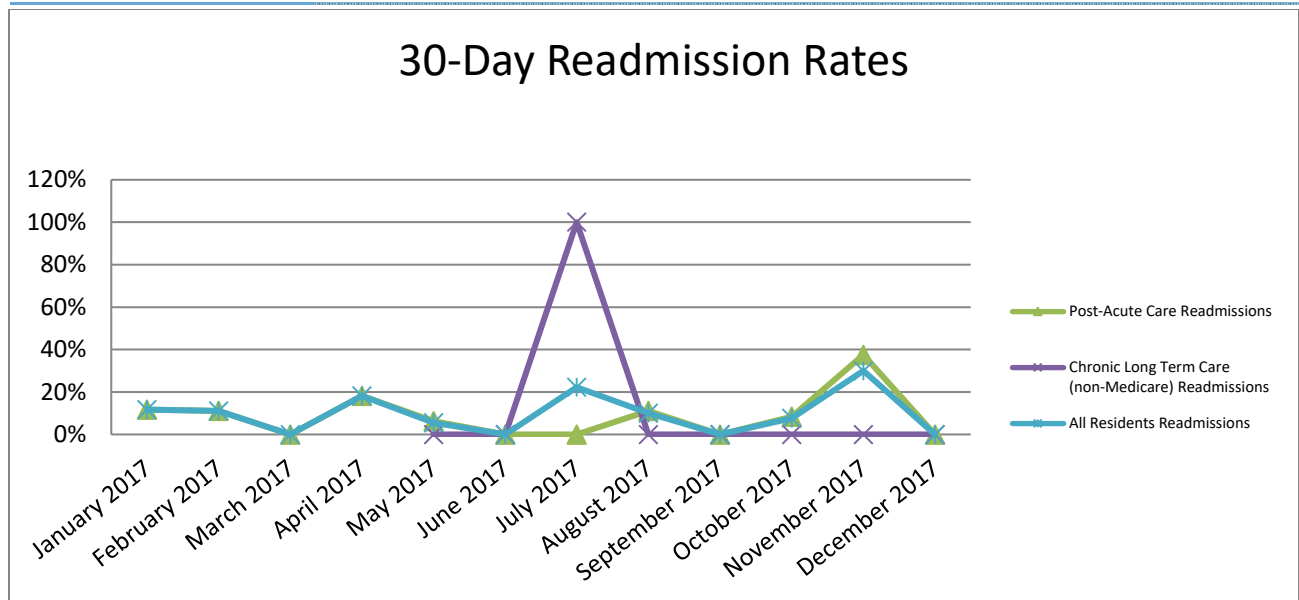
Statistical Summary: In 2017, the Health Care Center had 145 admissions and 143 discharges. These reflect a 9% increase from the previous year. Our rehospitalization rate for 2017 was 9.72%. National average is 18.826%. See below for statistical summary of admission tracking and rehospitalization rates.

**Source of Admissions
for the five places from which our nursing home most frequently admits
residents with recent hospital stay**

| | Number of Admissions | Percent of all Admissions |
|------------------------------------|----------------------|---------------------------|
| Reedsburg Memorial Hospital | 56 | 38.6% |
| UW Hospital | 32 | 22.1% |
| ST Mary's Hospital | 25 | 17.2% |
| St Clare Hospital | 9 | 6.2% |
| Sauk Prairie Hospital | 6 | 4.1% |
| Other | 17 | 11.7% |
| Not recorded | 0 | 0.0% |

30-Day Readmission Rates

| Status on Admission to Nursing Home | Jan-17 | Feb-17 | Mar-17 | Apr-17 | May-17 | Jun-17 | Jul-17 | Aug-17 | Sep-17 | Oct-17 | Nov-17 | Dec-17 |
|-------------------------------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Post-Acute Care Readmissions | 11.8% | 11.1% | 0.0% | 18.2% | 6.3% | 0.0% | 0.0% | 11.1% | 0.0% | 8.3% | 37.5% | 0.0% |
| Chronic Long Term Care (non-Medicare) Readmissions | | | | | 0.0% | 0.0% | 100.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| All Residents Readmissions | 11.8% | 11.1% | 0.0% | 18.2% | 5.6% | 0.0% | 22.2% | 10.0% | 0.0% | 7.7% | 30.0% | 0.0% |



** The spike reflects only 1 resident who was extremely complex with multiple medical issues and required more than one transfer in the month of July

OUTPUT MEASURES

| DESCRIPTION | 2015 ACTUAL | 2016 ACTUAL | 2017 ACTUAL |
|----------------------------------------------------------|------------------------------|-------------------------------------|----------------------------------------|
| Average Daily census as a % of licensed beds | 94% | 90% | 88% |
| Deficiency Free Survey to help sustain CMS 5 Star rating | 1 citation 5 star maintained | 3 minor citations 5 star maintained | Citation free survey 5 star maintained |
| Reduce complaint surveys | 1 | 1 | 1 |
| Reduce number of life safety code violations | 2 | 3 | 5 |

| Key Outcome Indicators - How well are we doing? | | | |
|-----------------------------------------------------------------|-------------------------------------------------------------|----------------------|----------------------------------------------------------------------------------------------|
| Description | 2016 Actual | 2017 Budget Estimate | 2017 Actual |
| Prevalence of acute pain to stay below 10% | 4.1% State average is 8.1% National average is 6.5% | 8.0% | 3.1% |
| Increase rate of staff who receive influenza vaccine to 90% | 100% | 96.0% | 100% |
| Reduce employee turnover rate by 1% | 17.45% | 26.0% | 28% with 7 internal promotions or retirements if those are not included rate is 23.5% |
| Total overtime hours for facility by 1% in 2017 | 3431 hours | 5250 | 5815.25 (Increase due to FMLA/medical leaves of staff as well as workforce shortage of CNAs) |
| Prevalence of falls - stay below 14% | 5.4% | 4.0% | 5.6% |
| Increase rate of residents who receive influenza vaccine to 90% | 97% with all others signing declination form aware of risks | 100.0% | 96% with all others signing declination form aware of risks |