# From Our Intern. Mini Newsletter

Contact: ADRC at 355-3289 or 800-482-3710 Veterans Service Office at 355-3260

I have been working on several things lately. A couple of things that I am continuing to work on are the Bingo game with Baraboo clients (congrats to Mike who called BINGO!) and the Pen Pal Program with Reedsburg clients. I am also helping out with My Meal, My Way dining site at the Reedsburg Country Club.

-Chantel Ellis-Jesus

### Fun Activities to Keep Busy This Winter

- Cooking or baking
- Crafting (knitting, crochet, scrapbooking, etc.)
- Call or video chat with family or friends
- Reading your favorite or new books
- Watch your favorite movies or TV shows
- Try a new hobby like chair yoga
- Write cards or letters to people you haven't heard from in a while

# Project Search

Project Search is a nine to twelve month program for young adults with disabilities. The program has local partnerships with a high status business, a school, the Wisconsin Division of Vocational Rehabilitation (DVR), a Statewide Service Provider, and a disability services agency. Students learn employability skills trough their internships and in the classroom. They work on refining their career goals and job placement for when they complete the program. The ADRC has recently partnered with Project Search to host interns at our Sauk Prairie Dining Site! Several past intern host sites were unable to accept interns during Covid-19 so the ADRC jumped at the opportunity to work with Project Search. The experience has been great thus far!

We would like to thank our Intern Garth at the Sauk City Dining Site for all of the hard work he has done for the last few months. Garth wrapped up his internship on December 18th and we wish him the best!

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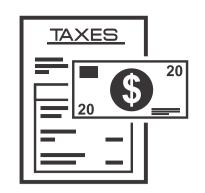
Some of the things Garth did at the dining site are as follows:

- Count how many people are on the meal routes for the day
- Date the meal trays
- Label bags with names and milk option
- Seal the meal trays
- Clean up



We also want to introduce our new Intern Aenea who will be joining us in January. Welcome, Aenea!

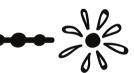
# A Note from AARP Tax-Aide



The AARP Tax-Aid Program regrets to inform residents that AARP Foundation Tax-Aide will <u>not</u> have tax preparation sites in Adams, Columbia, Juneau or Marquette counties or Baraboo this year. Beginning on January 15, 2021, you may obtain information about other Tax-Aide sites in Wisconsin by visiting the following website: www.aarp.org/findtaxhelp or calling the following phone number: (888)-227-7669. You will be asked to enter your Zip Code and select a distance you are willing to travel to receive tax services. Please seek assistance through family, friends or a tax preparation agency.

AARP Tax-Aide sincerely apologizes for any inconvenience this may cause and hopes to be able to return to your communities for the 2021-22 tax season.





## BEYOND BLESSED FOOD PANTRY UPDATE

The ADRC recently learned that the Baraboo Taxi Service is unable to take Baraboo residents to and from Beyond Blessed Food Pantry. If you are having difficulty getting to Beyond Blessed Food Pantry and would like one of our Transportation Drivers to pick up your food pantry goods and deliver them to your home, please call the ADRC Transportation Department at (608)355-3278. You will be charged \$3.00 for food pantry pickup. Please note this service is only available to residents age 60 and over and adults with disabilities who are unable to transport themselves. Thank you!

#### WE MAY BE APART, BUT WE'RE NOT ALONE

Someone who cares is just a phone call away. If you or someone you love is feeling isolated or anxious in these challenging times, hearing a



friendly voice on the phone may help. That's why we created the AARP Friendly Voice program - a trained, caring group of volunteers standing by ready to chat, listen, or just say hello. It's easy. Request a call by dialing AARP at 1-888-281-0145, between 9am and 5pm.

#### Sauk County to Offer Absentee Landowner Webinar Series

Sauk County Land Resources and Environment Department and UW - Madison Division of Extension will be hosting a four part webinar series for absentee landowners. These sessions are meant for landowners who rent out land for farming. Soil is one of the most important assets of land, but it's not always obvious how to work with a renter to protect it. In this series, presenters will help you better understand your soil, conservation practices, how to develop a good lease, and local resources available. Register in advance for these meetings by going to https://go.wisc.edu/y373vl. Registration is required by January 29th. Those who cannot attend the webinars, can request a resource packet be mailed to them. Please contact Alana Voss at 608-477-3945 or alana.voss@wisc.edu to register or for additional information. All webinars will be held from 6:30 - 7:30pm.

#### • Tuesday, February 2: Understanding Your Farmland

Learn about the connection between land use and water quality, basics of soil types, soil productivity and limitations.

• Tuesday, February 9: Protecting Soil and Water

Learn about soil health, soil fertility, manure applications, basics of conservation practices (including cover crops and reduced tillage), and farmland programs and regulations.

• Tuesday, February 16: Developing a Farmland Lease

Learn about the importance of a multi-year, written lease, the economics of crop production, what goes into a good lease, and considerations for a fair price.

• Tuesday, February 23: Local Assistance & Resources Available

Learn about county, state, and federal resources that are available to assist you and your renter with incorporating conservation practices onto your land.



## AG Kaul and Greater Wisconsin Agency on Aging Resources Partner to Launch Elder Abuse Hotline!



In May of 2020, Attorney General Josh Kaul and the Greater Wisconsin Agency on Aging Resources announced the launch of a new elder abuse hotline to assist victims, family members, and concerned citizens in reporting abuse of older adults. "This new hotline comes at a critical time, when many Wisconsinites are staying safe at home and it's particularly important to be wary of possible scams," said Attorney General Kaul. "This partnership with the Greater Wisconsin Agency on Aging Resources will help bring awareness to this important issue and provide an easy-to-access tool for reporting."

The Wisconsin Elder Abuse Hotline
Program was created through a federal
grant the Wisconsin Department of
Justice was awarded by the U.S.
Department of Justice's Office for
Victims of Crime. This new toll-free
hotline, 1-833-586-0107, is available for
community members and victims to
contact for assistance in obtaining
needed resources and making referrals
to local authorities. The program will
also include outreach to victims
through online advertisements,

print materials, and an online reporting tool on the

www.ReportElderAbuseWl.org website. The Greater Wisconsin Agency on Aging Resources will manage the day-to-day operations of the elder abuse hotline and promote outreach to victims through their broad network of programs that support older adults across the state. "We know from studies on the prevalence of elder abuse that for every case that is reported there are 23 that are not reported," said Robert Kellerman, Executive Director of the Greater Wisconsin Agency on Aging Resources. "This hotline is a muchneeded resource for our state, and we are pleased to partner with Attorney General Kaul in the fight against elder abuse."

Individuals who suspect that they are a victim of elder abuse or know someone who may be experiencing abuse are encouraged to learn more about the signs at www.ReportElderAbuseWl.org and make a report to Wisconsin Elder Abuse Hotline at 1-833-586-0107.

Article from DOJ
Communications Office

### **Fraud Alert!**

From Wisconsin Senior Medicare Patrol



#### Covid-19 Vaccine is in the Pipeline.

The Scammers Won't be Far Behind!

The The Food and Drug Administration, FDA, has authorized two vaccines from pharmaceutical manufacturers, these vaccines are now being distributed to federal- and state-approved locations. For most people living in the U.S., states and territories will make the final decisions on who will get the vaccines and when. States are also working on their own specific vaccination plans. You can check with Wisconsin Department for Health Services for the latest information regarding the vaccine:

https://www.dhs.wisconsin.gov/covid-19/vaccine-about.htm.

While we enter the distribution phase of the vaccine, there's no doubt scammers are scheming. Here's what you need to know to avoid a vaccine-related scam:

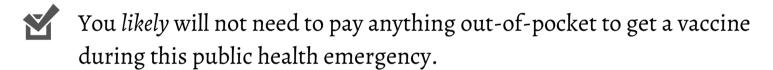
- You <u>likely</u> will not need to pay anything out of pocket to get the vaccine during this public health emergency.
- You cannot pay to put your name on a list to get the vaccine.
- You cannot pay to get early access to the vaccine.
- No one from a vaccine distribution site or health care payer, like a private insurance company, will call you asking for your Social Security number or your credit card or bank account information to sign you up to get the vaccine.

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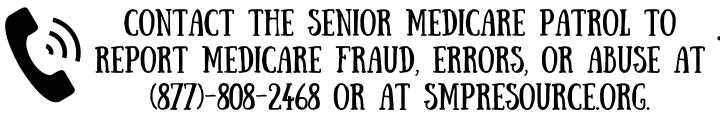
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- Beware of providers offering other products, treatments, or medicines to prevent the virus. Check with your health care provider before paying for or receiving any COVID-19-related treatment.
- If you get a call, text, email, see an advertisement or even someone knocking on your door claiming they can get you early access to the vaccine, STOP. That is a scam. Do not pay for a promise of vaccine access or share personal information. Instead, contact the WI SMP Helpline at (888) 818-2611 to notify them of this development and you can also report it to the FTC at ReportFraud.ftc.gov.





- You cannot pay to put your name on a list to get a vaccine early.
- No one from Medicare or the Health Department will contact you.
- Beware of providers offering other health products, treatments, or medications to prevent the virus.
- No one from a vaccine distribution site or health care payer will call and ask for your Medicare number, Social Security number, or banking information to sign you up for a vaccine.





Aging & Disability Resource Center 505 Broadway St Baraboo, WI 53913

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Winter Word Search JACK FROST **TUBING MITTENS BAKING SCRAPER BELOW ZERO** SLIDING BLIZZARD SKIING HOCKEY **SNOWMOBILE ICICLE GLOVES SCARF** SNOWBOARDING **SNOWMAN SNOWFLAKE SLEIGHBELLS FREEZING** COLD SALT SNOWBALL **PLOW FISHING** SKATING **FLURRIES BOOTS DRIFTS** 

**SNOW** 

**JACKET**