

Sauk County, Wisconsin
Aging & Disability Resource Center Annual Report

2013 Mission: The Aging and Disability Resource Center will empower and support older adults with disabilities and their families by providing easily accessible, quality information and assistance in support of each individual’s choice for independence and enhanced quality of life.

Departmental Program Summary:

ADRC Unit: Includes information and assistance services, long-term care options counseling, assistance to youth with disabilities transitioning into adult services systems, and legal assistance and benefits counseling services for older adults and adults with disabilities.

Older Americans Act Unit (OAA): Includes bimonthly *AddLIFE Today!* publication, operation of dining centers and a home-delivered meal program, wellness and prevention services, family caregiver support and a volunteer program.

Transportation Unit: Includes escorted transportation provided by volunteers for those needing assistance to medical appointments and other prioritized trips and inter-community public transit service for those who do not have access to or the financial means to maintain personal transportation.

2013 Goals Review

Goal #1: Engage local fire departments in providing fire prevention education focused on older persons.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
Partner with Sauk County Fire Chief’s Association.	Yes
Develop a county-wide or local plan.	No - ADRC and Sauk County Fire Departments did join together to offer free smoke/carbon monoxide detectors to county seniors, but no formal written plan was created.
Present a resolution to the Sauk County board proclaiming a fire prevention week observation in October.	No – Transition of ADRC department leadership took place at this time. No resolution was drafted, consequently, during

Goal #1: Engage local fire departments in providing fire prevention education focused on older persons.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
	that transition.

Goal #2: Increase the frequency of evidence-based health promotion activities held in Sauk County.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
Using a Change Team for process improvement, undergo an intense examination of ways to improve participation in evidence-based programs.	Yes
Investigate an ADRC regional Wellness & Prevention Coordinator and the Nutrition & Prevention Coordinator.	Yes
Foster partnerships with local health partners, high school pools/departments of park & recreation to encourage referrals to classes and additional location at which to hold classes.	Yes – Relationship was forged with area local health partners, specifically hospitals

Goal #3: Partner with community agencies to develop a needed community service.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
Use the Asset Based Community Development (ABCD) process in one county municipality via LTE project coordinator.	No – Project was changed mid-year to a focus of researching self-directed volunteer teams

Goal #4: Partner with other community agencies and transportation providers to coordinate caregiver assistance resources.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
As informed and indicated by the ABCD process.	Yes, but on a limited basis. The ADRC's family caregiver program coordinator/volunteer coordinator joined a multi-

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
	disciplinary Care Transitions Team in the Fall of 2013, separate from the ABCD process.

Goal #5: Achieve at least one local focus area goal using information from community input and Advisory Committee as part of the Aging Unit Plan.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
As informed by community interviews and ABCD process.	Yes - For the self-directed volunteer team concept

Goal #6: Partner with the Alzheimer's & Dementia Alliance to advance the Memory Café model in Sauk County.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
Learn about the model and its logistics.	Yes
Find a location in Baraboo or Reedsburg area.	No – The Alzheimer's & Dementia Alliance's priority was to have only one Memory Café in Sauk County (Sauk City).
Determine ways to increase referrals to the Memory Café using a Change Team for process improvement.	No – This was determined not to be a project that qualified for a process improvement change team.

Goal #7: Resolve fleet storage needs.

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
Seek grant funding for remodel or building project as needed.	No – Ridership and fleet operational issues with The Bus became the higher

OBJECTIVE	WAS THIS OBJECTIVE REACHED IN 2012?
	Yes or No (If no, please provide comment)
	Transportation Unit priority

Changes / Accomplishments:

The ADRC spent the last four months of 2013 under interim leadership. As part of that transition period:

- ADRC offices were consolidated from three floors of the West Square Building to two. Offices were then moved throughout the two floors to increase customer service.
- Contracts and grant agreements were reviewed and were brought before the ADRC Committee for consideration and approval.
- ADRC programs were brought into compliance with local, state and grantor requirements.
- Internal controls processes were developed and implemented.
- Staffing and programs were reviewed and changes were made, as appropriate.
- The format for reporting statistics to the ADRC Committee was changed to provide greater clarity.

Statistical Summary:

OUTPUT MEASURES

Program or Service	Total 2013 Outputs
AddLIFE Today! News Magazine	
Subscribers: Hardcopies Mailed	32,832
Volunteer Participation	172
Emailed	1,578
Veterans emailed	2,453
Pages	216
Partners	6
Partnership Fees Collected	\$2,600
Non-Profit Status Postage Savings	\$3,565.25
Disability Benefit Specialist Program	
Total Individuals Served	1,386
Case Complexity	47% Income Supports, 34% Medical Entitlements, 19% Other (Averaged)
Monetary Impact of Closed Cases	\$2,066,962 Federal \$ 317,818 State \$ 120,290 Other \$2,505,070 Total

Elder Benefit Specialist Program	
Total Clients Served	843
Number of Units of Service Provided	2,553.75 Hours
Monetary Impact	\$3,805,783
Community Outreach Programs/Visits Held	45
Medicare Part D Outreach	17
Information & Assistance Program (Aging & Disability Specialists)	
Total Contacts	7,327
Total ADRC Activity Contacts	5,964
Home Visits	244
MDSs Completed /Received	42
Enrollments Processed	107
Total Options Counseling Sessions	301
National Family Caregiver Support Program	
<i>Care for the Caregiver</i> Approved Respite Applicants	13
<i>Care for the Caregiver</i> Actual Respite Reimbursements	5
Caregiver Referrals I&A/Nutrition Provided	20
<i>Because You Care</i> Caregiver Support Group Sessions	11
<i>Because You Care</i> Newsletter Subscribers: Hardcopies Mailed	89 51
Nutrition Program	
Total Congregate Lunches Served	20,092
Average Daily Participation	80
Total Home-Delivered Lunches Served	27,685
Average Daily Participation	110
Prevention Program	
<i>Living Well w/Chronic Conditions</i>	2 Classes Completed/13 Participants
<i>Stepping On</i>	2 Classes Completed/25 Participants
Transportation Program	
<i>The Bus</i> Ridership	6,985
Volunteer Driver One-Way Trips	2,916
Volunteer Program	
Volunteer Positions	331
Individual Volunteers	271
New Volunteer Applications Received	45
Total Volunteer Hours	25,444

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OUTCOME AND EFFICIENCY MEASURES

DESCRIPTION	2011 ACTUAL	2012 ACTUAL	2013 ACTUAL
ADRC Unit: Monetary impact realized by the participants of the Disability Benefit Specialist Program	\$1,208,312 All Funds	\$1,766,715 All Funds	\$2,505,070 All Funds
Aging Unit: Monetary impact realized by the participants of the Elder Benefit Specialist Program	\$644,740 All Funds	\$981,579 All Funds	\$3,805,783 All Funds
Transportation Unit: Cost/per ride of The Bus	\$64.60	\$71.85	\$48.58