

### MINI NEWSLETTER

CONTACT: (608) 355-3289 OR (800) 482-3710

#### **SAVE THE DATE**

## Caregiver Boot Camp



#### Friday, November 5th

- 9:00 AM 2:30 PM
- Frank Fischer Senior Center
  - 20 Wisconsin Dells Pkwy,
     Wisconsin Dells, WI 53965

Saturday, November 6th

- 9:00 AM 2:30 PM
- Kraemer Library & Community Center
  - o 910 Main St, Plain, WI 53577

Caregiver Boot Camp is a FREE educational "survival" program for families coping with Alzheimer's Disease and other dementias. Each date is limited to 20 in-person participants to maintain social distancing. Virtual participation options are also available. More information to come in the next edition of AddLIFE Today!

To register or for more information, call 355-3289 or email Brianna Wipperfurth: brianna.wipperfurth@saukcountywi.gov OR Marina Wittmann: marina.wittmann@saukcountywi.gov

\*Please note: All in-person programming is subject to change based on Public Health recommendations\*

# SENIOR FARMERS' MARKET VOUCHERS ARE STILL AVAILABLE!



Each summer, the ADRC helps distribute the Senior Farmers' Market Nutrition vouchers. These vouchers are provided to older adults by the USDA to encourage shopping at local farmer's markets and eating more fresh fruits and vegetables. Eligible households receive \$25.00 in vouchers which are spent just like cash at approved farmers' markets and farm stands.

We have a limited number of vouchers and they will be given out on a first come serve basis. Due to COVID-19, we will again be distributing vouchers through the mail in order to prioritize staff and client safety. The process for receiving Farmers' Market Vouchers is as follows:

- Call the ADRC (355-3289) to fill out an application with one of our staff members.
- Staff will then mail the completed application to you to sign.
- Mail your signed & completed application back to the ADRC.
  - 505 Broadway, Baraboo, WI 53913
- Once we receive your signed and completed application, we will mail the vouchers to you.

To qualify, you must be a resident of Sauk County and over the age of 60 (or age 55 if you are Native American), AND your annual income must be below \$23,828 for an individual or \$32,227 for a couple.





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**CHANGE SERVICE REQUESTED** 



The Aging Plan Team wants to thank you for taking the time to complete our surveys, attend focus groups, or answer our call for an interview. We have taken your comments and ideas and molded them into seven goals that incorporate the four program areas

## AGING PLAN UPDATE!

(Nutrition, Caregiver, Health Promotion, and Home and Community-Based Services) and four values (Equity, Advocacy, Consumer Choice, and Community Engagement). On July 23rd, we submitted these

draft goals to the Greater Wisconsin Agency on Aging Resources for review. We will revise our goals based on their feedback, seek approval from ADRC Advisory and Oversite Committees, and hold public hearings later this Fall. If you are interested in attending a public hearing to hear our Aging Plan and provide feedback, please keep an eye on the local papers where the notice will be posted or call the ADRC at (608) 355-3289.