

AllOne Health's **employee assistance program** is your whole health solution.

By supporting whole health, everyone benefits.

Stronger individuals. Stronger teams. Stronger organizations.

Prepared for:

Sauk County

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ALLONE[®]
HEALTH

www.AllOneHealth.com

It's Time for a *Whole* New Approach to EAP

Experience All the Benefits of **Digital-first Access to Care**

- **24/7 Phone, Online & Live Chat Requests** with anytime, anywhere access on our member portal
- **In-the-Moment Counseling Support** by Master's level clinicians
- **Virtual Counseling Sessions** by phone or video with our secure platform
- **Self-Guided Digital Therapy (iCBT)** on our member portal
- **Privacy & Security Guaranteed** with certified compliance, confidentiality and data security

Combined with **Traditional Counseling** and Whole Health

- **In-person Mental Health Sessions** with local EAP clinicians from our network
- **Personalized Provider Matching** by our care connecting team
- **Diverse & Expansive Provider Network** of Master's level clinicians
- **Whole Person Care** with financial, legal, caregiving, personal assistant, and medical advocacy referrals
- **Life Coaching Sessions** with certified coaches to achieve personal goals

Driven by Comprehensive **Leadership Support**

- **Unlimited Management Referrals & HR Consultation** equip leaders to enhance performance and reduce absenteeism and turnover
- **Critical Incident Response & Resilience** for preparedness in supporting employees navigating workplace tragedies, and natural disasters
- **Training Programs & Monthly Webinars** provide important information about reaching whole health and well-being goals
- **Dedicated & Accessible Account Management Team** is a day-to-day HR partner for consultations, issue analysis and crisis management
- **Year-Round Engagement** to drive awareness and high utilization of your assistance program



Pricing

Our EAP Includes Expansive Solutions for Whole Health

More than just mental health, our whole health EAP includes financial wellness, family care, and support for leadership and organizational health.

All services are included in the EAP, confidential, and available to employees and family members.

EAP Services Include:

- ✓ Support for the Whole Person
- ✓ Mental Health Counseling Sessions
- ✓ Life Coaching Sessions
- ✓ Financial Coaching
- ✓ Legal Referrals
- ✓ Caregiving & Work-Life Referrals
- ✓ Personal Assistant Referrals
- ✓ Medical Advocacy Referrals

And for the Whole Organization:

- ✓ Expert HR Consultation
- ✓ Management Referrals
- ✓ Critical Incident Response & Resilience
- ✓ Training Programs & Monthly Webinars
- ✓ Leadership Resources & Tools
- ✓ Mental Health Awareness & Promotion
- ✓ Dedicated Account Management Team
- ✓ Program Utilization Reporting

| Mental Health Sessions Per Issue Per Year | Per Employee Per Month |
|---|------------------------|
| 5 (includes 4 hours) | \$1.65 PEPM |
| (600 employees included in this plan) | |

Mental Health and Life Coaching sessions are designed to address individual issues or incidents, with the number of sessions allocated depending on the pricing session model selected above.

AllOne Health provides a variety of services over and above package inclusions, available on a fee-for-service basis.

| Fee-for-Service | Hourly Rate |
|--|--------------------|
| Onsite EAP Orientation & Program Promotion | \$300 |
| Schedule an Onsite or Virtual Training Seminar Choose a seminar from our extensive training catalog covering over 120 diverse topics to meet organizational needs. | \$350 |
| Critical Incident Support Our on-site interventions are designed to provide solution-focused, compassionate support to your employees if they are involved in, witness to, or otherwise affected by a stressful or traumatic event in the workplace. | \$350 |
| DOT Qualified Substance Abuse Professional Services | \$750-\$950 |

*Additional Travel Rates for onsite events may apply
 **Cancellation fees apply for scheduled events

Connecting People to the Right Care When They Need It Most

We ensure everyone has fast and easy access to high-quality mental health support. Our commitment to flexibility includes access to **in-person, virtual, or immediate telephonic support** for those in need.

- ✓ **24/7 Access**
- ✓ **Multilingual Support**
- ✓ **Master's Level Clinicians**
- ✓ **Secure, HIPAA-compliant & Confidential**

Request support anytime &
receive care your way.

24/7 Requests by
Phone or Online Member
Portal with Live Chat



**In-the-Moment
Counseling
Support**



**Video
Counseling**



**Telephonic
Sessions**



**In-Person
Sessions**



**Text & Chat
Options**

Our Highly-Credentialed, Diverse, National Provider Network

- Diverse and expansive nationwide network of Master's level clinicians
- Fully-vetted and certified through our extensive provider credentialing process
- Covering all specialties and expertise, with personalized provider matching from our care connecting team to ensure providers align with member needs and preferences
- Prioritizes access to care, including providers accessible 24/7 for In-the-Moment Counseling Support, as well as clinicians offering virtual counseling and in-person options
- Constantly growing, and expanding, through our active provider recruitment team

Support Services Included in Our EAP

Member Support

Mental Health Sessions

Manage stress, anxiety, and depression, resolve conflict, improve relationships, and address any personal issues. Choose from in-person sessions, video counseling, or telephonic counseling.

24/7 In-the-Moment Counseling Support

Get instant telephonic access to Master's level clinicians to support members experiencing emotional distress or acute mental health concerns requiring immediate attention.

Life Coaching

Reach personal and professional goals, manage life transitions, overcome obstacles, strengthen relationships, and achieve greater balance.

Financial Consultation

Build financial wellness related to budgeting, buying a home, paying off debt, resolving general tax questions, preventing identity theft, and saving for retirement or tuition.

Legal Referrals

Receive referrals for personal legal matters including estate planning, wills, real estate, bankruptcy, divorce, custody, and more.

Work-Life Resources and Referrals

Obtain information and referrals when seeking childcare, adoption, special needs support, eldercare, housing, transportation, education, and pet care.

Personal Assistant

Save time with referrals for travel and entertainment, seeking professional services, cleaning services, home food delivery, and managing everyday tasks.

Medical Advocacy

Get help navigating insurance, obtaining doctor referrals, securing medical equipment, and planning for transitional care and discharge.

Member Portal

Access EAP benefits 24/7/365 through our member portal with online requests and chat options. Explore thousands of self-help tools and resources including articles, assessments, podcasts, and resource locators.

Wellness Coaching – Add-on

A credentialed wellness coach can assist with issues ranging from weight management, stress reduction, managing a new diagnosis, workout advice, and more. The coaching is non-incentivized, in a telephone or virtual setting.

Organizational Support

Dedicated Account Manager

Your account manager will meet with you for program planning, implementation, utilization review, and strategic planning. This active partnership ensures alignment toward achieving mutual goals and maximum program effectiveness.

HR Consultation & Supervisory Referrals

Utilize our supervisory referral process as a tool to address specific issues and consult with our team of experts on a variety of workforce concerns and performance challenges such as substance abuse, workplace violence, crisis response, and leadership needs.

Critical Incident Response

Our comprehensive service provides immediate and customized support to organizations during times of crisis. Grounded in evidence-based practices, it ensures effective crisis management and employee well-being.

Orientation and Training

We offer virtual orientation sessions for all employees, as well as supervisor training on the EAP and how to refer employees to the program for personalized support.

Program Promotion

Managers can access digital flyers and orientation videos through the promotional toolkit to enhance employee engagement and facilitate referrals for personal issues.

Utilization Reporting

We offer detailed reports on the success of your program, presented in aggregate form for confidentiality. Your account manager will regularly provide a qualitative analysis of service delivery, activity, and customer satisfaction to ensure your EAP meets its goals.

Manager
Orientation



WATCH OUR EAP ORIENTATION VIDEO

Global Member Support Services



AllOne Health offers comprehensive support to organizations worldwide.

Through our global partnerships, we extend our services to companies with employees located outside the USA. Our commitment is to ensure that member support aligns with the vision and goals of our Employee Assistance Program (EAP), placing a priority on facilitating access to care.

Our international services include a wide range of member and organizational support offerings, reflecting our dedication to meeting the diverse needs of our global clientele.

| | |
|--|-----------------|
| Essential EAP Services: Sessions per presenting issue per year | Included |
| 24/7/365 Live Support Access: Via live chat or telephone | Included |
| Solution-Focused Counseling: In-person, video, telephonic, digital | Included |
| Platform Available in 55 Languages: Mobile app and website. Includes well-being content library, one-touch live support access, well-being newsfeed, digital therapy programs and more. | Included |
| Work-Life Services: Financial and legal consultations, childcare and eldercare support, community referrals | Included |
| Self-Guided Digital Therapy Programs | Included |
| Total Well-being Index: Behavioral assessments for all pillars of well-being. Prescriptive and personalized recommendations offered once the assessment is completed by the employee. | Included |
| Management Consultations: Unlimited | Included |
| Biweekly Webinars: English & French | Included |
| Communication Plan and Promotion Materials: Digital, print-ready and available in local language | Included |
| Reporting & Analytics: Utilization and platform reporting (de-identified and aggregate) | Included |
| Critical Incident Support | Fee-for-Service |
| Workplace Learning | Fee-for-Service |

Our Member Portal Provides Instant Access to Whole Health Resources

We offer a wide range of benefits to **help improve mental health, reduce stress and make life easier**—all easily accessible through our member portal.

Request a Mental Health Session

Request counseling by submitting an online form or live chat. Choose from in-person or virtual counseling options to meet your needs.

Request Referrals & Resources

Submit a request for family care and lifestyle support including childcare and eldercare referrals, legal referrals and financial consultation, personal assistant referrals and medical advocacy consultation.

Access Thousands of Self-Care Articles & Resources

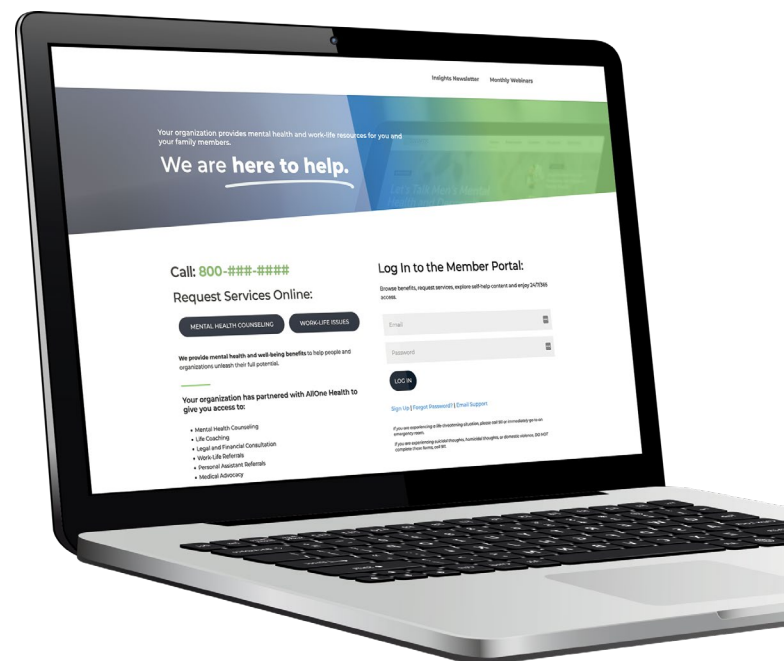
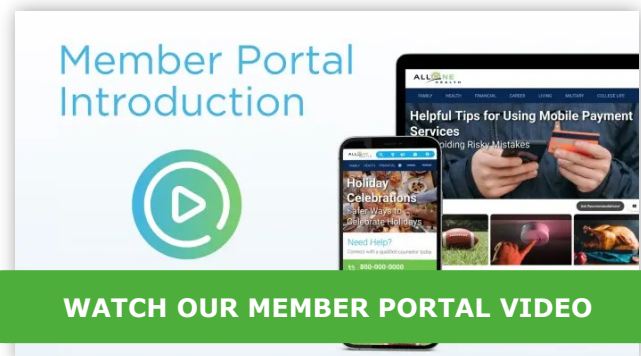
Health and lifestyle assessments, interactive checklists, soft skills courses, podcasts, resource locators, exclusive discounts, and expansive articles on whole health and well-being.

Explore Self-Led iCBT (Internet-based Cognitive Behavioral Therapy)

Our iCBT leverages the power of technology and learning modules to teach the fundamental techniques of traditional Cognitive Behavioral Therapy (CBT) in a self-paced and convenient manner. Walk-through a variety of learning modules addressing common emotional concerns including Depression, Anxiety, Stress & Resiliency, Communication, Grief and more.

Visit the Online Financial Center

Featuring worksheets, calculators, and a wide range of financial resources and tools to help reach personal goals and build financial wellness.



It's All About Engagement

Your account manager drives successful program kick-off and implementation, and provides strategic partnership year-round to achieve high engagement and utilization. We build community with creative and engaging content, resources and promotional tools year-round.

Program Promotion Made Easy with the Promotional Toolkit

The promotional toolkit features **everything needed for a successful kick-off and high utilization**: informational benefits flyers, orientation videos, topical service flyers, resource links and more.



[VISIT THE PROMOTIONAL TOOLKIT](#)



[VIST INSIGHTS](#)

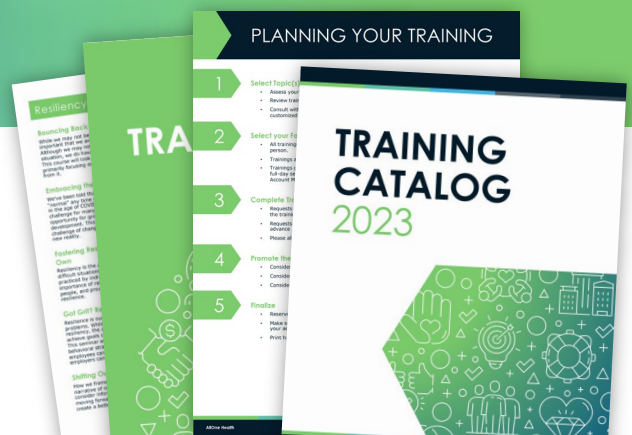
[DOWNLOAD THE CONTENT CALENDAR](#)

Insights Newsletter Promotes Monthly Collection of Resources

We promote **mental health awareness and well-being year-round** with our Insights Hub monthly newsletter, built for member, student, leadership audiences.

Webinars and Trainings by Our Team of Expert In-House Clinicians

Two unique, live webinars are conducted monthly and provide information on important topics. **Our expansive library has 120+ trainings** to choose from covering diverse topics to meet organizational needs. AllOne Health's network of expert facilitators and trainers provide interactive, informative and engaging sessions.



[DOWNLOAD THE TRAINING CATALOG](#)

[VIEW UPCOMING WEBINARS](#)

We Drive Positive Change for Organizations, Powered by People Who Care

About AllOne Health

AllOne Health is the premier provider of whole health solutions for organizations worldwide. With over 50 years of experience, AllOne Health provides reimagined employee assistance programs (EAP), wellness, concierge, crisis management and organizational consulting, covering 11M+ lives and growing.

Known for global resources and local experience, AllOne Health offers expansive mental health, physical health, financial wellness, family care, lifestyle support, and organizational health services designed to help people and organizations unleash their full potential. AllOne Health drives positive change for organizations, powered by people who care.

Exceptional Client Satisfaction

96%

of clients say
"My Account
Manager is
easy to reach
and responds in a
timely manner"

97%

of clients
rate our EAP as
**excellent/
good**

97%

of clients would
**recommend our
EAP services to
others**

The AllOne Health Difference

Mental health is one of the most important issues of our time, and everything is connected. **Our assistance program supports the whole person and the whole organization** with a wide range of expansive offerings.

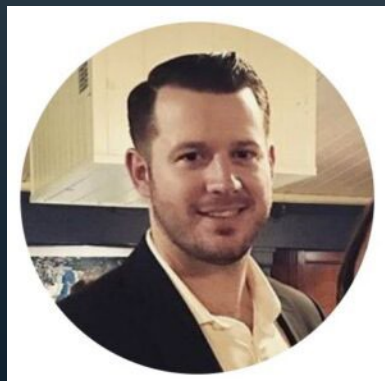
We offer all the benefits of digital first access to care, supported by the high-level partnership and human connection at the heart of our service.

Local Presence, National Reach

With our extensive network of regional offices across the country, we are uniquely positioned to deliver hands-on assistance, understanding, and guidance to organizations nationwide, fostering a culture of well-being and resilience in the workplace.

Privacy Is Paramount at AllOne Health

Rest assured, your information is safeguarded with the highest level of security and integrity. Our commitment to data protection is reinforced by certifications including:



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