

Sauk County, Wisconsin  
**Aging & Disability Resource Center (ADRC) Annual Report**

**2012 Mission:** The ADRC envisions that all older adults and adults with disabilities will live in and be part of a caring community that values lifelong contributions, maximum independence and individual dignity. The ADRC's mission is to empower and support older adults, adults with disabilities and their families by providing easily accessible quality information and assistance. The ADRC will provide services, resources, advocacy and opportunities to support each individual's choices for independence and enhanced quality of life.

In so doing the ADRC addresses the following elements of the Countywide Mission:

- Provide fiscally responsible / essential services
- Promote safe community
- Encourage economic development
- Development of cultural, social, and community values

**Departmental Program Summary:**

**ADRC Unit:** This program area included Information and Assistance services, long term care Options Counseling and assisting youth with disabilities as they transition into the adult services systems. The unit also houses legal assistance and benefits counseling services for older adults and adults with disabilities.

**Older Americans Act Unit (OAA):** This program area includes advocacy and public information much of which is provided through *AddLIFE Today!*, the ADRC's bimonthly publication. The unit also houses the nutrition programs and services including lunches served, nutrition education, and nutrition intervention for those at high nutritional risk as well as wellness and prevention services. Recruitment, training and retention of a volunteer corps are necessary for the provision of the OAA Unit's services. Another large focus area of this unit is the support of family caregivers and their role in helping loved ones age in place and achieve their goals for independence.

**Transportation Unit:** Two types of transportation services are provided by this unit. Escorted transportation is provided by volunteers for those who have need of additional assistance or guidance in accomplishing a trip for medical care and other prioritized trips. Public transit service is available for those who can travel independently from city to city but do not have access to personal transportation or the financial means to maintain their personal transportation.

**2012 Goals Review**

Goals - Desired results for department	Objectives - Specific achievements	Projected Completion Date	Progress Update &/or Accomplishments
<b>Identify ways to cope with demands and needs for services which surpass the department's capacity to serve</b>	Test and implement opportunities for interdepartmental sharing of resources to meet needs and control costs.	01/31/12	None to test
	Seek community partners to serve excess requests for services.	<ul style="list-style-type: none"> <li>• 06/30/12</li> <li>• 06/26/12</li> <li>• 11/14/12</li> </ul>	<ul style="list-style-type: none"> <li>• Began networking with Partners in Healthy Aging</li> <li>• Met with St Clare hospital and Hayden/Graham re: Care Transitions</li> <li>• Developed MOU w/ new Ho Chunk Aging Resource Specialist</li> <li>• Care Transitions Coalition began</li> </ul>

Goals - Desired results for department	Objectives - Specific achievements	Projected Completion Date	Progress Update &/or Accomplishments
	Seek additional volunteer opportunities to meet needs that will exceed department's capacity.	03/31/12	Project Descriptions completed for 7 projects suitable for a volunteer's participation
	Encourage private enterprise to meet needs.	<ul style="list-style-type: none"> <li>• 06/30/12</li> <li>• 07/09/12</li> <li>• 10/02/12</li> </ul>	<ul style="list-style-type: none"> <li>• Sending letters to local restaurants/caterers to develop HDM services</li> <li>• Local restaurants contacted to encourage home delivery of meals in their communities</li> <li>• Began development of TimeBank</li> </ul>
<b>Increase emphasis on developing outreach and programs/service for people with disabilities</b>	Identify unmet needs of people w/disabilities.	05/24/12	ADRC Team identified areas of need
	Encourage and partner with other agencies for the development of community services/programs/resources to address identified needs.	09/13/12	Café Connections location of Alz Alliance's monthly Memory Café for people w/early stage dementia and caregivers; Reedsburg being evaluated for add'l location
<b>Maximize Transportation Coordination opportunities</b>	Test opportunities to coordinate with VARC routes already in service.		Advance to 2013
	Coordinate with Dane County to meet needs of passengers traveling to Madison.	06/19/12	Met with Dane Co Transportation Coordinator
	Developed procedure for coordinating transportation for residents of skilled facilities.	09/06/12	Completed
	Updated Transportation Provider Directory.	11/20/12	Completed
<b>Resolve fleet storage and routine maintenance needs</b>	Develop facilities plan to meet short-term and long term needs.		Advance to 2013
	Review spaces in existing facilities or seek approval of building site.		Advance to 2013
	Seek grant funding for remodel or building project as needed.	12/12	DOT has made 5310 funding available
<b>Lead a campaign of personal preparedness among ADRC customers for times of emergency or disaster (part of 3 year Aging Unit Plan)</b>	Develop educational materials for personal preparedness.	02/28/12	In process
	Develop neighborhood collaboration model for emergency/disaster response.	02/28/12	Model completed
	Distribute personal preparedness materials and hold workshops.	<ul style="list-style-type: none"> <li>• 08/30/12</li> <li>• 09/28/12</li> </ul>	<ul style="list-style-type: none"> <li>• 2013 Emergency Preparedness Calendar to print</li> <li>• 2013 Calendar distribution began</li> </ul>
	Pilot test the neighborhood model	<ul style="list-style-type: none"> <li>• 09/17/12</li> </ul>	<ul style="list-style-type: none"> <li>• Donahue Terrace Apts chosen as pilot</li> </ul>

Goals - Desired results for department	Objectives - Specific achievements	Projected Completion Date	Progress Update &/or Accomplishments
	with volunteer community leaders.	<ul style="list-style-type: none"> <li>10/30/12</li> </ul>	neighborhood <ul style="list-style-type: none"> <li>1<sup>st</sup> meeting held with partners</li> </ul>
<b>Facilitate the growth of formal and informal services available for customers with mental health needs.</b>	Partner with local National Alliance on Mental Illness (NAMI) Affiliate and NAMI WI for public awareness & education, support and recovery programs in the community.	01/31/12	ADRC staff are members of Exec Committee
	Develop an MOU between ADRC and NAMI Affiliate to define partnership.	08/05/12	Initial language drafted; ORCD finalizing the MOU execution
	Received Training on the national Affiliation process for local affiliates.	09/22/12	Completed
	Met with Intern to establish 2013 internship workplan with NAMI Affiliate.	09/29/12	Completed
	Advocate for more services available for the uninsured at an affordable rate.	<ul style="list-style-type: none"> <li>04/17/12</li> <li>6/13/12</li> </ul>	<ul style="list-style-type: none"> <li>Mental Health Forum held, development of unavailable or under-available services</li> <li>Action Planning Meeting held</li> </ul>
<b>Older adults and adults with disabilities will ‘know us before they need us’.</b>	Plan and execute an awareness raising campaign to demonstrate the preventative value of ADRC planning and options counseling services to customers and public benefit systems.	<ul style="list-style-type: none"> <li>07/31/12</li> <li>09/12/12</li> </ul>	<ul style="list-style-type: none"> <li>05/12 Jim P. attended Nat’l AIRS Conference training session on marketing</li> <li>Campaign development meeting; plan to be executed in 2013</li> </ul>
<b>The Sauk County Coordinated Transportation Plan is implemented to minimize or eliminate gaps in access for low income residents, older adults and adults with disabilities while using available resources most efficiently.</b>	Recruit & retain an increased number of volunteer drivers.	<ul style="list-style-type: none"> <li>11/20/12</li> <li>12/27/12</li> </ul>	<ul style="list-style-type: none"> <li>05/12 Volunteer Appreciation Breakfast held</li> <li>Countywide church bulletin inserts distributed</li> <li>Taped segment w/RUCLS for distribution</li> </ul>
	Coordinate an increased number of trips with other service providers.	<ul style="list-style-type: none"> <li>06/30/12</li> </ul>	<ul style="list-style-type: none"> <li>SFCA has increased use of ADRC services</li> <li>Care WI has increased use of ADRC services for members as they have discontinued their in-house transportation services</li> </ul>
	Coordinate County services with other transportation modes planned to pass through Sauk County (i.e. rail, Hwy 12 bypass).		<ul style="list-style-type: none"> <li>Connected passengers with Jefferson Lines: Twin Cities to Milwaukee</li> <li>Connected passengers with VA shuttle to Tomah &amp; Madison facilities</li> </ul>

**Changes / Accomplishments:** As identified in table above.

## Statistical Summary:

<i>Program or Service</i>	1 <sup>st</sup> Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup> Qtr	4 <sup>th</sup> Qtr	TOTAL 2012
<i>AddLIFE Today!</i>					
Subscribers: hardcopies mailed	5444	5418	5413 (printed 5800 with 0 left over by next issue)	5459	Total subscribers: 5459 (21,734 total copies mailed)
Emailed	200	230	230	341	Total subscribers: 341
Veterans emailed	465	465	465	500	Total subscribers: 500
Pages	32	32	32	36	
Partners	5 partners <ul style="list-style-type: none"> <li>• 3 committed for the year</li> <li>• 1 brainteaser commitment for the year</li> <li>• One 2 issues per year</li> <li>• 1 single issue (new partner committed for rest of the year)</li> </ul>				5 partners
<b>Disability Benefit Specialist Program</b>					
Total individuals served	156	165	167	199	370
Case Complexity: Total cases open : total individuals served	79 opened 65 closed	74 opened 58 closed	60 opened 48 closed	80 opened 65 closed	293 opened 236 closed
Monetary impact	\$634,423 TOTAL \$559,614 Federal \$74,809 State	\$ 224,203 TOTAL \$ 165,596 Federal \$ 50,361 State \$ 8,246 Other	\$ 344,229 TOTAL \$ 311,378 Federal \$ 30,757 State \$ 2,094Other	\$ 563,860 TOTAL \$ 463,279Federal \$ 79,561 State \$ 21,020Other	\$ 1,766,715 TOTAL \$ 1,499,867 Federal \$ 235,488 State \$ 31,360 Other
<b>Elderly Benefit Specialist Program</b>					
Total clients served	70	50	35	425	580
Number of units of service provided	304	159	68	324	855
Monetary impact	\$215,598	\$147,998	\$ 59,198.50 \$ 38,297.00 \$ 6407.00 \$ 2,188.00	\$560,985.90 TOTAL \$ 469,309.40 Federal \$ 19,962.50 State \$ 71,714.00 Other	\$981,579.40 TOTAL \$724,021.40 Federal \$ 48,765.50 State \$ 73,977.00 Other
Community outreach program/visits held	5	7			
Medicare Part D outreach & service	371 clients service \$ 96,567 saved due to changes in Part D plans or other benefit access				To be updated.
<b>Information &amp; Assistance Program (Aging &amp; Disability Specialists)</b>					
Contacts (without collaterals)	1267	1553	1559	1448	5827
Home visits	108	90	81	61	340
MDSs completed/received	17	7	23	16	63

<i>Program or Service</i>	1 <sup>st</sup> Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup> Qtr	4 <sup>th</sup> Qtr	TOTAL 2012
Enrollments processed	27	47	20	33	127
Assessments completed	77	57	42		
Options Counseling: Total sessions completed	99	67	76	70	312
% Prevention/Future Planning contacts vs. a Current Need/Concern	18%	24%	24%	18%	21% overall
<b>Nat'l Family Caregiver Support Program</b>					
Care for Caregiver participants		5 (one participant passed away this quarter)	4	3 (one participant passed away this quarter)	5
Caregiver referrals, I&A provided		1 (AM)	-0-	-0-	1
<b>Nutrition Programs</b>					
Total congregate lunches served	5235	5423	5179	4908	20,950
Total home-delivered lunches served	6730	6513	5557	5964	25,889
<b>Transportation Programs</b>					
The Bus ridership	881	1012	1200	1169	4262
Escorted one-way trips arranged	722	717	657	543	2639
<b>Volunteer Coordination</b>					
Volunteer positions		282 (-2 Experience Works Positions and -2 HDM driver)			282
Total individual volunteers		235 (-2 HDM drivers, 1 vol driver, 4 newsletter ladies)			235
Volunteer hours					To be revealed at Volunteer Appreciation
<b>Prevention Programming</b>					
Living Well w/Chronic Conditions classes held / # participants				1 class/9 participants	1 class/9 participants
Stepping On classes held / # participants				1 class/ 10 participants	1 class/ 10 participants

### OUTCOME AND EFFICIENCY MEASURES

DESCRIPTION	2010 ACTUAL	2011 ACTUAL	2012 ACTUAL
An increased number of individuals and families participate in long term care options counseling as prevention or futures planning.	Data not reliable	Total Options Counseling calls data only available	21% of Total Options Counseling contacts are for Prevention/Future Planning contacts vs. a Current Need or Concern