

What process is involved with receiving this reimbursement?

To receive reimbursement:

- ◆ complete an application and return it to the Aging & Disability Resource Center
- ◆ receive an approval letter from the Aging & Disability Resource Center
- ◆ provide an original invoice or receipt for the costs of respite care received which includes the following information:
 - The name of the individual or agency which provided the service
 - The date the care was provided
 - A description of the care provided
 - The cost of the service

The invoice or receipt for costs paid will be processed according to Sauk County's monthly Accounts Payable procedure and a check will be mailed to the provider or caregiver within 4-6 weeks.

This reimbursement is limited to:

- ◆ A maximum of \$480 per calendar year, per family (as funds are available).
- ◆ The duration of this care may not exceed more than 7 consecutive days or no more than 14 days per calendar year.

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Other Services offered:

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Information and Assistance
Legal Advocacy
LivingWell Library
Senior Dining Centers
AddLIFE Today Newsletter
Telephone Reassurance
Transportation
Volunteer Opportunities

Contact Mary Jane Percy
The Aging & Disability Resource Center
of Sauk County
505 Broadway
Baraboo, WI 53913
(608) 355-3289 or 1-800-482-3710

Care for the Caregiver

Taking care of yourself
means taking care of
your loved one!



The National Family Caregiver Support Program is designed to help family caregivers meet the needs of their loved one without “burning out”.

The vast majority of persons in need of care are cared for by family members.

Professionals who work with older adults and caregivers know that sometimes just a little help can go a long way toward helping a family to keep a disabled loved one at home; rather than placing the loved one in a nursing home or other care facility.

This program is designed to support the caregiver and enhance the contribution of the caregiver- not replace it.

Who is a Family Caregiver?

A Family Caregiver is an adult family member or other individual who is an informal provider of in-home, community care to a loved one.

What is the purpose of this program?

This program aims to support family members so that they may have the strength, vigor, and patience to care for their loved one and improve the quality of life for both the caregiver and their loved one.



Why would a caregiver use respite care?

Respite is time apart from a loved one for whom one is providing care in order to rest, take a break, play, accomplish personal business matters, or whatever else it takes to recharge the energy required to be a caregiver and keep one's self healthy and happy!



How does this program help?

The program is designed to help the caregiver give themselves the break they need by relieving the financial barriers which may stand in their way. The program provides reimbursement (as funds are available) to a family caregiver for costs associated with arranging for another person or service to provide care to an older adult in the absence of the family caregiver.

What types of service will be considered respite care?

You may hire a home care agency or an individual to be with your loved one in your home while you are away.

You may ask that this companion take your loved one on an excursion away from home so that you may enjoy some time alone at home.

You may also enroll your loved one in an adult day center for an occasional break for you both!

If you have other ideas, simply suggest them and we will work together to make this program meaningful to you. If you believe it will work in your situation it will likely be approved.

