Sauk County, Wisconsin Sauk County Health Care Center Annual Report

2016 Mission:

MISSION STATEMENT

Sauk County Health Care Center is dedicated to being a leader by providing high-quality care to Sauk County and surrounding area residents. We continue to strengthen our reputation by providing innovative, resident centered, rehabilitative and long-term care in a culturally diverse setting. Sauk County Health Care Center focuses on a team-oriented environment while remaining fiscally responsible and serving as a resource to the community

Departmental Program Summary: The Sauk County Health Care Center services the needs for long term care and short term rehabilitative care of the elderly in Sauk County and surrounding communities. Sauk County Health Care Center continues to strive for improvement on the quality indicators that we are measured upon by the state and federal government while always being mindful of maintaining costs. We continue to maintain a high quality care skilled nursing facility that is ranked **5 Star** by Nursing Home Compare.

Services provided include, therapies, skilled nursing, physician monitoring, psycho social adjustment, financial assistance, discharge planning, medical records/privacy documentation, resource referrals, a safe and comfortable living environment, laundry, activities of daily living, activities for enjoyment, and healthy nutritious meals. In 2016, the Sauk County Health Care Center also continued to provide a home care program that provides skilled home nursing and therapy services to the residents of Sauk and surrounding communities.

2016 GOALS REVIEW

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2016?
	Yes or No (If no, please provide comment)
Improve visibility of the Sauk County Health Care Center by increasing our presence in the community	Yes-ongoing efforts
Improve staffing efficiencies throughout the facility	Yes- continual review of positions and revision of staffing have brought further efficiencies resulting in budget savings over \$300,000 while maintaining high quality 5 star status and employee retention as turnover rate was significantly reduced from year previous
Continual review for additional revenue streams to offset costs of the Sauk County Health Care Center	Yes- Ongoing efforts continue but the later part of 2016 saw a rise in revenues that with staffing efficiencies produced a budget surplus of over \$300,000.

2016 Goals Review

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2016?		
	Yes or No (If no, please		
	provide comment)		
Work on alignment with local health care providers to be	Ongoing- We continue to work		
seen as a preferred provider with focus on national health	to establish relationships with		
care reform act.	local hospitals and clinics as		
	their primary referral source.		
	Ongoing conversations continue		
	with UW Hospitals and Clinics		
	to remain a first line referral for		
	skilled rehab. HCC was a		
	preliminary finalist in 2016 with		
	ongoing opportunity to further		
	strengthen relationship.		
Develop a strategic plan for the Sauk County Health Care	No – still working on overall		
Center.	vision for the campus with focus		
	on Assisted Living need for Sauk		
	County and expansion of		
	continuum of care campus.		
	Several conversations were held		
	with Administrative Coordinator,		
	staff, and board to develop vision		
	for the future.		

2016 GOALS REVIEW

Changes / Accomplishments: 2016 was a year of transition and many accomplishments for the Sauk County Health Care Center. In 2016 the Sauk County Health Care Center partnered with the ADRC and began meal preparation for the home delivered meals and dining sites around the county. Through this collaboration many new clients of Sauk County were able to receive meals that had not previously. The Sauk County Health Care Center produced an extra 56,818 meals for the residents of Sauk County. A new administrator was hired in March of 2017. With the help of the Administrative Coordinator, several Strategic Vision Conversations were held with the staff to gather their input on the strengths, needs, and areas to concentrate focus/efforts for the future. The Board of Trustees and Administrator continued to look into options for further development of the continuum of care campus. The Board of Trustees examined closely the home care program and determined that this service was a duplication of services in the public sector where the needs of the residents of Sauk County were being met. Case numbers for county program were dwindling and it was becoming increasingly burdensome to tax levy. The Board of Trustees determined to close the program effective January 1, 2017.

Statistical Summary: In 2016 we had 131 admissions and 116 discharges mainly from Sauk County. See below for statistical summary of admission tracking.

Source of Admissions for the five places from which our nursing home most frequently admits residents with recent hospital stay

	Number of Admissions	Percent of all Admissions
Reedsburg Memorial Hospital	52	39.7%
ST Mary's Hospital	27	20.6%
St Clare Hospital	17	13.0%
UW Hospital	16	12.2%
Veterans Hospital	4	3.1%
Other	15	11.5%
Not recorded	0	0.0%

	Admissions to PAC	Admissions to CLTC	Total Admissions with Recent Discharge	% of all Admissions
January 2016	8	0	8	6.1%
February 2016	8	3	11	8.4%
March 2016	10	4	14	10.7%
April 2016	6	3	9	6.9%
May 2016	9	1	10	7.6%
June 2016	11	0	11	8.4%
July 2016	10	1	11	8.4%
August 2016	8	0	8	6.1%
September 2016	9	1	10	7.6%
October 2016	12	2	14	10.7%
November 2016	8	1	9	6.9%
December 2016	14	2	16	12.2%
Total	113	18	131	100.0%

OUTPUT MEASURES

DESCRIPTION	2014 ACTUAL	2015 ACTUAL	2016 ACTUAL
Average Daily census as a % of licensed beds	95%	94%	90%
Deficiency Free Survey to help sustain CMS 5 Star rating	5 minor citations 5 star maintained	1 citation 5 star maintained	3 minor citations 5 star maintained

OUTPUT MEASURES

Reduce complaint surveys	2	1	1
Reduce number of life safety	3	2	3
code violations			

Key Outcome Indicators - How well are we doing?			
Description	2015 Actual	2016 Budget Estimate	2016 Actual
Prevalence of acute pain to stay below 10%	4.5%	4.0%	4.1% State average is 8.1% National average is 6.5%
Increase rate of staff who receive influenza vaccine to 90%	93.0%	92.0%	100%
Reduce employee turnover rate by 1%	32.71%	27.0%	17.45%
Total overtime hours for facility by 1% in 2016	5887	*6000	3431 hours
Prevalence of falls - stay below 14%	4.0%	3.7%	5.4%
Increase rate of residents who receive influenza vaccine to 90%	100.0%	100.0%	97% with all others signing declination form aware of risks