### Sauk County, Wisconsin

# **Aging and Disability Resource Center**

**2016 Mission:** The Aging and Disability Resource Center will empower and support older adults, adults with disabilities and their families by providing easily accessible, quality information and assistance in support of each individual's choice for independence and enhanced quality of life.

### **Departmental Program Summary**:

The ADRC provides a plethora of services to adults age 60 and older and disabled persons over age 18. Services include:

- \*Information and Assistance regarding long term care options and community resources,
- \*Access to benefit programs such as Social Security, Medicare and Medicaid,
- \* Home Delivered Meals and Congregate dining,
- \*Access to transportation,
- \*Support to caregivers and clients,
- \*Opportunities for volunteerism.

### **2016 Goals Review**

#### 2016 GOALS REVIEW

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2016?	
	Yes or No (If no, please provide comment)	
Increase the number of unduplicated clients served by the ADRC I & A Specialists by 10% during 2016.	Yes, increased by 18%	
Expand Transportation ridership by 5% during 2016.	Yes, increased by 10%	
Improve process with Medicare Part D Clinics by holding 2 sessions to tach beneficiaries how to use the Medicare plan finder and by using customer's personal Medicare information when attending the clinic.	Yes, a total of 6 sessions were offered, attended by 32 individuals.	
Increase total meals provided to eligible clients by 15% over 2015's numbers.	No, total increase was 12%: 17% in home delivered meals and 8% in congregate dining.	
In order to create a dementia friendly community, ADRC staff will attend at least 2 trainings on the relational model of community organizing and trainings that meet the expectations of dementia capable and friendly.	Yes, 8 ADRC staff attended the Alzheimer's conference, 15 ADRC staff were trained to receive the agencies Purple	

#### 2016 GOALS REVIEW

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2016?	
	Yes or No (If no, please provide comment)	
	Angel, the department director attends monthly Eagle Country Managers meetings where dementia friendly communities is discussed at each meeting.	
Increase awareness of Evidence Based Classes offered throughout the county by providing a detailed listing of all evidence based classes and instructors by 6/30/16.	Yes, additionally 4 ADRC staff were trained to teach evidence based courses and in the fall, one was offered, Stepping On.	

Changes / Accomplishments: In 2016, Aging Programs were reinstated to the ADRC after Public Health having this responsibility in 2015. As a result, several changes were implemented for these programs. The meal contract with Feils catering was discontinued and the Sauk County Health Care Center began providing meals for the dining sites, home delivered meals, and frozen meal weekly delivery, for a total of 57,700 meals in 2016, 6,000 more meals than in 2015. The congregate dining staff had been Feils employees, and with the termination of the Feils contract, the ADRC hired its own dining site managers. The nutrition specialist position was relocated to the ADRC as was the Caregiver Specialist position. As the ADRC expanded, so did the need for additional space, resulting in moving Aging Programs and transportation into the basement suite of rooms.

With more baby boomers pushing into the over age 60 demographic, the ADRC's Information and Assistance Specialists saw a dramatic increase of clients contacting the office. ADRC Information and Assistance workers staff shouldered this increase working nearly 500 non compensated overtime hours to ensure clients were served.

## **Statistical Summary:**

#### **OUTPUT MEASURES**

DESCRIPTION	2014 ACTUAL	2015 ACTUAL	2016 ACTUAL
AddLife Today! Total	7086	7200	7200
Circulation (Mailed/Emailed			
each time)			
Disability Benefit Specialist	553	598	794
Program—total cases			
Elderly Benefit Specialist	1153	1175	1270
Program-total individuals serve			

## **OUTPUT MEASURES**

Information & Assistance Program—Total Contacts/unduplicated clients	7,095 / 3,454	9,392 / 6,537	12,396 / 7,752
National Family Caregiver Support Program—Total unduplicated Respite Scholarship Recipients & Support Group Participants.	17	17	28
Nutrition Program—Total Congregate Unduplicated Eligible Individuals	424	364	461
Nutrition Program—Total Home Delivery Unduplicated Eligible Individuals.	271	311	383
Prevention Program: Total Classes Held/Unduplicated Participants	2/20	2/19	1/9
Transportation Programs—Total Rides (all services)  Volunteer hours	4,908 16,413	19,693 16,425	21,289 15,924

## **OUTCOME AND EFFICIENCY MEASURES**

DESCRIPTION	2014	2015	2016
	ACTUAL	ACTUAL	ACTUAL
Disability Benefit Specialist Monetary			
Impact to Sauk County	\$2,651,568	\$2,326,383	\$2,681,801
Elder Benefit Specialist Program Monetary Impact to Sauk County	\$5,973,944	\$6,000,000	\$6,427,317
Transportation: Fun Day			
Travels/Shopping Cost per Ride	\$45.33	\$45.36	42.42
Transportation: Volunteer Driver Escort			
Cost Per Ride	\$40.45	\$34.97	25.84
Volunteer hours/value of hours	\$365,025	\$373,920	\$376.825