

# HEALTHY LIFE GRANT

## Funding Proposal

### A. GENERAL

Date: 9/26/2019

Project Name:

ADRC Salad Bar

Organization

Aging & Disability Resource Center of  
Eagle Country, Sauk County - Baraboo Office

Contact Person:

Marina Wittmann

Grant to be paid to:

Legal name

Aging & Disability Resource Center of Sauk County

Mail Grant to:

505 Broadway  
Baraboo, WI 53913

Phone

355-3289

E-mail

marina.wittmann@saukcountywi.gov

Project Name:

ADRC Salad Bar

Overview: Briefly tell us what problem you are addressing and how you plan to address it.

The ADRC wants to offer a more diverse meal option for older adults  
in the Sauk Prairie area & would accomplish that with the addition of a  
salad bar.

Amount Requested:

\$2,500<sup>00</sup>

**B. PROPOSAL NARRATIVE** need not exceed 1 or 2 typewritten pages. Provide information as applicable.

### 1. General Information

- Brief history of organization, including mission
- List of Officers and Directors
- If applicable, attach IRS Letter of Determination under Tax Code 501(c)(3)
- If applicable, information about collaboration on the project with Sauk Prairie Healthcare, including departments and names of staff involved

### 2. Purpose of Grant

- Program goals
- Detailed project description – who will do what, to whom, when, where, why and how
- How will the project fit your mission and the Foundation's mission to advance health in our communities?
- Who/How many will be served?
- How will you measure and report outcomes?
- Timeline for project/program

### 3. Financial Information

- Estimated project budget
- Total operating budget for current year
- Other sources of funding, committed or pending
- Funding or donation of staff time or materials by Sauk Prairie Healthcare
- Timeline for funding

# **Healthy Life Grant Proposal Narrative**

## **1. General Information**

The Aging & Disability Resource Center (ADRC) in Sauk County strives to assure that older adults in the county have the opportunity to live their lives to the fullest and have access to all areas of community life. The ADRC of Sauk County is a department of Sauk County government that incorporates three different units specific to the aging and disabled population of Sauk County: the Aging Unit, Transportation Coordination, and the ADRC of Eagle Country – Baraboo Office. The ADRC Organizational Chart is attached.

The mission statement of the ADRC is “to empower and support older adults, adults with disabilities, and their families by providing easily accessible quality information and assistance. The ADRC of Sauk County will provide services, resources, advocacy and opportunities to support each individual’s choices for independence and enhanced quality of life.”

ADRC staff works with Sauk Prairie Healthcare social workers (Bill Bishop & Mary Jane Fenske) for various client needs (options counseling, long term care assessments, and setting clients up with home delivered meals).

## **2. Purpose of Grant**

The ADRC has a dining center located at the Sauk Prairie Community Center that serves lunch to older adults over age 60 for a suggested donation of \$4.00 per meal. Lunch is served Monday thru Friday at noon. All food is prepared at the Sauk County Health Care Center in Reedsburg and transported to the dining center each day. The project we are hoping to fund through this grant is the purchase of a salad bar for the Sauk Prairie Dining Center to offer diverse meal options including a fresh and nutritious salad one or more days each week.

The ADRC has a part-time dining center manager at the Sauk Prairie Dining Center who is responsible for ensuring diners feel welcome, food is safely and properly served, and that data is accurately reported. This manager would be responsible for assembling the salad bar, purchasing required salad bar items, and educating diners on how to create a complete, balanced, and satisfying salad.

This project fits into our mission by “...providing services to support each individual’s choices for independence and enhanced quality of life.” The addition of a salad bar will give older adults in the Sauk Prairie community an opportunity to enhance their quality of life – socially and nutritionally.

The ADRC is required to track data daily and report it to GWAAR – the Greater Wisconsin Agency on Aging Resources who funds a portion of our Nutrition Program. We will continue to track data and will be able to see trends and number of diners on salad bar days.

The ADRC hopes to purchase a salad bar in the spring of 2020 and have it up and running by June 1, 2020.

### **Estimated Project Budget**

<b>Item Description</b>	<b>Cost</b>
Salad Bar Serving Counter from Kavanaugh Restaurant Supply	\$4,700.00
Delivery	\$175.00
Salad Bar Accessories	\$100.00
TOTAL	\$4,975.00

Salad Bar Serving Counter, Delivery, Accessories: **\$4,975.00**

Healthy Living Grant: **\$2,500.00**

County Levy: **\$2,475.00**

### **2020 Congregate Budget (includes all ADRC dining centers)**

<b>Expenses</b>	
Operating Expenses	\$126,830
Wages, Salaries, Benefits	\$122,444
TOTAL	\$249,274

<b>Revenue</b>	
Donations	\$44,000
TIH GWAAR Funding	\$96,749
Nutrition Services Incentive Program	\$16,200
County Levy	\$92,325
TOTAL	\$249,274

# ADRC Organizational Chart

