

Sauk County Aging Plan FY 2022–2024



**Wisconsin Department of Health Services
Division of Public Health
Bureau of Aging and Disability Resources
Office on Aging**

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Executive Summary

Aging Unit

The ADRC of Sauk County office is a department of Sauk County government that incorporates three different units specific to the aging and disabled population of Sauk County: the Aging Unit, Transportation Coordination, and the ADRC of Eagle Country – Baraboo Office. The ADRC of Sauk County is part of the Eagle Country Regional ADRC, made up of Juneau, Crawford, Richland, and Sauk Counties.

- The mission statement of the department is “to empower and support older adults, adults with disabilities and their families by providing easily accessible quality information and assistance. The Aging & Disability Resource Center of Sauk County will provide services, resources, advocacy, and opportunities to support each individual’s choices for independence and enhanced quality of life.”
- The vision of the department is “all older adults and adults with disabilities will live as independently and meaningfully as they desire.”

The ADRC is recognized as the "place" where support, information and assistance is provided to anyone over 18 who is disabled or any adult over the age of 60 and their caregivers, in Sauk County.

Community Engagement

The key takeaways from the community engagement data collection was that many older adults in Sauk County were concerned about finding transportation to/from doctors appointments, groceries and personal needs, in-home care and outside chores, and money, especially paying for rent, property taxes and home maintenance. Another key takeaway was gratitude for ADRC services, including but not limited to Meals on Wheels, Caregiver Support, Transportation, the Newsletter and Elder Benefit Specialists. We also heard frequently how many people may not know what we do or that the ADRC even exists.

Current Challenges

For the ADRC to continue to meet the needs of the “silver tsunami” aging into our programs, funding will have to increase. The saving grace since Covid-19 has been additional funding through CARES, Consolidated funds, Family First, and ARPA. There is concern, that after those funds are gone, how the ADRC will maintain its meal program without waiting lists, or more levy. More Levy seems doubtful at this time. Another challenge for the ADRC, as we write this plan, is that dining centers remain closed, causing more social isolation.

Long-Path Vision

The Aging Plan goals have action steps that will be worked on each year for the next three years (2022-24). However, we believe many of these goals will become the groundwork for how the ADRC will look in the next 5-10 years. Many of these goals have short-term work but will continue well after the goal period is complete. Our emphasis for the 2022-2024 Aging Plan period will be to not only maintain the current programs and services offered but to also:

- Inspire older adults to advocate for themselves after retirement and find their new purpose
- Engage community members with opportunities for continuous feedback and suggestions on ADRC programs
- Ensure Meals on Wheels clients know their feedback and comments are looked at and modifications are made to the Nutrition Program if possible
- Increase nutrition education opportunities
- Increase knowledge and access to ADRC services by rural residents
- Create a Dementia Friendly community by offering Dementia Friendly Dinners throughout Sauk County
- Expand the Helping Hands at Home program so that individuals who need help with in-home care and outside chores can get assistance
- Educate ADRC staff about inclusivity and equity issues

Leadership

- Susan Blodgett is the director of the ADRC of Sauk County and oversees the Aging Unit, Transportation, and ADRC.
- The ADRC's governing committee is the ADRC Oversight Committee consisting of five County Supervisors. The committee meets monthly. The Chairperson of the ADRC Oversight Committee is Ross Curry.
- At the department level, the ADRC is monitored and advised by two advisory committees: the Transportation Coordinating Committee and the ADRC Advisory Committee that advises the Oversight committee on programming and services offered by the Aging Programs. Both committees meet quarterly. The Chairperson of the Transportation Coordinating Committee is Art Carlson. The Chairperson of the ADRC Advisory Committee is Art Carlson.

Context

Identified Needs

The primary concerns identified in the community engagement were transportation, in-home care and chore service, and money. Other concerns identified include socialization, communication with rural residents, food insecurity, and broadband. Some of these concerns will be focus areas in our Aging Plan Goals. As stated, transportation was a concern for many in our data collection. There will not be any goals specific to transportation in this Aging Plan because the ADRC utilizes a separate funding source for the transportation program. These two grants (85.21 and 5310) are from the Department of Transportation (DOT). The concerns noted in the community engagement will be addressed with these DOT funds.

How Needs Differ Across Race/Location/Income/Age

The Sauk County Health Department - in partnership with Reedsburg Area Medical Center, Sauk Prairie Healthcare, and SSM Health - conducted a survey, 22 focus groups and key informant interviews for their 3-Year Community Health Needs Assessment and shared their data with the ADRC to add to our Aging Unit Plan. They received 1,612 survey responses and had good representation in the assessment from older adults, individuals of color and individuals with disabilities. The following needs were voiced as top priorities by the community:

- Alcohol, Tobacco and Other Drug Use
- Healthy Eating*
- Access to Mental Health Care and Dental Care
- Living Wages
- Social Connectedness*
- Discrimination
- Affordable Housing
- Transportation Access*

As noted in the Identified Needs section above, the ADRC survey also found top needs around Food/Healthy Eating, Socialization/Social Connectedness, and Transportation (which are starred (*) above in the Health Department's results).

The full report once completed and approved will be available for viewing on the Sauk County Health Department website: <https://www.co.sauk.wi.us/publichealth>.

Aging Network Structure

The Sauk County Aging Network has four primary program areas: Nutrition, Caregiver Support, Health Promotion and Home and Community-Based Services. The Nutrition Program consists of a Nutrition Coordinator, five paid Dining Site Managers, one Volunteer Dining Site Manager, one Food Driver and approximately 55 volunteers. The Caregiver Support Program consists of the Aging Program Coordinator who oversees NFCSP and the Volunteer Coordinator who coordinates dementia-related programming. The Health Promotion Program consists of the Aging Program Coordinator who oversees programming, four Stepping On facilitators, three Powerful Tools for Caregivers facilitators, two Boost Your Brain & Memory facilitators, four Dementia Live

facilitators, two Dementia Friends Champions facilitators and one Stepping Up Your Nutrition facilitator. The Home and Community-Based Services program includes a worker-referral program, called the Helping Hands at Home program. Individuals who provide in-home and chore services can apply to be on the list by submitting an application and background check. If approved, individuals are added to the Helping Hands at Home list which is distributed in the community to residents who need assistance. The ADRC also provides limited funding for Personal Care, Homemaker, and Chore service if individuals need help and have limited funds to pay for said services.

Other ADRC staff members play a critical role in supporting these programs. The I&A Social Workers perform the initial home delivered meal assessments and refer individuals to the Caregiver Support Program and Health Promotion program. Additionally, the Receptionist and Fiscal Tech answer phone calls, deposit program donations and assist with other tasks as needed. The transportation department staff members drive hot food/frozen routes, assist with grocery pickups and other tasks as needed. Lastly, the ADRC Director oversees the ADRC and Aging staff.

Future Implications

The critical issue for the future of ADRC services will be the demand for services and the ability to fund programs due to the projected increase of older adults and adults living with dementia in Sauk County. According to the Wisconsin Department of Health Services, the number of adults living with dementia at home will increase from 1,140 in 2010 to 2,545 in 2040 – a 123% increase! Our Caregiver Goal focuses on supporting caregivers and individuals living with dementia. The ability to fund programs is a critical concern for the ADRC. Source: Wisconsin Department of Health Services

Community Partnerships

The ADRC is part the regional ADRC of Eagle Country that serves Sauk, Richland, Juneau and Crawford Counties. The ADRC has a good working relationship with other county departments: Human Services, Veterans Service Office, Public Health, and UW Extension. Information and referrals are shared between these departments as needed. The ADRC also works closely with local food pantries, churches, home care agencies, older adult housing facilities, libraries, and community/senior centers to provide programming, resources, and support to older adults. For example, the following facilities graciously host our evidence-based workshop Stepping On and assist in recruiting participants: Spring Green Library, Plain Library, Oak Park Place in Baraboo, Sauk Prairie Community Center, Reedsburg Human Services, and Maple Ridge Apartments in Reedsburg. The ADRC also has good working relationships with the facilities that host our Nutrition Program meal sites: Highpoint Commons in Baraboo, Cornerstone Church in Reedsburg, Sauk Prairie Community Center in Sauk City, and the Frank Fischer Senior Center in Lake Delton. Additionally, the ADRC has My Meal, My Way restaurant meal programs at the Reedsburg Country Club and The Shed in Spring Green.

Distribution of Urban and Rural Areas

Sauk County, Wisconsin is primarily rural. Its largest community is Baraboo with an estimated population of 12,138. In the community engagement focus groups, we heard being a rural resident is a barrier for obtaining services. Broadband is a concern of many rural residents. Our Equity goal focuses on rural residents and sharing what services the ADRC can provide. Source: Census Bureau's American Community Survey for 2015-19.

Basic Demographic Data in Sauk County (age, race, poverty)

According to Census Reporter, the current population of Sauk County is 63,922. Adults age 65+ make up 18% of the total population. The following statistics break down the population percentage of each Race in Sauk County: White: 91%, Black: 1%, Native American: 1%, Asian: 1%, Hispanic: 5%, and 2 Races: 1%. Just over 6% of adults age 65+ live below the poverty line. Source: Census Reporter

Population Projection for Adults Age 60+ and Current Estimated Population

It is projected that by 2040, adults age 60+ will make up 29.8% of the total population in Sauk County. Chart 1 shows the population curve from 2010 to the projected population in 2040. The population of adults age 60+ is projected to increase from 12,931 in 2010 to 23,165 in 2040, a 79% increase. The overall population of Sauk County is expected to increase from 61,976 in 2010 to 77,815 in 2040, a 25% increase. The population of adults age 60+ is projected to increase at a much faster rate than the overall population. The estimated population of adults age 60+ in 2020 was 17,615. Source: Wisconsin Department of Health Services

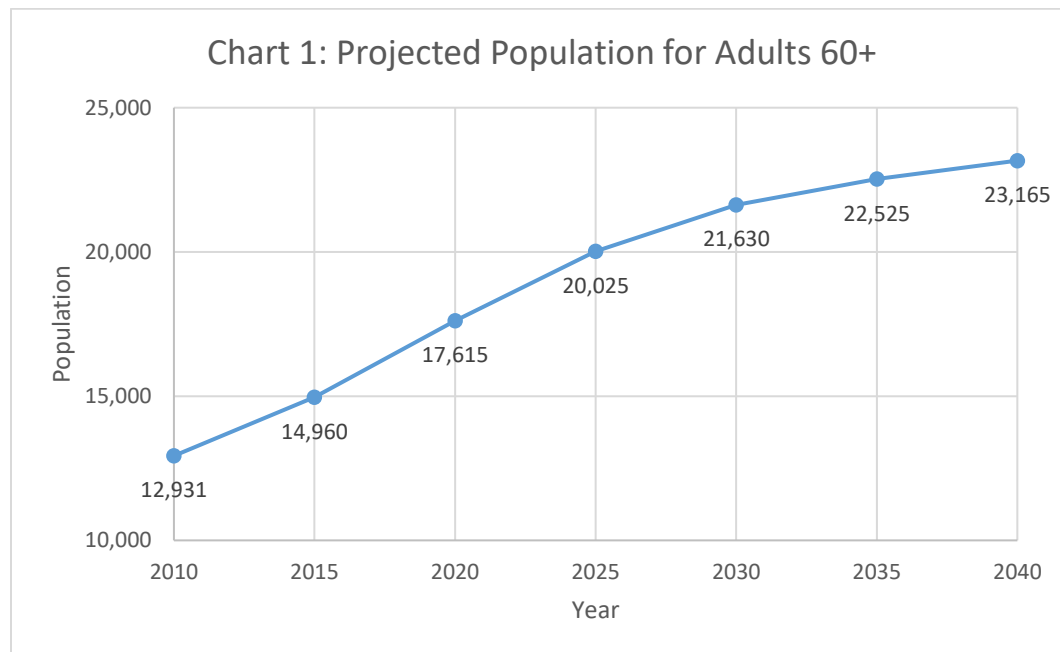


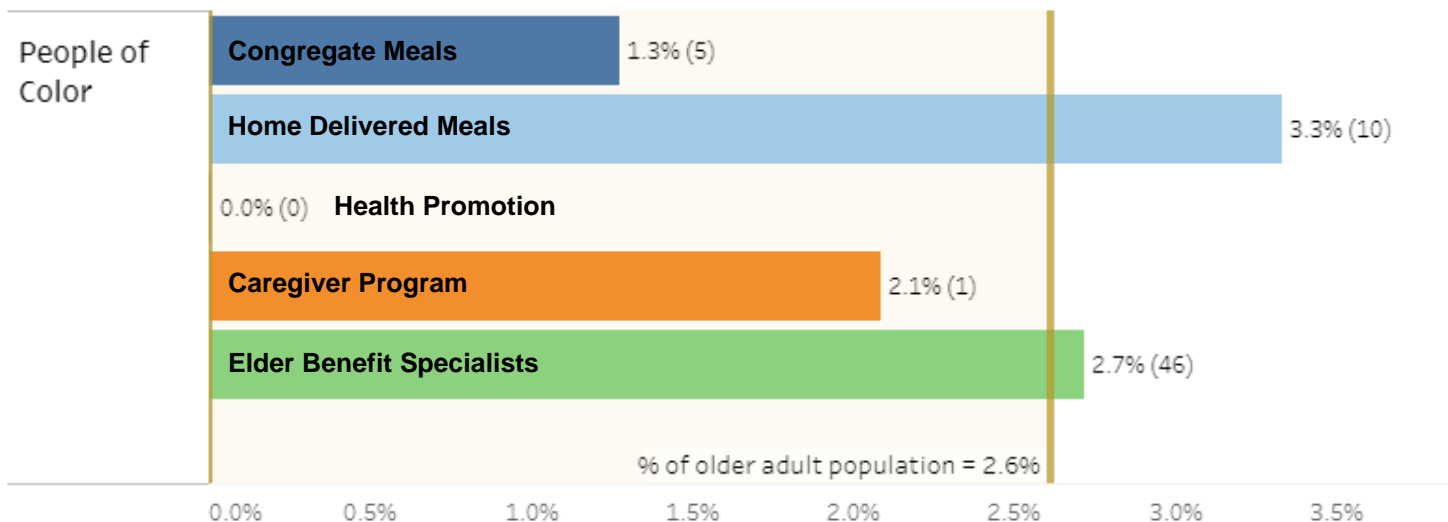
Chart 1: Line graph of projected population for adults age 60 and older and expected to increase from 12,931 in 2010 to 23,165 in 2040.

Diversity of Older Americans Act Program Participation

According to the Census Bureau’s 2019 Population Estimates Program, there are an estimated 439 older adults of color, which is 2.6% of Sauk County’s older adult population. Hispanic make up 1%, American Indian make up 0.6%, Asian make up 0.4%, and Black make up 0.3% Sauk County’s older adult population. Older adults who are White make up 97.7% of Sauk County’s older adult population. Chart 2 from the Aging Program Data Dashboard shows data from the proportion of program participants of color compared to their proportion in the Sauk County older adult population. The dark blue bar (top bar) shows 1.3% of Congregate Meal participants (5 total) in Sauk County were people of color. The light blue bar (2nd bar from top) shows 3.3% of Home Delivered Meal participants (10 total) in Sauk County were people of color. The middle bar shows 0% of Health Promotion participants (0 total) in Sauk County were people of color. The orange bar (2nd bar from bottom) shows 2.1% of National Family Caregiver Support Program participants (1 total) in Sauk County were people of color. Lastly, the green bar (bottom bar) shows 2.7% of Elder Benefit Specialist participants (46 total) in Sauk County were people of color. The tan line going through the chart shows the proportion of older adults that are of color (2.6% in Sauk County). The Congregate Meal program, Health Promotion program and the National Family Caregiver Support Program fall short of serving at least 2.6% adults of color of the total number of program participants. The ADRC plans to address this in our Equity and Community Engagement Goal by increasing staff knowledge of equity barriers and ultimately increasing participation by adults of color. Source: Aging Program Data Dashboard

Chart 2: Aging Program Data

The proportion of program participants of color compared to their proportion in the **Sauk County** older adult population



Note: People of Color includes all racial and ethnic identities that are not White alone, not Hispanic.

Chart 2: The proportion of program participants of color compared to their proportion in the Sauk County older adult population.

Community Involvement in the Development of the Aging Plan

The methods used for collecting data for this Aging Plan included two surveys, focus groups and interviews. The goal for the first survey was to collect what concerns older adults had about aging successfully in Sauk County. We then conducted focus groups with older adults as well as community organizations that serve older adults. The second survey mimicked questions from the focus groups in order to gain additional ideas for goal writing. Lastly, we conducted 5 interviews with key local informants. Overall, we obtained responses from 291 individuals. The most common concerns observed were transportation, money/finances, and in-home care and chore service. Attachments listed below and included in the Appendix include articles seeking community input, surveys, and focus group script.

The Advisory Committee and Oversight Committee participated in a discussion of the results of the surveys and focus groups.

The Community Engagement Report will include results from surveys, focus groups and interviews.

Attachments:

- A: Insert from Winter Newsletter – Invitation to Complete Survey #1
- B: Survey #1
- C: Article from Spring Newsletter – Focus Group Invitation
- D: Focus Group Script
- E: Insert from April Mini-Newsletter – Invitation to Complete Survey #2
- F: Survey #2
- G: Insert from August Mini-Newsletter
- H: Community Engagement Report
- I: Meeting Minutes from Advisory Committee Meeting(s)
- J: Meeting Minutes from Oversight Committee Meeting(s)

Public Hearing

The Public Hearing occurred on Thursday, September 16, 2021 at 12:00PM at the West Square Building (505 Broadway), Baraboo, WI 53913, in County Board Room 326A.

No members of the public were present. There is no summary to report.

Attachments:

K: Affidavit of Publication

L: Public Hearing Report

Goals for the Plan Period

The following seven pages are the Aging Unit goals for the 2022-2024 plan period. These goals incorporate four required program areas (Caregiver, Health Promotion, Nutrition and Home and Community-Based Services) and four required values (Advocacy, Consumer Choice, Community Engagement, and Equity).

Focus area: Advocacy		Due Date
Goal statement: To empower older adults to feel confident in approaching elected leaders about issues important to them.		June '24
Plan for measuring overall goal success – pre/post surveys from trainings, attendance at workshops		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Utilize department newsletter (approx. 2,500) to disseminate information about advocacy		
Action step: Annually, the newsletter will include local legislature information and contact information	Info put in newsletter	Yearly
Action step: Annually, the newsletter will include an article about self-efficacy, encouraging older adults to be their best, advocacy, etc.	Info put in newsletter	Yearly
Strategy 2: Offer workshop on advocacy, policy, or legislative process		
Action step: Secure local leader to facilitate training and set date for workshop	Facilitator secured and date on calendar	Jan '24
Action step: Advertise for workshop (newsletter, newspapers, radio)	Marketing conducted	Mar '24
Action step: Conduct pre-evaluation to determine advocacy knowledge, hold workshop	Workshop completed with 10 participants	June '24
Action step: Conduct post-evaluation	Evaluation will show an increase in knowledge	June '24
Strategy 3: “What’s Your New Purpose” presentations and handouts given to older adults		
Action step: Secure local individual who could provide “What’s Your New Purpose” to newly retired individuals	Secure individual, meet to determine content	Mar '23
Action step: Advertise “What’s Your New Purpose” to Welcome to Medicare participants and post in newsletter	Advertise presentation	June '23
Action step: Hold “What’s Your New Purpose” presentation, survey participants after to determine if they have an increased sense of self-efficacy	Hold presentation and survey	Sept '23
Action step: Aging Staff will work with local individual who gave self-efficacy presentation to create handout to be given out at Welcome to Medicare presentations and to newly retired individuals who contact the ADRC.	Handout is created and distributed as needed	Dec '23
Action step: contact businesses in an effort to distribute created handout as well as share how ADRC can assist individuals who are retiring	10 businesses in each community will have handout and ADRC brochures to distribute	Mar '24
Annual progress notes		

Focus area: Consumer Choice, Nutrition		Due Date
Goal statement: Increase opportunity for program participants and community members to share opinions and ideas		Dec '24
Plan for measuring overall goal success – Number of responses for public input, satisfaction surveys for program participants		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Create an ideas space on ADRC website for community members to provide ideas, comments, questions		
Action step: Contact tech department to request this option become available, implement	Tech dept. is contacted and option is available	Jan '22
Action step: Advertise in newsletter and newspapers of new opportunity	Info is in Spring Newsletter	Mar '22
Action step: Brainstorm other ways to share the ideas space with community members	Implement one strategy from brainstorm	June '22
Action step: Discuss feedback at ADRC/Aging staff meetings and determine if updates/changes can be/need to be made	Agenda item "Ideas Space" quarterly (June, Sept, Dec)	Dec '22, then quarterly
Strategy 2: Increase opportunity for feedback from Meals on Wheels clients		
Action step: Research and brainstorm what questions we want to hear feedback on	Questions are gathered and survey is developed	Mar '23
Action step: Add optional satisfaction survey on back of donation letters	Survey added, first donation letter w/ survey mailed out	May '23
Action step: Determine best method of reaching MCO clients who do not receive a donation letter, implement	Strategy is determined and survey implemented for MCO clients	June '23
Action step: Meet with dining site managers and Health Care Center kitchen staff quarterly to discuss results from optional survey	Agenda item "Survey Results" for quarterly Nutrition Meetings	'23: Sept, Dec, then quarterly
Action step: Update Meals on Wheels clients of survey results and any changes made to nutrition program based on client feedback	Report mailed to clients	Jan '24, then annually
Strategy 3: Increase opportunity for the general public to comment and make suggestions on ADRC programs and services		
Action step: Box ideas placed in ADRC lobby	Box placed	Jan '24
Action step: I&A, EBS/DBS, Aging Staff, Receptionist encourage clients to drop their ideas in the box	Responses gathered before quarterly meetings; 6 responses	Mar '24
Action step: Look at suggestions quarterly at ADRC staff meetings	Agenda item "Ideas Box" quarterly	Oct '24, then quarterly
Action step: Determine if there are strategies from the ideas box that can be implemented	1 idea implemented	Oct '24
Annual progress notes		

Focus area: Nutrition & Health Promotion		Due Date
Goal statement: Increase availability of education for congregate diners, health promotion participants and other older adults.		July '24
Plan for measuring overall goal success – SAMS data: nutrition education/health promotion programs, satisfaction surveys		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Increase availability of education specific to nutrition		
Action step: Get Nutrition Coordinator trained in Stepping Up Your Nutrition	Leader is trained	June '22
Action step: Provide Stepping Up Your Nutrition to all 4 congregate dining sites	10 participants attend session at each dining site	Dec '22
Action step: Expand number of leaders trained by offering and getting interested diners and/or volunteers trained	2 additional leaders trained	Dec '22
Strategy 2: Integrate nutrition and other health promotion programs together		
Action step: Provide Stepping Up Your Nutrition as Session Zero's in: Stepping On, PTC, and BYBM	SUYN will be provided for all 3 EBP	Dec '23
Action step: Provide materials to participants about all available ADRC Nutrition and Health Promotion services after Session Zero's are complete	Materials distributed to participants	Dec '23
Strategy 3: Set up referral process with organizations who provide high level evidence-based programs in Sauk County		
Action step: Research what organizations offer high level evidence-based programming	List of programs created	Mar '24
Action step: Meet with organizations to develop referral process specific to each organization	Meet with each organization, referral process in place	May '24
Action step: Create uniform brochure that has all available programs in Sauk County, each organization with EBP has access to brochure	Brochure created and available to each organization	July '24
Annual progress notes		

Focus area: Equity (Rural)		Due Date
Goal statement: Increase consumer knowledge and access to ADRC services by rural residents (communities of: La Valle/Ironton, Plain/Spring Green, North Freedom/Rock Springs, and Merrimac)		Dec 23
Plan for measuring overall goal success – SAMS data, overall increase in program participation, attendance at meet and greets		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Marketing campaign targeted at rural individuals		
Action step: Research existing programs and brainstorm ideas for reaching rural residents	List of ideas is created	Mar '22
Action step: Establish partnerships with local rural leaders/organizations to share what the ADRC does and goal of reaching rural residents	Meetings are held with organizations who serve rural residents	June '22
Action step: Work with partners to create marketing materials that are appropriate for rural residents, distribute	Material is created, distributed	Sept '22
Strategy 2: Hold town halls/meet and greets in rural communities		
Action step: Assess rural community needs by seeking input from partnerships created in Strategy 1	Hold meetings with key leaders in rural communities	Jan '23
Action step: Determine best locations and times for town halls/meet and greets	Locations/times are set	Feb '23
Action step: Advertise for town halls/meet and greets	Advertising material is distributed	June '23
Action step: Hold ADRC meet and greets	1 meeting is held and attended by 10 consumers in 5 rural areas	Dec '23
Annual progress notes		

Focus area: Caregiver, Consumer Choice, Community Engagement		Due Date
Goal statement: Increase caregiver access to and knowledge of caregiver support services in order to reduce caregiver stress and burden.		Dec '24
Plan for measuring overall goal success – Yearly satisfaction surveys (90% respond Good to Excellent), data from caregiver newsletter and Dementia Friendly Dinners		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Create bi-monthly Caregiver Newsletter	Newsletter is distributed to 30 caregivers	
Action step: Survey current caregivers to determine what content would be beneficial	Receive feedback from 10 caregivers	Mar '22
Action step: Put a survey in Summer 2022 ADRC Newsletter to get caregivers to sign up for Caregiver Newsletter	Get 20 caregivers to sign up	Aug '22
Action step: Send out first Caregiver Newsletter	Caregiver newsletter is mailed/emailed in September 2022	Sept '22
Action step: Invite caregivers to submit advice, tips to be included in newsletter	Receive feedback from 3 caregivers	Nov '22
Strategy 2: Increase usage of current Caregiver Lending Library	Increase items loaned out from June 2022 to June 2023 by 50%	
Action step: Research other lending libraries on what items would be helpful	Receive feedback and purchase 1 item of interest	Oct '22
Action step: Get Caregiver Lending Library information into Caregiver Newsletter and ADRC Newsletter	Get inquiries from 2 caregivers about library items	Jan '23
Action step: Invite caregivers to submit their ideas for what items would be helpful	Receive feedback from 2 caregivers and purchase 1 item of interest	Jan '23
Strategy 3: Increase availability of Dementia Friendly Dinners	Sauk County will have Dementia Friendly Dinners quarterly at restaurants in Baraboo, Sauk City, Spring Green, and Reedsburg	
Action step: Meet with Jay at Jay's Pub to determine his success with DFD and advice for starting other DFDs in Sauk County	Meeting with Jay	Jan '24
Action step: Approach 2 restaurants in Baraboo, Sauk City, and Spring Green about holding DFDs	Get commitment from 1 restaurant in Baraboo, Sauk City, and Spring Green	Mar 24
Action step: Get participating restaurants Dementia Friendly Business Trained and Dementia Friendly Dinner prepared	Restaurants are Dementia Friendly Trained	June '24
Action Step: Hold 4 Dementia Friendly Dinners by Dec 2024	DFD's attended by 5 caregivers at each event	Dec '24
Annual progress notes		

Focus area: Home & Community-Based Services, Community Engagement		Due Date
Goal statement: Increase availability of in-home care and chore services for older adults		Nov 23
Plan for measuring overall goal success – satisfaction survey results from clients and workers, increase number of available workers on HH@H list		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Increase number of Helping Hands at Home workers		
Action step: Research other programs and brainstorm to see how similar lists are structured	Ideas are brainstormed and written	Mar '22
Action step: Survey to workers to determine gaps in services, overall satisfaction with program, and strategies to help improve	Surveys received from 50% of current workers	May '22
Action step: Survey clients who utilize HH@H list to determine gaps in service, overall satisfaction and strategies to help improve list	Surveys returned	May '22
Action step: Design and implement marketing campaign to increase number of workers on the list	Marketing material is distributed, 10 new applications received	Aug '22
Action step: Implement strategies found from survey and add new workers to the list	List is updated and distributed, notice put in Newsletter	Sept '22
Strategy 2: Work with UW Baraboo and Madison College in Reedsburg to increase number of workers		
Action step: Meet with UW Baraboo and Madison College staff and share need for additional workers to provide in-home care/chore services for older adults	Meeting held with staff	Aug '23
Action step: Work with school to determine best method to reach interested students, distribute marketing material and HH@H applications	Marketing materials and applications are distributed	Sept '23
Action step: Add approved students to the HH@H list	5 students added to the HH@H list	Nov '23
Annual progress notes		

Focus area: Equity & Community Engagement		Due Date
Goal statement: Aging programs and services will be welcoming to all people		June '24
Plan for measuring overall goal success: Increase in the number of individuals from diverse backgrounds that participate in aging programs (Nutrition, Caregiver, Prevention and HCBS) – SAMS data		
Specific strategies and steps to meet your goal:	Measure	Due Date
Strategy 1: Aging Unit staff will increase their knowledge/awareness of inclusivity/equity issues		
Action step: Inclusivity/equity training for staff to occur at least annually	100% of ADRC staff will receive training	Yearly
Action step: Utilize information learned from training to ensure ADRC is inclusive	Environmental or programmatic changes made	Ongoing
Action step: Add equity topics to staff meeting agendas, every-other-month	50% of staff meetings will include topic of equity	Every other month
Strategy 2: Connect with community organizations who serve individuals from diverse backgrounds		
Action step: Make list of community organizations who serve individuals from diverse backgrounds	List created	Mar '23
Action step: Meet with DHS's Health Equity Consultant to determine best method and script for approaching organizations	Meeting held with DHS	June '23
Action step: Contact organizations from list and introduce ADRC	Introductions made with each organization on list	Aug '23
Action step: Add organizations to newsletter mailing list	Quarterly communication with these agencies	Sept '23
Strategy 3: Expand ADRC marketing material to better serve individuals from diverse backgrounds		
Action step: Meet with partners established in Strategy 2 to determine best method for marketing to individuals from diverse backgrounds	Meetings held	Nov '23
Action step: Work with partners to update marketing material to suit the needs of their specific demographic (i.e. translating newsletter in Spanish)	Marketing materials updated	Jan '24
Action step: Distribute updated material	Materials are distributed	June '24
Annual progress notes		

Coordination Between Title III and Title VI

In an effort to share what each organization can provide older adults in Sauk County, ADRC staff will reach out to the Ho-Chunk each year to share various program information. The ADRC has a working relationship with Kristin White Eagle who serves on the Ho-Chunk Nation Legislative Branch and the Sauk County Board of Supervisors. The Aging Program Coordinator will reach out to Kristin White Eagle to share what Health Promotion programs are facilitated by the ADRC and learn what programs are available from the Ho-Chunk. This will be accomplished by December 2022. The Volunteer Coordinator will reach out to Kristin White Eagle to share the needs of the volunteer program and how individuals can become an ADRC volunteer. This will be accomplished by December 2023. Lastly, the Transportation Coordinator will reach out to Kristin White Eagle to share what transportation options are available to Sauk County residents, including members of the Ho-Chunk. This will be accomplished by December 2024.

Organization, Structure and Leadership of the Aging Unit

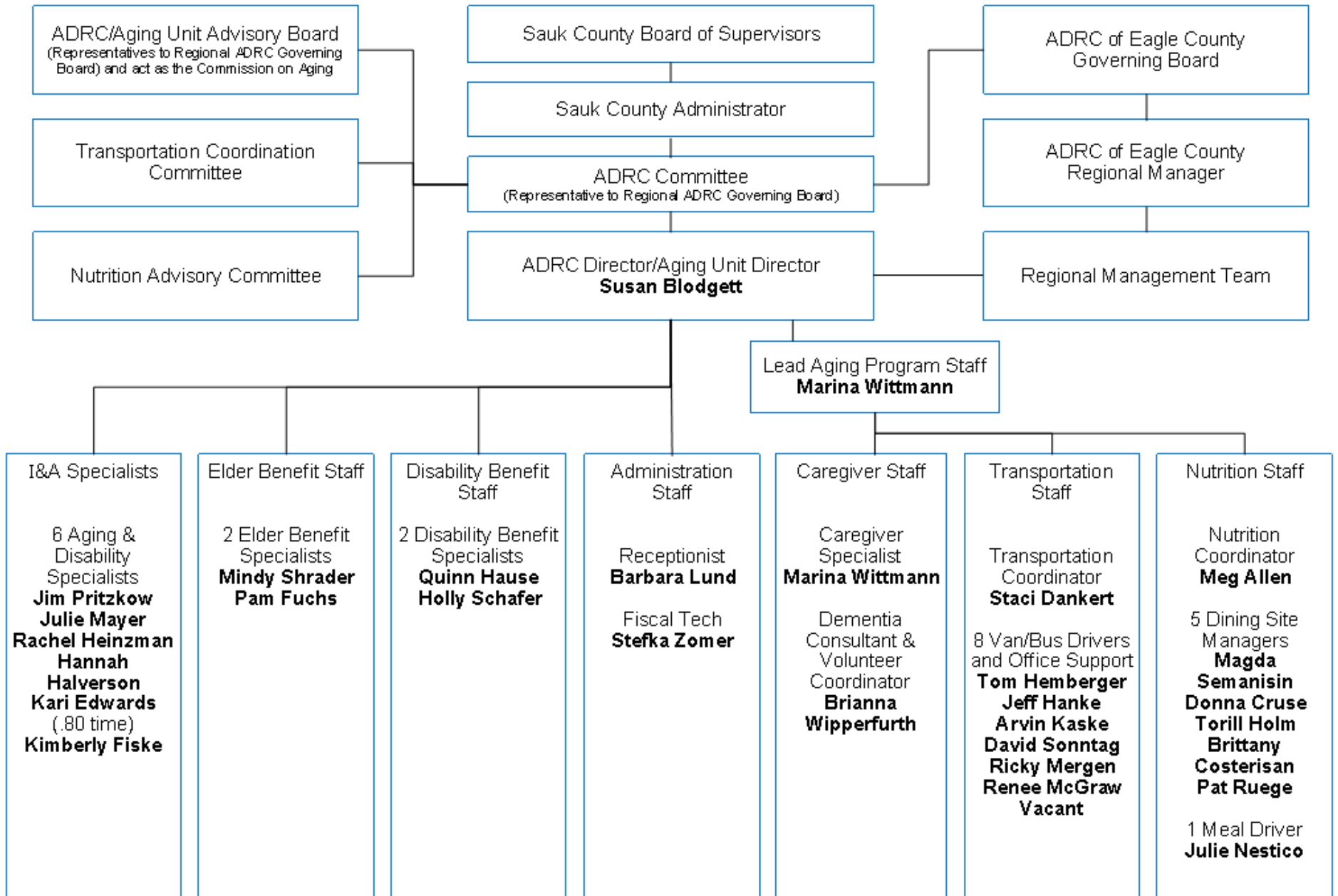
Primary Contact to Respond to Questions About the Aging Plan

Susan Blodgett, ADRC Director
Sauk County
Aging & Disability Resource Center
505 Broadway
Baraboo, WI 53913
susan.blodgett@saukcountywi.gov
(608)355-3289

Organizational Chart of the Aging Unit

Chart is on the next page

ADRC Organizational Chart



ADRC & LEVY

AGING, LEVY &
ADRC FFP

ADRC & LEVY

ALL FUNDING
SOURCES

AGING & LEVY

TRANSPORTATION
& LEVY

AGING & LEVY

Staff of the ADRC

Staff Name and Contact Info	Description of Job Duties
Susan Blodgett ADRC of Sauk County Director (608)355-3289 susan.blodgett@saukcountywi.gov	Responsible for administration of all Sauk County Aging & Disability Programs
Jim Pritzkow Information & Assistant Specialist (I&A) (608)355-3289 jim.pritzkow@saukcountywi.gov	Provides information, assistance, options counseling, and process enrollment to publicly funded long-term care programs to consumers
Julie Mayer Information & Assistant Specialist (I&A) (608)355-3289 julie.mayer@saukcountywi.gov	Provides information, assistance, options counseling, and process enrollment to publicly funded long-term care programs to consumers
Rachel Heinzman Information & Assistant Specialist (I&A) (608)355-3289 rachel.heinzman@saukcountywi.gov	Provides information, assistance, options counseling, and process enrollment to publicly funded long-term care programs to consumers
Hannah Halverson Information & Assistant Specialist (I&A) (608)355-3289 hannah.halverson@saukcountywi.gov	Provides information, assistance, options counseling, and process enrollment to publicly funded long-term care programs to consumers
Kari Edwards Information & Assistant Specialist (I&A) (608)355-3289 kari.edwards@saukcountywi.gov	Provides information, assistance, options counseling, and process enrollment to publicly funded long-term care programs to consumers
Kimberly Fiske Information & Assistant Specialist (I&A) (608)355-3289 kimberly.fiske@saukcountywi.gov	Provides information, assistance, options counseling, and process enrollment to publicly funded long-term care programs to consumers
Mindy Shrader Elder Benefit Specialist (608)355-3289 mindy.shrader@saukcountywi.gov	Advocates for elderly clients, assists in benefit applications, represents clients in administrative appeal proceedings
Pam Fuchs Elder Benefit Specialist (608)355-3289 pam.fuchs@saukcountywi.gov	Advocates for elderly clients, assists in benefit applications, represents clients in administrative appeal proceedings
Quinn Hause Disability Benefit Specialist (608)355-3289 quinn.hause@saukcountywi.gov	Advocates for consumers 18-59 with disabilities; assists in benefit applications, represents clients in administrative appeal proceedings
Holly Shafer Disability Benefit Specialist (608)355-3289 holly.shafer@saukcountywi.gov	Advocates for consumers 18-59 with disabilities; assists in benefit applications, represents clients in administrative appeal proceedings

Staff Name and Contact Info	Description of Job Duties
Barbara Lund Receptionist (608)355-3289 barbara.lund@saukcountywi.gov	Takes all incoming calls and walk-ins, directing to proper staff. Oversees sale of taxi tickets and daily receipts
Stefka Zomer Fiscal Tech (608)355-3289 stefka.zomer@saukcountywi.gov	Accounts payable/receivable, assists with budget preparation and payroll
Marina Wittmann Aging Program Coordinator (608)355-3289 marina.wittmann@saukcountywi.gov	Serves as caregiver coordinator and health promotion coordinator, also oversees all aging programs
Brianna Wipperfurth Volunteer Coordinator/Dementia Adviser (608)355-3289 brianna.wipperfurth@saukcountywi.gov	Works with Dementia Friendly efforts in Sauk County; recruits, tracks and retains all ADRC volunteers; responsible for quarterly newsletter
Staci Dankert Transportation Coordinator (608)355-3289 staci.dankert@saukcountywi.gov	Manages ADRC transportation program, overseeing all aspects of ridership, fleet management, database and grants
Tom Hemberger Driver and Office Support (608)355-3289 tom.hemberger@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
Jeff Hanke Driver and Office Support (608)355-3289 jeff.hanke@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
Arvin Kaske Driver (608)355-3289 arvin.kaske@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
David Sonntag Driver (608)355-3289 david.sonntag@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
Ricky Mergen Driver (608)355-3289 ricky.mergen@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
Nik Imobersteg Driver (608)355-3289 niklaus.imobersteg@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services

Staff Name and Contact Info	Description of Job Duties
Renee McGraw Driver (608)355-3289 renee.mcgraw@saukcountywi.gov	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
Vacant Driver (608)355-3289 Vacant	Provides clerical support in transportation and drives county-owned vehicles providing specialized transportation services
Meg Allen Nutrition Coordinator (608)355-3289 margaret.allen@saukcountywi.gov	Oversight of all congregate and home delivered meals, SAMS data entry and reports
Magda Semanisin Dining Site Manger – Baraboo (608)963-3436 magda.semanisin@saukcountywi.gov	Ensures all congregate and home delivered meals are provided in the Baraboo area; responsible for ServSafe procedures
Donna Cruse Dining Site Manger – The Shed (608)355-3289	Ensures congregate meals are provided in the Spring Green area; responsible for ServSafe procedures
Torill Holm Dining Site Manger – Sauk City (608)963-3437 saukprdc@saukcountywi.gov	Ensures all congregate and home delivered meals are provided in the Sauk Prairie area; responsible for ServSafe procedures
Brittany Costerisan Dining Site Manager – Reedsburg (608)963-3438 reedsburgdc@saukcountywi.gov	Ensures all congregate and home delivered meals are provided in the Reedsburg area; responsible for ServSafe procedures
Pat Ruege Dining Site Manger – Lake Delton (608)393-7214 lakedeltondc@saukcountywi.gov	Ensures all congregate and home delivered meals are provided in the Lake Delton area; responsible for ServSafe procedures
Julie Nestico Meal Driver (608)355-3289 julie.nestico@saukcountywi.gov	Takes prepared meals from the Sauk County Health Care Center and delivers to dining sites; also delivers weekly frozen routes

Aging Unit Coordination with ADRCs

The Aging Unit of Sauk County has been fully integrated with the Aging and Disability Resource Center of Eagle Country, Baraboo office since 2008, where the department has functioned as a combined Aging/ADRC. Our mission statement reflects the premise by which we operate. The Aging Unit and ADRC serve Sauk County.

Statutory Requirements for the Structure of the Aging Unit

[Chapter 46.82 of the Wisconsin Statutes](#) sets certain legal requirements for aging units. Consider if the county or tribe is in compliance with the law. If the aging unit is part of an ADRC the requirements of [46.82](#) still apply.

Organization: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
(1) An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	
(2) A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe.	X
(3) A private, nonprofit corporation, as defined in s. 181.0103 (17).	
Organization of the Commission on Aging: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	X
For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
Full-Time Aging Director: The law requires that the aging unit have a full-time director as described below. Does the county have a full-time aging director as required by law?	Yes

Role of the Policy-Making Body

The policy-making body, also called the commission on aging, must approve the aging unit plan. Evidence of review and approval of the draft and final version of the aging unit plan must be included as part of the plan. Attach the evidence of this required involvement as an appendix to the aging plan. (Appendix J & K)

Membership of the Policy-Making Body

The commission is the policy making entity for aging services (46.82 (4) (a) (1)) and an aging advisory committee is not the commission. List the membership of the aging unit's policy-making body using the template provided below and include in the body of the aging plan. There are term limits for the membership of the policy-making body.

Aging & Disability Resource Center and Veterans Service Office Committee

Name	Age 60 and Older	Elected Official	Year First Term Began
Chairperson: Ross Curry		X	2018
Dennis Polivka	X	X	2020
Thomas Dorner	X	X	2020
David Riek	X	X	2020
Michelle Buschweiler		X	2020

Role of the Advisory Committee

Where an aging unit has both an advisory committee (sometimes referred to as the advisory council) and a policy-making body, a key role of the advisory committee is to advise the policy-making body in the development of the plan and to advocate for older adults. Evidence of this involvement should be listed as an attachment in the appendices of the aging unit plan. (Appendix I)

Membership of the Advisory Committee

An aging advisory committee is required if the commission (policy-making body) does not follow the Elders Act requirements for elected officials, older adults, and terms, or if the commission is a committee of the county board (46.82 (4) (b) (1)). If the aging unit has an advisory committee, list the membership of the advisory committee using the template provided below and include in the body of the aging plan. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee. There are no term limit requirements on advisory committees.

Sauk County Aging & Disability Resource Center Advisory Committee

Name	Age 60 and Older	Elected Official	Start of Service
Chairperson: Art Carlson	X		2017
JoEllen Waddell	X		2017
Thomas Dorner	X	X	2020
Ross Curry		X	2021
Dale Johnson			2021
Michelle Crary			2021
Judy Ellington	X		2021
Andrea Lombard	X		2021
Joan Fordham	X		2021

Budget Summary

Chart 3: 2022 Sauk County Aging Unit Budget

	Federal Contract Funds	Cash Match Funds	Other Federal Funds	Other State Funds	Other Local Funds	Program Income Funds	Total Cash Funds	In-Kind Match Allocations	Grand Total
Supportive Services	\$ 63,246.00	\$ 12,000.00	\$ -	\$ -	\$ -	\$ -	\$ 75,246.00	\$ -	\$ 75,246.00
Congregate Nutrition Services	\$ 177,543.00	\$ 55,000.00	\$ -	\$ -	\$ -	\$ 10,000.00	\$ 242,543.00	\$ 25,000.00	\$ 267,543.00
Home Delivered Nutrition Services	\$ 159,240.00	\$ 55,000.00	\$ 31,968.00	\$ 7,587.00	\$ -	\$ 70,000.00	\$ 323,795.00	\$ 75,000.00	\$ 398,795.00
Health Promotion Services	\$ 4,997.00	\$ 600.00	\$ -	\$ -	\$ -	\$ -	\$ 5,597.00	\$ -	\$ 5,597.00
Caregiver Services - 60+	\$ 28,500.00	\$ 11,000.00	\$ -	\$ -	\$ -	\$ -	\$ 39,500.00	\$ -	\$ 39,500.00
Caregiver Services - Underage	\$ 1,636.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,636.00	\$ -	\$ 1,636.00
Alzheimer's	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Elder Abuse	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Grand Total	\$ 435,162.00	\$ 133,600.00	\$ 31,968.00	\$ 7,587.00	\$ -	\$ 80,000.00	\$ 688,317.00	\$ 100,000.00	\$ 788,317.00

Chart 3: 2022 Sauk County Aging Unit Budget Summary. Funds used to support Older Americans Act service provision are: Federal Contract Funds (Title III Older Americans Act federal funds), Cash Match (County Tax Levy), Other Federal Funds (Nutrition Services Incentive Program – NSIP), Other State Funds (State Senior Community Services – SSCS), Other Local Funds (Local Grants), Program Income Funds (Participant and Community Donations), In-Kind Match Allocation (Value of Volunteer Time and Donated Goods/Services).

Link to ADRC Website with 2022 Aging Unit Budget: <https://www.co.sauk.wi.us/adrc/aging-unit-budget>

Chart 4: Allocation of Funding Sources: 2022 Sauk County Aging Unit Budget

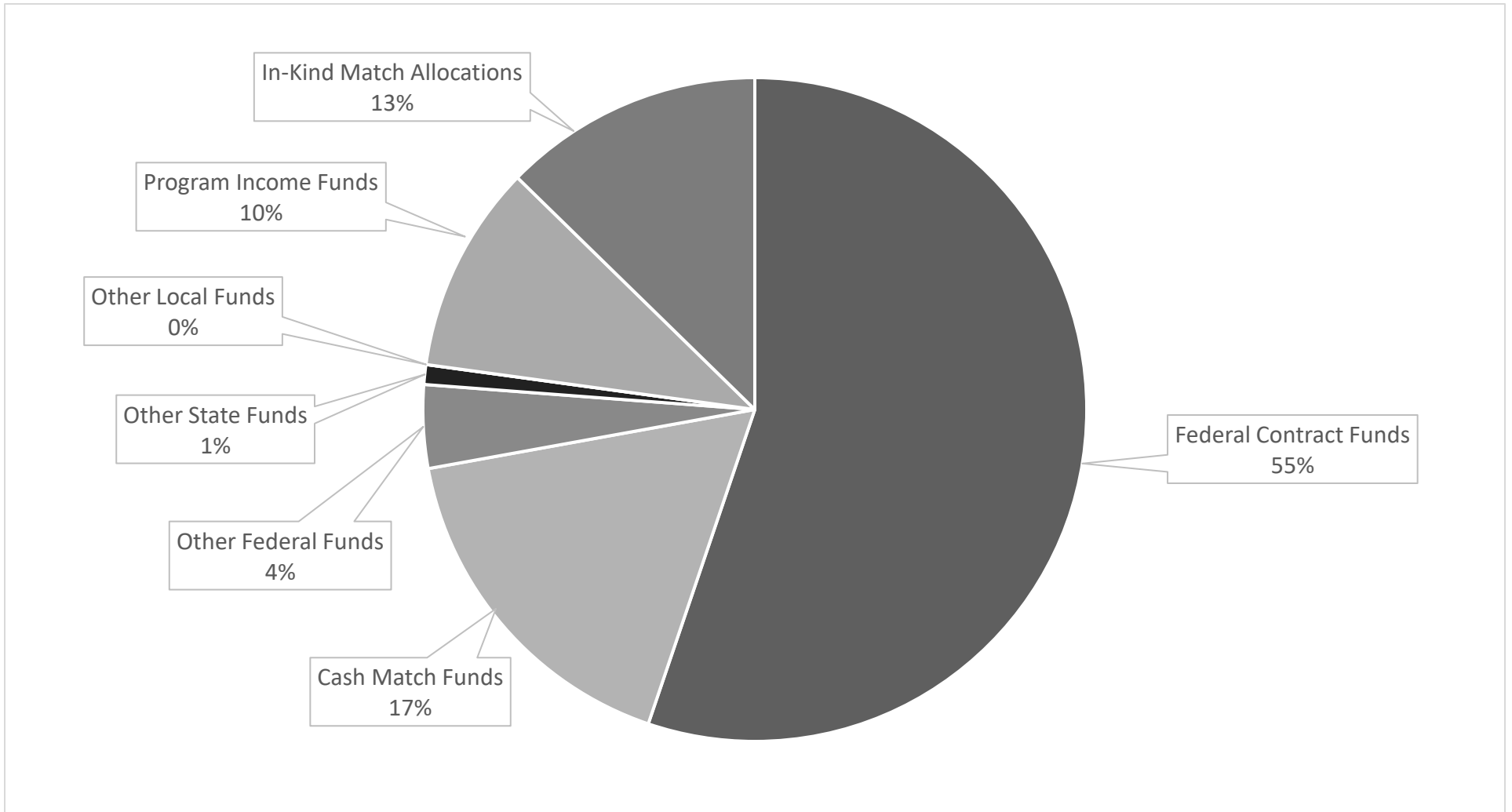


Chart 4: Percentage of funding allocation for 2022 Sauk County Aging Unit Budget – 55% Federal Contract Funds, 17% Cash Match, 4% Other Federal Funds, 1% Other State Funds, 0% Other Local Funds, 10% Program Income Funds, and 13% In-Kind Match Allocations.

Chart 4: Expenses by Program Category

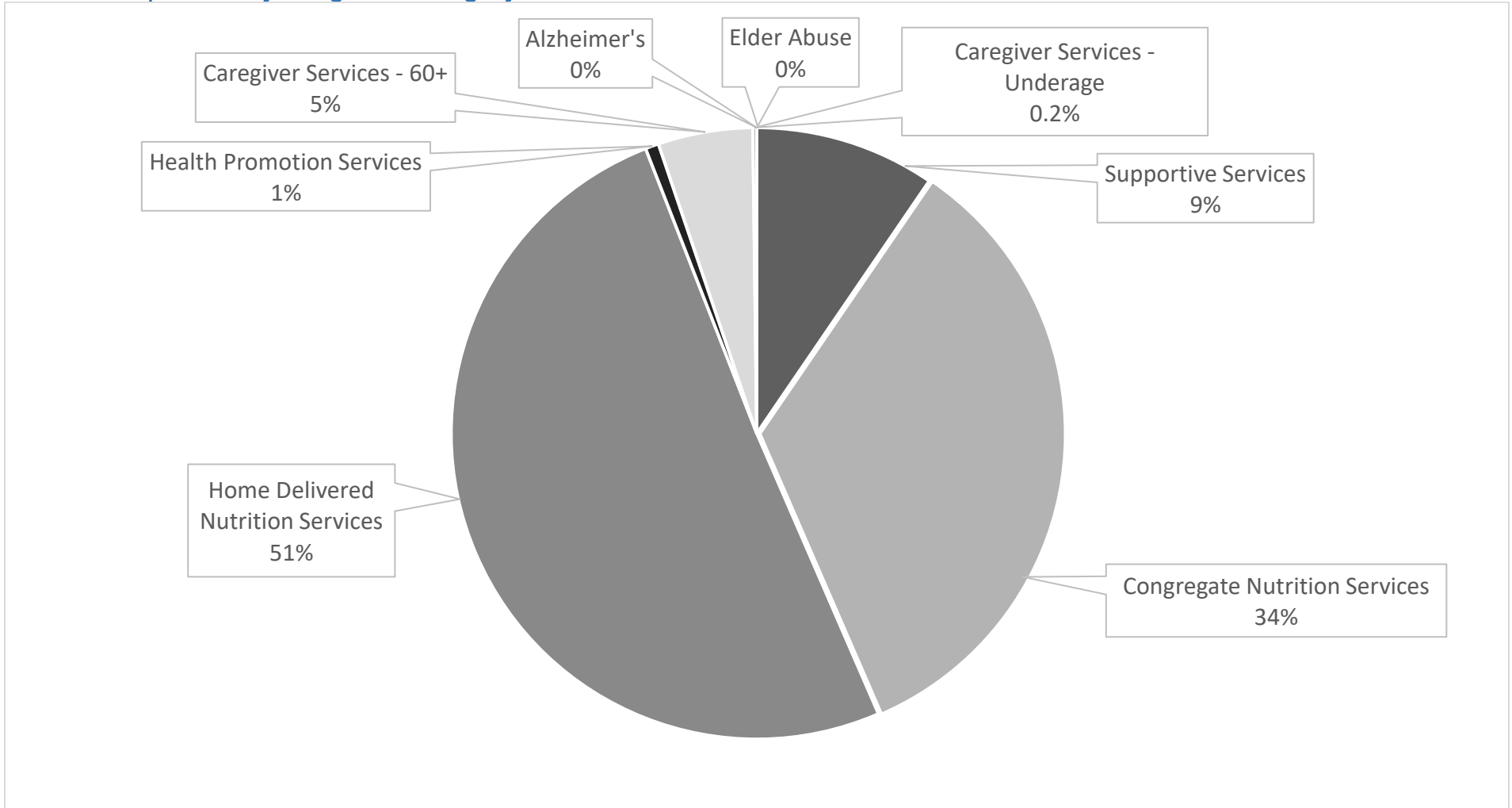



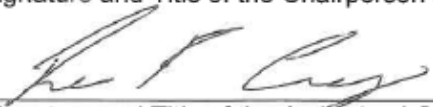
Chart 5: Percentage of Expenses by Program Category for 2022 Sauk County Aging Unit Budget – 9% Supportive Services, 34% Congregate Nutrition Services, 51% Home Delivered Nutrition Services, 1% Health Promotion Services, 5% Caregiver Services – adults 60+, 0% Alzheimer’s, 0% Elder Abuse, and 0.2% Caregiver Services – Underage.

Verification of Intent

The person(s) authorized to sign the final plan on behalf of the commission on aging and the county board must sign and indicate their title. This approval must occur before the final plan is submitted to the AAA for approval.

In the case of multi-county aging units, the verification page must be signed by the representatives, board chairpersons, and commission on aging chairpersons, of all participating counties.

We verify that all information contained in this plan is correct.

 _____ Signature and Title of the Chairperson of the Commission on Aging	<u>Oct 27/2021</u> Date
 _____ Signature and Title of the Authorized County Board Representative	<u>Oct 28 2021</u> Date

Assurances of Compliance with Federal and State Laws and Regulations

A signed copy of this statement must accompany the plan. The plan must be signed by the person with the designated authority to enter into a legally binding contract. Most often this is the county board chairperson. The assurances agreed to by this signature page must accompany the plan when submitted to the AAA and BADR.

The assurances need not be included with copies of the plan distributed to the public.

Use the template provided below and include in the body of the aging plan.

Compliance with Federal and State Laws and Regulations for 2022-2024

On behalf of the county, we certify

Sauk County Aging Unit

has reviewed the appendix to the county plan entitled Assurances of Compliance with Federal and State Laws and Regulations for 2022-2024. We assure that the activities identified in this plan will be carried out to the best of the ability of the county in compliance with the federal and state laws and regulations listed in the Assurances of Compliance with Federal and State Laws and Regulations for 2022-2024.



Signature and Title of the Chairperson of the Commission on Aging Oct 27/2021
Date



Signature and Title of the Authorized County Board Representative Oct 28 - 2021
Date

The applicant certifies compliance with the following regulations:

1. Legal Authority of the Applicant

- The applicant must possess legal authority to apply for the grant.
- A resolution, motion or similar action must be duly adopted or passed as an official act of the applicant's governing body, authorizing the filing of the application, including all understandings and assurances contained therein.
- This resolution, motion or similar action must direct and authorize the person identified as the official representative of the applicant to act in connection with the application and to provide such additional information as may be required.

2. Outreach, Training, Coordination & Public Information

- The applicant must assure that outreach activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources Resource's designated Area Agency on Aging.
- The applicant must assure that each service provider trains and uses elderly persons and other volunteers and paid personnel as required by the Bureau of Aging and Disability Resources Resource's designated Area Agency on Aging.
- The applicant must assure that each service provider coordinates with other service providers, including senior centers and the nutrition program, in the planning and service area as required by the Bureau of Aging and Disability Resources Resource's designated Area Agency on Aging.
- The applicant must assure that public information activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources Resource's designated Area Agency on Aging.

3. Preference for Older People with Greatest Social and Economic Need

The applicant must assure that all service providers follow priorities set by the Bureau of Aging and Disability Resources Resource's designated Area Agency on Aging for serving older people with greatest social and economic need.

4. Advisory Role to Service Providers of Older Persons

The applicant must assure that each service provider utilizes procedures for obtaining the views of participants about the services they receive.

5. Contributions for Services

- The applicant shall assure that agencies providing services supported with Older Americans Act and state aging funds shall give older adults a free and voluntary opportunity to contribute to the costs of services consistent with the Older Americans Act regulations.
- Each older recipient shall determine what he/she is able to contribute toward the cost of the service. No older adult shall be denied a service because he/she will not or cannot contribute to the cost of such service.

- The applicant shall provide that the methods of receiving contributions from individuals by the agencies providing services under the county/tribal plan shall be handled in a manner that assures the confidentiality of the individual's contributions.
- The applicant must assure that each service provider establishes appropriate procedures to safeguard and account for all contributions.
- The applicant must assure that each service provider considers and reports the contributions made by older people as program income. All program income must be used to expand the size or scope of the funded program that generated the income. Nutrition service providers must use all contributions to expand the nutrition services. Program income must be spent within the contract period that it is generated.

6. Confidentiality

- The applicant shall ensure that no information about, or obtained from an individual and in possession of an agency providing services to such individual under the county/tribal or area plan, shall be disclosed in a form identifiable with the individual, unless the individual provides his/her written informed consent to such disclosure.
- Lists of older adults compiled in establishing and maintaining information and referral sources shall be used solely for the purpose of providing social services and only with the informed consent of each person on the list.
- In order that the privacy of each participant in aging programs is in no way abridged, the confidentiality of all participant data gathered and maintained by the State Agency, the Area Agency, the county or tribal aging agency, and any other agency, organization, or individual providing services under the State, area, county, or tribal plan, shall be safeguarded by specific policies.
- Each participant from whom personal information is obtained shall be made aware of his or her rights to:
 - (a) Have full access to any information about one's self which is being kept on file;
 - (b) Be informed about the uses made of the information about him or her, including the identity of all persons and agencies involved and any known consequences for providing such data; and,
 - (c) Be able to contest the accuracy, completeness, pertinence, and necessity of information being retained about one's self and be assured that such information, when incorrect, will be corrected or amended on request.
- All information gathered and maintained on participants under the area, county or tribal plan shall be accurate, complete, and timely and shall be legitimately necessary for determining an individual's need and/or eligibility for services and other benefits.
- No information about, or obtained from, an individual participant shall be disclosed in any form identifiable with the individual to any person outside the agency or program involved without the informed consent of the participant or his/her legal representative, except:
 - (a) By court order; or,
 - (b) When securing client-requested services, benefits, or rights.
- The lists of older persons receiving services under any programs funded through the State Agency shall be used solely for the purpose of providing said services, and can only be released with the informed consent of each individual on the list.
- All paid and volunteer staff members providing services or conducting other activities under the area plan shall be informed of and agree to:

(a) Their responsibility to maintain the confidentiality of any client-related information learned through the execution of their duties. Such information shall not be discussed except in a professional setting as required for the delivery of service or the conduct of other essential activities under the area plan; and,

(b) All policies and procedures adopted by the State and Area Agency to safeguard confidentiality of participant information, including those delineated in these rules.

- Appropriate precautions shall be taken to protect the safety of all files, microfiche, computer tapes and records in any location which contain sensitive information on individuals receiving services under the State or area plan. This includes but is not limited to assuring registration forms containing personal information are stored in a secure, locked drawer when not in use.

7. Records and Reports

- The applicant shall keep records and make reports in such form and requiring such information as may be required by the Bureau of Aging and Disability Resources and in accordance with guidelines issued solely by the Bureau of Aging and Disability Resources and the Administration on Aging.
- The applicant shall maintain accounts and documents which will enable an accurate review to be made at any time of the status of all funds which it has been granted by the Bureau of Aging and Disability Resources through its designated Area Agency on Aging. This includes both the disposition of all monies received and the nature of all charges claimed against such funds.

8. Licensure and Standards Requirements

- The applicant shall assure that where state or local public jurisdiction requires licensure for the provision of services, agencies providing services under the county/tribal or area plan shall be licensed or shall meet the requirements for licensure.
- The applicant is cognizant of and must agree to operate the program fully in conformance with all applicable state and local standards, including the fire, health, safety and sanitation standards, prescribed in law or regulation.

9. Civil Rights

- The applicant shall comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and in accordance with that act, no person shall on the basis of race, color, or national origin, be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination under any program or activity under this plan.
- All grants, sub-grants, contracts or other agents receiving funds under this plan are subject to compliance with the regulation stated in 9 above.
- The applicant shall develop and continue to maintain written procedures which specify how the agency will conduct the activities under its plan to assure compliance with Title VI of the Civil Rights Act.
- The applicant shall comply with Title VI of the Civil Rights Act (42 USC 2000d) prohibiting employment discrimination where (1) the primary purpose of a grant is to provide employment or (2) discriminatory employment practices will result in unequal treatment of persons who are or should be benefiting from the service funded by the grant.

- All recipients of funds through the county/tribal or area plan shall operate each program or activity so that, when viewed in its entirety, the program or activity is accessible to and usable by handicapped adults as required in the Architectural Barriers Act of 1968.

10. Uniform Relocation Assistance and Real Property Acquisition Act of 1970

The applicant shall comply with requirements of the provisions of the Uniform Relocation and Real Property Acquisitions Act of 1970 (P.L. 91-646) which provides for fair and equitable treatment of federal and federally assisted programs.

11. Political Activity of Employees

The applicant shall comply with the provisions of the Hatch Act (5 U.S.C. Sections 7321-7326), which limit the political activity of employees who work in federally funded programs. [Information about the Hatch Act is available from the U.S. Office of Special Counsel at <http://www.osc.gov/>]

12. Fair Labor Standards Act

The applicant shall comply with the minimum wage and maximum hours provisions of the Federal Fair Labor Standards Act (Title 29, United States Code, Section 201-219), as they apply to hospital and educational institution employees of state and local governments.

13. Private Gain

The applicant shall establish safeguards to prohibit employees from using their positions for a purpose that is or appears to be motivated by a desire for private gain for themselves or others (particularly those with whom they have family, business or other ties).

14. Assessment and Examination of Records

- The applicant shall give the Federal agencies, State agencies and the Bureau of Aging and Disability Resources Resource's authorized Area Agencies on Aging access to and the right to examine all records, books, papers or documents related to the grant.
- The applicant must agree to cooperate and assist in any efforts undertaken by the grantor agency, or the Administration on aging, to evaluate the effectiveness, feasibility, and costs of the project.
- The applicant must agree to conduct regular on-site assessments of each service provider receiving funds through a contract with the applicant under the county or tribal plan.

15. Maintenance of Non-Federal Funding

- The applicant assures that the aging unit, and each service provider, shall not use Older Americans Act or state aging funds to supplant other federal, state or local funds.
- The applicant must assure that each service provider must continue or initiate efforts to obtain funds from private sources and other public organizations for each service funded under the county or tribal plan.

16. Regulations of Grantor Agency

The applicant shall comply with all requirements imposed by the Department of Health and Family Services, Division of Supportive Living, Bureau of Aging and Disability Resources concerning special requirements of federal and state law, program and fiscal requirements, and other administrative requirements.

17. Older Americans Act

Aging Units, through binding agreement/contract with an Area Agency on Aging must support and comply with following requirements under the Older Americans Act (Public Law 89-73) [As Amended Through P.L. 116-131, Enacted March 25, 2020]

Reference: 45 CFR Part 1321 – Grants to State and Community Programs on Aging.

Sec. 306. (a)

(1) provide, through a comprehensive and coordinated system, for supportive services, nutrition services, and, where appropriate, for the establishment, maintenance, modernization, or construction of multipurpose senior centers (including a plan to use the skills and services of older individuals in paid and unpaid work, including multigenerational and older individual to older individual work), within the planning and service area covered by the plan, including determining the extent of need for supportive services, nutrition services, and multipurpose senior centers in such area (taking into consideration, among other things, the number of older individuals with low incomes residing in such area, the number of older individuals who have greatest economic need (with particular attention to low income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) residing in such area, the number of older individuals who have greatest social need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) residing in such area, the number of older individuals at risk for institutional placement residing in such area, and the number of older individuals who are Indians residing in such area, and the efforts of voluntary organizations in the community), evaluating the effectiveness of the use of resources in meeting such need, and entering into agreements with providers of supportive services, nutrition services, or multipurpose senior centers in such area, for the provision of such services or centers to meet such need;

(2) provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-

(A) services associated with access to services (transportation, health services (including mental health services), outreach, information and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible), and case management services);

(B) in-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and

(C) legal assistance;

and assurances that the Area Agency on Aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded.

(3)(A) designate, where feasible, a focal point for comprehensive service delivery in each community, giving special consideration to designating multipurpose senior centers (including multipurpose senior centers operated by organizations referred to in paragraph (6)(C)) as such focal point; and (B) specify, in grants, contracts, and agreements implementing the plan, the identity of each focal point so designated;

(4)(A)(i)(I) provide assurances that the Area Agency on Aging will—

(aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;

(bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and

(II) include proposed methods to achieve the objectives described in items (aa) and (bb) of subclause (I);

(ii) provide assurances that the Area Agency on Aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—

(I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;

(II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and

(III) meet specific objectives established by the Area Agency on Aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

(4)(A)(iii) With respect to the fiscal year preceding the fiscal year for which such plan is prepared, each Area Agency on Aging shall--

(I) identify the number of low-income minority older individuals and older individuals residing in rural areas in the planning and service area;

(II) describe the methods used to satisfy the service needs of such minority older individuals; and

(III) provide information on the extent to which the Area Agency on Aging met the objectives described in clause (a)(4)(A)(i).

(4)(B)(i) Each Area Agency on Aging shall provide assurances that the Area Agency on Aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on--

(I) older individuals residing in rural areas;

(II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(IV) older individuals with severe disabilities;

(V) older individuals with limited English proficiency;
(VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and
(VII) older individuals at risk for institutional placement, specifically including survivors of the Holocaust; and

(4)(C) Each area agency on agency shall provide assurance that the Area Agency on Aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.

(5) Each Area Agency on Aging shall provide assurances that the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities.

(6)(F) Each area agency will:
in coordination with the State agency and with the State agency responsible for mental health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the Area Agency on Aging with mental health services provided by community health centers and by other public agencies and nonprofit private organizations;

(6)(G) if there is a significant population of older individuals who are Indians in the planning and service area of the area agency on aging, the area agency on aging shall conduct outreach activities to identify such individuals in such area and shall inform such individuals of the availability of assistance under this Act;

(6)(H) in coordination with the State agency and with the State agency responsible for elder abuse prevention services, increase public awareness of elder abuse, neglect, and exploitation, and remove barriers to education, prevention, investigation, and treatment of elder abuse, neglect, and exploitation, as appropriate; and

(9)(A) the area agency on aging, in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2019 in carrying out such a program under this title; and (Ombudsman programs and services are provided by the Board on Aging and Long Term Care)

(10) provide a grievance procedure for older individuals who are dissatisfied with or denied services under this title;

(11) provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-

(A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the Area Agency on Aging will pursue

activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;

(B) an assurance that the Area Agency on Aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and

(C) an assurance that the Area Agency on Aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.

(13) provide assurances that the Area Agency on Aging will

(A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.

(B) disclose to the Assistant Secretary and the State agency-

(i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and

(ii) the nature of such contract or such relationship.

(C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.

(D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.

(E) on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.

(14) provide assurances that funds received under this title will not be used to pay any part of a cost (including an administrative cost) incurred by the Area Agency on Aging to carry out a contract or commercial relationship that is not carried out to implement this title.

(15) provide assurances that funds received under this title will be used-

(A) to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i); and

(B) in compliance with the assurances specified in paragraph (13) and the limitations specified in section 212;

(16) provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care;

(17) include information detailing how the area agency on aging will coordinate activities, and develop long-range emergency preparedness plans, with local and State emergency response

agencies, relief organizations, local and State governments, and any other institutions that have responsibility for disaster relief service delivery;

Wisconsin Elders Act

If the applicant is an aging unit, the aging unit must comply with the provisions of the Wisconsin Elders Act.

Wisconsin Statutes Chapter 46.82 Aging unit.

“Aging unit” means an aging unit director and necessary personnel, directed by a county or tribal commission on aging and organized as one of the following:

- (1) An agency of county or tribal government with the primary purpose of administering programs of services for older individuals of the county or tribe.
- (2) A unit, within a county department under s. 46.215, 46.22
- (3) or 46.23, with the primary purpose of administering programs of
- (4) services for older individuals of the county.
- (5) A private corporation that is organized under ch. 181 and
- (6) that is a nonprofit corporation, as defined in s. 181.0103 (17).

Aging Unit; Creation. A county board of supervisors of a county, the county boards of supervisors of 2 or more contiguous counties or an elected tribal governing body of a federally recognized American Indian tribe or band in this state may choose to administer, at the county or tribal level, programs for older individuals that are funded under 42 USC 3001 to 3057n, 42 USC 5001 and 42 USC 5011 (b). If this is done, the county board or boards of supervisors or tribal governing body shall establish by resolution a county or tribal aging unit to provide the services required under this section. If a county board of supervisors or a tribal governing body chooses, or the county boards of supervisors of 2 or more contiguous counties choose, not to administer the programs for older individuals, the department shall direct the Area Agency on Aging that serves the relevant area to contract with a private, nonprofit corporation to provide for the county, tribe or counties the services required under this section.

Aging Unit; Powers and Duties. In accordance with state statutes, rules promulgated by the department and relevant provisions of 42 USC 3001 to 3057n and as directed by the county or tribal commission on aging, an aging unit:

(a) *Duties.* Shall do all of the following:

1. Work to ensure that all older individuals, regardless of income, have access to information, services and opportunities available through the county or tribal aging unit and have the opportunity to contribute to the cost of services and that the services and resources of the county or tribal aging unit are designed to reach those in greatest social and economic need.
2. Plan for, receive and administer federal, state and county, city, town or village funds allocated under the state and area plan on aging to the county or tribal aging unit and any gifts, grants or payments received by the county or tribal aging unit, for the purposes for which allocated or made.

3. Provide a visible and accessible point of contact for individuals to obtain accurate and comprehensive information about public and private resources available in the community which can meet the needs of older individuals.
4. As specified under s. 46.81, provide older individuals with services of benefit specialists or appropriate referrals for assistance.
5. Organize and administer congregate programs, which shall include a nutrition program and may include one or more senior centers or adult day care or respite care programs, that enable older individuals and their families to secure a variety of services, including nutrition, daytime care, educational or volunteer opportunities, job skills preparation and information on health promotion, consumer affairs and civic participation.
6. Work to secure a countywide or tribal transportation system that makes community programs and opportunities accessible to, and meets the basic needs of, older individuals.
7. Work to ensure that programs and services for older individuals are available to homebound, disabled and non-English speaking persons, and to racial, ethnic and religious minorities.
8. Identify and publicize gaps in services needed by older individuals and provide leadership in developing services and programs, including recruitment and training of volunteers, that address those needs.
9. Work cooperatively with other organizations to enable their services to function effectively for older individuals.
10. Actively incorporate and promote the participation of older individuals in the preparation of a county or tribal comprehensive plan for aging resources that identifies needs, goals, activities and county or tribal resources for older individuals.
11. Provide information to the public about the aging experience and about resources for and within the aging population.
12. Assist in representing needs, views and concerns of older individuals in local decision making and assist older individuals in expressing their views to elected officials and providers of services.
13. If designated under s. 46.27 (3) (b) 6., administer the long-term support community options program.
14. If the department is so requested by the county board of supervisors, administer the pilot projects for home and community-based long-term support services under s. 46.271.
15. If designated under s. 46.90 (2), administer the elder abuse reporting system under s. 46.90.
16. If designated under s. 46.87 (3) (c), administer the Alzheimer's disease family and caregiver support program under s. 46.87.
17. If designated by the county or in accordance with a contract with the department, operate the specialized transportation assistance program for a county under s. 85.21.
18. Advocate on behalf of older individuals to assist in enabling them to meet their basic needs.
19. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.283 (1) (a) 1., apply to the department to operate a resource center under s. 46.283 and, if the department contracts with the county under s. 46.283 (2), operate the resource center.
20. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.284 (1) (a) 1., apply to the department to operate a care management organization under s. 46.284 and, if the department contracts with the county under s. 46.284 (2), operate the care management organization and, if appropriate, place funds in a risk reserve.

(b) Powers. May perform any other general functions necessary to administer services for older individuals.

(4) Commission on Aging.

(a) Appointment.

1. Except as provided under subd. 2., the county board of supervisors in a county that has established a single-county aging unit, the county boards of supervisors in counties that have established a multicounty aging unit or the elected tribal governing body of a federally recognized American Indian tribe or band that has established a tribal aging unit shall, before qualification under this section, appoint a governing and policy-making body to be known as the commission on aging.
2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall appoint, subject to confirmation by the county board of supervisors, the commission on aging. A member of a commission on aging appointed under this subdivision may be removed by the county executive or county administrator for cause.

(b) Composition.

A commission on aging, appointed under par. (a) shall be one of the following:

1. For an aging unit that is described in sub. (1) (a) 1. or 2., organized as a committee of the county board of supervisors, composed of supervisors and, beginning January 1, 1993, advised by an advisory committee, appointed by the county board. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.
2. For an aging unit that is described in sub. (1) (a) 1. or 2., composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.
3. For an aging unit that is described in sub. (1) (a) 3., the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

(c) Terms.

Members of a county or tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms. Vacancies shall be filled in the same manner as the original appointments. A county or tribal commission on aging member appointed under par. (a) 1. may be removed from office for cause by a two-thirds vote of each county board of supervisors or tribal governing body participating in the appointment, on due notice in writing and hearing of the charges against the member.

(c) Powers and duties.

A county or tribal commission on aging appointed under sub. (4) (a) shall, in addition to any other powers or duties established by state law, plan and develop administrative and program policies, in accordance with state law and within limits established by the department of health and family services, if any, for programs in the county or for the tribe or band that are funded by the federal or state government for administration by the aging unit.

Policy decisions not reserved by statute for the department of health and family services may be delegated by the secretary to the county or tribal commission on aging. The county or tribal commission on aging shall direct the aging unit with respect to the powers and duties of the aging unit under sub. (3).

(5) Aging Unit Director; Appointment. A full-time aging unit director shall be appointed on the basis of recognized and demonstrated interest in and knowledge of problems of older individuals, with due regard to training, experience, executive and administrative ability and general qualification and fitness for the performance of his or her duties, by one of the following:

- (a) 1. For an aging unit that is described in sub. (1) (a) 1., except as provided in subd. 2., a county or tribal commission on aging shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors or the tribal governing body that participated in the appointment of the county or tribal commission on aging. 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors that participated in the appointment of the county commission on aging.
- (b) For an aging unit that is described in sub. (1) (a) 2., the director of the county department under s. 46.215, 46.22 or 46.23 of which the aging unit is a part shall make the appointment, subject to the personnel policies and procedures established by the county board of supervisors.
- (d) For an aging unit that is described in sub. (1) (a) 3., the commission on aging under sub. (4) (b) 3. shall make the appointment, subject to ch. 181.

Appendices

A: Insert from Winter Newsletter – Invitation to Complete Survey #1

B: Survey #1

C: Article from Spring Newsletter – Focus Group Invitation

D: Focus Group Script

E: Insert from April Mini-Newsletter – Invitation to Complete Survey #2

F: Survey #2

G: Insert from August Mini-Newsletter

H: Community Engagement Report

I: Meeting Minutes from Advisory Committee Meeting(s)

J: Meeting Minutes from Oversight Committee Meeting(s)

K: Affidavit of Publication

L: Public Hearing Report

Attachment A



From the Director's Desk



Let your voice be Heard!

To be a strong and supportive Aging & Disability Resource Center, we need your help! The ADRC receives funding from the Older Americans Act to provide many of our services such as congregate and home delivered meals, caregiver supports such as respite care, classes like "Stepping On" and "Powerful Tools for Caregivers", transportation, and efforts to make Sauk County Dementia Friendly. The Older Americans Act requires that we prepare an "aging plan" every three years to plan for services needed for residents over age 60. This plan is due to our funder next year. Before then, the ADRC needs to hear from you what services you need from the ADRC. Your comments help us determine the best way to spend funds in Sauk County during the next aging plan's cycle - 2022-2024. We need to know:

- What do you need to successfully age in Sauk County?
- What is the greatest challenge facing you and/or your family in the next five years?
- What is the ADRC doing well, and should continue to do?
- What is the ADRC not doing that needs to be done?

Will you help us get started on our information gathering? You can help in two ways. First, enclosed in this newsletter is a simple survey: tear it out, fill it in and mail back to the ADRC. Second, invite me to your next event! If you belong to a community services organization, a church group, a book club, a service organization, contact me to present and at the same time I can gather information from you. This is your chance to have input into the next three years of ADRC services. Make sure you take this opportunity to let your voice be heard. I look forward to learning your thoughts.

-Susan Blodgett

Attachment B

4 ADRC Aging Plan Survey
▼ TO THE ADRC BY FEBRUARY 1ST, 2021

1) What do you need to successfully age in Sauk County?

2) What is the greatest challenge facing you and/or your family in the next five years?

3) What is the ADRC doing well and should continue to do?

4) What is the ADRC not doing that needs to be done?

5) Additional Comments:

6) Demographic Information:

- I am: Over 60 years of age Under 60 years of age
- I live in the _____ community/area
- I have used ADRC services: Yes No

Please complete the following if you or your organization would like to be included in virtual or in-person focus groups to help us narrow down our priorities for 2022-2024.

Name: _____

Organization (if applicable): _____

E-Mail: _____

Phone Number: _____

Focus Group Preference: In-Person Virtually (via Zoom)

Attachment C



A quarterly newsmagazine for older adults, adults with disabilities, veterans, & their families

Contact: ADRC (608) 355-3284 or (800) 482-3710

Veterans Service Office: (608) 355-3260

WE'RE STILL LISTENING

The ADRC would like to thank each and every one of you who shared your thoughts in the 2022-2024 Aging Plan Survey and sent them back to us. Your survey responses are being used to help us plan the goals we want to accomplish in the next three years.

Our Aging Plan team read and analyzed your comments to see what was on your minds. You shared many thoughts and ideas but we found three concerns were mentioned more than anything else. The concerns that seemed to be on many of your minds were:

- **Transportation**
 - To and from doctor's appointments, the grocery store, and other personal needs
- **Money**
 - Renting, health care, insurance, property taxes
- **In-Home Care/Chore Services**
 - Cleaning, personal cares, snow removal, lawn care

The ADRC will be holding virtual listening sessions to prioritize needs, get ideas for how to accomplish goals, and hear your feedback on ADRC services and programs. These sessions will take place via Zoom where participants can call in on their phones, tablets, or computers on the following dates:

- **Wednesday, March 17th 9:30 AM**
- **Thursday, March 18th 12:00 PM**
- **Monday, March 29th 2:00 PM**
- **Tuesday, March 30th 7:00 PM**

Interested in participating?
*Contact Marina Wittmann to sign up:
marina.wittmann@saukcountywi.gov
or (608) 355-3284
Spots are limited, so sign up today!*

Not able to join our listening sessions? We would still love to hear from you! Tell us your ideas by contacting Susan Blodgett at (608) 355-3289 or susan.blodgett@saukcountywi.gov

Attachment D

ADRC Aging Plan Focus Group Script and ADRC power point – see power point notes

a. Slides #2-4

Slide #5: Aging Plan, Survey, Top Concerns

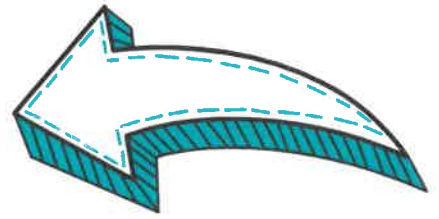
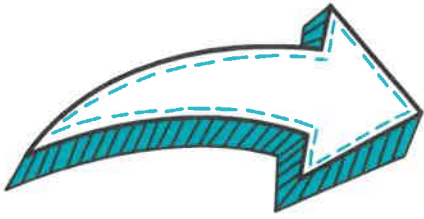
2. Aging Plan – we develop an aging plan every 3 years to decide what is important to older adults in Sauk County and how the ADRC can serve those older adults for the next 3 years. We are working on our 2022-2024 Aging Plan that will be submitted to GWAAR – the Greater Wisconsin Agency on Aging Resources that funds our Older Americans Act programs.
3. In December and January, The ADRC sent out a survey in our newsletter, Facebook page, website, to churches, Sauk County employees, ADRC nutrition and transportation clients and other community partners asking for input. The questions asked were:
 - a. What do you need to successfully age in Sauk County?
 - b. What is the greatest challenge facing you and/or your family in the next 5 years?
 - c. What is the ADRC doing well and should continue to do?
 - d. What is the ADRC not doing that needs to be done?
4. We received 194 surveys and when we reviewed them, a few items bubbled to the top as major concerns people have as they age in Sauk County. These are:
 - a. Transportation
 - i. To and from doctor's appointments, the grocery store, and other personal needs
 - b. Money
 - i. Renting, health care, insurance, property taxes
 - c. In home care/ chore services
 - i. Cleaning, personal cares, snow removal, lawn care
5. We need your input on three fronts:
 - a. Do you agree with the identified concerns? Can you think of any others?
 - b. How could our community address the identified issues?
 - c. If the ADRC had to eliminate one program, which one would have the least impact on Sauk County Older Adults?

Slide #6: Values

6. We are required to write goals for the following 4 service areas: Supportive Services, Nutrition, Health Promotion, and Caregiver Support. Additionally, we are also required to incorporate 4 values into our goal writing. We would like to brainstorm with you on these four values: community engagement, person-centered service and consumer choice, barriers to equity (such as race, income, and ability), and lastly, knowledge and skills of advocacy. The question we now pose: "How might the ADRC incorporate these values into our programs?" Let's start with enhancing community engagement...etc.

Attachment E) YOU - NOW TELL US MORE!

Do you have ideas on how the ADRC could develop or improve services for older adults in Sauk County? We want to hear your ideas! We will take your ideas and mold them into our Aging Plan for 2022-2024. Open the camera on your smart phone, point it at the QR code below, and be directed to our survey!



The link to the survey is also on the ADRC website:
<https://www.co.sauk.wi.us/adrc>. If you would like a paper survey mailed to you, call Marina or Brianna at the ADRC (608) 355-3289.



Attachment F Aging Plan Survey - Part 2!

Aging Plan Survey - Part 1 in December and January asking what older adults need to successfully age in Sauk County. The results showed that many Sauk County older adults are concerned about transportation, money and in-home care and chore services. Your feedback has prompted us to follow up with Aging Plan Survey - Part 2. Give us your ideas on how we can better provide services to Sauk County older adults in the next 3 years, and beyond! Thank you.

1) Do you agree with the 3 identified concerns (transportation, money, and in-home care)? Can you think of any others?

2) How could our community address the identified concerns?

3) If the ADRC had to eliminate one program, which one would have the least impact on older adults in Sauk County?

Give us your ideas on how we can develop or improve the following **bolded** services:

4) How could the ADRC develop or improve **Supportive Services** (such as transportation or in-home care)?

5) How could the ADRC develop or improve **Nutrition Services** (Meals on Wheels, Congregate Dining)?

Survey continued on back...

Attachment F

levelop or improve **Health Promotion Services?**

7) How could the ADRC develop or improve **Caregiver Support Services?**

8) How could the ADRC incorporate **Community Engagement** into our programs?
Community Engagement may include involving community member input.

9) How could the ADRC incorporate **Consumer Choice** into our programs?
Consumer choice encourages individual choice and options.

10) How could the ADRC incorporate **Equity** into our programs? Barriers to equity can include race, ethnicity, gender, age, income, location, etc.

11) How could the ADRC incorporate **Advocacy** into our programs? Advocacy is speaking/writing in support of something.

THANK YOU!

Attachment G

ts to
me to

complete our surveys, attend focus groups, or answer our call for an interview. We have taken your comments and ideas and molded them into seven goals that incorporate the four program areas

(Nutrition, Caregiver, Health Promotion, and Home and Community-Based Services) and four values (Equity, Advocacy, Consumer Choice, and Community Engagement). On July 23rd, we submitted these draft goals to the Greater Wisconsin Agency on Aging Resources for review. We will revise our goals based on their feedback, seek approval from ADRC Advisory and Oversight Committees, and hold public hearings later this Fall. If you are interested in attending a public hearing to hear our Aging Plan and provide feedback, please keep an eye on the local papers where the notice will be posted or call the ADRC at (608) 355-3289.

AGING PLAN UPDATE!



Attachment H

Community Engagement Report #1

Your County or Tribe: Sauk	Date/s of Event or Effort: Dec 2020 - Jan 2021
Target audience(s): older adults and caregivers	Number of Participants/ Respondents: 206
Describe the method used including partners and outreach done to solicit responses: The method used was an electronic/paper survey. The primary outreach was sending the survey to 2,596 newsletter recipients. Additionally, the survey was given to Meals on Wheels clients, carryout clients, volunteer escort transportation clients, Sauk County employees (to target caregivers and employees over 60), local churches and boosted as a post on Facebook.	
Describe how the information collected was used to develop the plan: The information collected allowed us to narrow down our focus areas: transportation, money, and in-home care and chore service. The 206 responses also gave us lots of good ideas on how the ADRC can support older adults and their caregivers, now and in the future. The Aging Plan team used the ideas from the survey to begin building our goals. In the Spring 2021 Newsletter, an article (attached), invited constituents to attend scheduled virtual focus groups to continue the conversation. We also offered for constituents to call and share their thoughts with Susan Blodgett if they could not attend a focus group.	

Attachment H

What were the key takeaways/findings from the outreach?

The first issue identified by our constituents is transportation. There is a concern that constituents will not be able to get to the doctor, grocery store, and other personal needs.

The second issue identified by our constituents is money. Concern about paying for rent, health care, insurance and property taxes is on the minds of many constituents.

The third issue identified by our constituents is in-home care and chore services. There is a concern for finding reliable individuals to provide in-home services such as personal cares and cleaning as well as chore services like lawn care and snow removal. Finding these services at a reasonable cost is also a concern.

Attachment H

Community Engagement Report #2

Your County or Tribe: Sauk	Date/s of Event or Effort: March - April 2021
Target audience(s): older adults, caregivers, local organizations that serve older adults and caregivers	Number of Participants/ Respondents: 21
Describe the method used including partners and outreach done to solicit responses: The method used was focus group discussions. The Aging Plan team held 6 virtual focus groups. Four scheduled focus groups were canceled due to no attendance. Partners who attended focus groups included: Sauk Community Center, Sauk Chamber, Sauk Food Pantry, Sauk City Library, Running Inc (taxi), Elder Span, Riverwood Senior Living, SSM Health, VA Caregiver Support Program, Oakdale Credit Union, TMG and Brightstar Care.	
Describe how the information collected was used to develop the plan: The information collected affirmed the concerns from the first survey were also concerns of organizations that serve older adults and caregivers. Something that kept coming up in focus group discussion was that many people do not know what the ADRC does, or that the ADRC exists. Marketing the ADRC and our programs will be a focus in our goals. The information collected left us looking for more ideas on how we could address the identified concerns. Therefore, the Aging Plan team decided to do a secondary survey which mimicked the focus group script.	

Attachment H

What were the key takeaways/findings from the outreach?

1. Do you agree with the identified concerns? Can you think of any others?
 - Focus group participants agreed with the 3 main concerns.
 - Other issues discussed include: socialization, communication with rural residents, food insecurity, lack of knowledge of ADRC programs and services, cost of services, broadband
2. How can the community address the identified issues?
 - Smoother transportation systems, improve internet connectivity, volunteers to help people, informational campaign for ADRC, work with community partners to distribute marketing, financial education – partner with banks, hire a mobility manager who can focus on transportation needs, revamp HH@H list
3. If the ADRC had to eliminate one program, which would have the least impact on Sauk County older adults?
 - Combine overlapping services, My Meal, My Way, health promotion programs, Fun-Day trips (non-essential services)
4. How might the ADRC incorporate the following values into our programs?
 - a. Community Engagement
 - Continuous focus groups, community socials, expand Dementia Friendly business trainings, partner with schools for information sharing, educating service organizations, look at other counties, increase access to information and how it is disseminated, include aging programs in regular outreach (not just I&A), outreach, fairs, drive-thru fairs w/ lunch
 - b. Person-centered service and consumer choice
 - General events with multiple agencies, Dementia Friendly Dinners at restaurants
 - c. Barriers to equity
 - Continue grocery pickup, weekly check-ins for rural individuals (expand Tele-Assure), support groups for Spanish speaking residents, hold events at town halls for rural residents, look at what languages are missing and what could be done to help the blind and HOH, advertise in Shopper Stopper, market services at organizations that employ minority groups, translate newsletter into Spanish, train faith-based leaders to recognize signs of dementia
 - d. Knowledge and skills of advocacy

Attachment H

Community Engagement Report #3

Your County or Tribe: Sauk	Date/s of Event or Effort: April – May 2021
Target audience(s): older adults and caregivers	Number of Participants/ Respondents: 59
Describe the method used including partners and outreach done to solicit responses: The method used was a paper/electronic survey. Outreach to solicit responses included: 2,540 newsletter recipients, Meals on Wheels clients, carryout clients, volunteer escort transportation clients, a Facebook post, family caregivers enrolled in NFCSP, and local churches.	
Describe how the information collected was used to develop the plan: This secondary survey was a written version of the focus group script. The purpose of the survey was to seek ideas on how the community could address the identified concerns. The survey also broke out the 8 goal areas and asked how could the ADRC develop or improve those service areas. The ideas from the survey gave us direction on writing the goals. For example, the Consumer Choice/Nutrition goal to give individuals more opportunities for feedback was an idea from this survey.	

Attachment H

What were the key takeaways/findings from the outreach?

1. Do you agree with the identified concerns? Can you think of others?
 - Yes agree
 - Others: more advertising on what we do, classes to help you understand electronics, free rides to doctor appointments, in-home medical care, getting/paying for lawn care, low-income housing, activities for adults with mild dementia, memory care, alternative housing
2. How could our community address the identified concerns?
 - More awareness, opportunities to volunteer and get involved, work with local agencies to bridge the gap, volunteers, getting church groups/volunteers to offer free raking/mowing days, student volunteers, post needs on business bulletin boards, train people on finances, volunteers to do chores, allowing more than 1 taxi cards/month,
3. If the ADRC had to eliminate one program, which one would have the least impact on older adults in Sauk County?
 - Majority did not say, transportation
4. Supportive Services
 - Adopt-a-senior program, more volunteers, cleaning living quarters at no charge, wheelchair accessible van, publicize available services, increase availability, foot clinics,
5. Nutrition Services
 - Connect seniors to apply for food share, great already, chef salad, fresh fruit/greens, local restaurants make meals once a month, discounts for prepared meals
6. Health Promotion Services
 - Work with hospitals/rehab centers, build partnerships, have nurses available, more advertising, chair exercises, foot clinic, build partnerships with health-related partners in community, a place for fitness with pay if you can
7. Caregiver Support Services
 - Make social workers/discharge planners aware of services, help cleaning without charging, advertising, volunteers who work for free
8. Community Engagement
 - Community awareness events, fundraisers, groups for older adults to connect with other older adults – friendly get-togethers, post volunteers needed at businesses, churches, meetings in towns, community awareness events for ADRC, coffee clubs, surveys
9. Consumer Choice
 - Select menu options for MOW (either/or), more surveys, meal choices/size options
 - More opportunities for feedback
10. Equity
 - One-on-one meetings, technology is a barrier to some, community get-togethers, free programs
11. Advocacy
 - Step-by-step learning for computers and smart phones, more newspaper ads

Attachment H

Community Engagement Report #4

Your County or Tribe: Sauk	Date/s of Event or Effort: April 2021
Target audience(s): key local leaders	Number of Participants/ Respondents: 5
Describe the method used including partners and outreach done to solicit responses: The method used was structured interviews with individuals. Individuals from the following organizations were interviewed: Sauk Prairie Police Department, Wisconsin Council for the Blind & Visually Impaired, Reedsburg Ambulance Service, Reminisce Adult Day Center and former ADRC employee and local advocate.	
Describe how the information collected was used to develop the plan: The interviews reaffirmed results from our previous data collection. Most of the interview questions revolved around gathering ideas for the 8 goal areas. The interviewees had excellent ideas for community engagement, advocacy and home and community-based services. The following ideas were integrated into goals: getting students involved in HH@H list, "what's your new purpose" advocacy idea, continue surveying people, and getting legislature information out.	

Attachment H

What were the key takeaways/findings from the outreach?

1. Do you agree with the identified concerns? Can you think of any others?
 - Agree especially with transportation and lawn care/snow removal/in-home care; Police have concerns about people's well-being but older adults don't ask for help, more social outlets
 - Sauk taxi is delayed, limited hours
 - Older adults have the spirit to be independent, but they may not be able to physically stay in their own homes
 - Falls in homes: Reedsburg EMS sees 1.3 falls in a 24 hour period; WI is 16% above national avg
 - Agree with transportation – glad we have the cab service, ADRC taxi vouchers; families are too busy to help at times – it is a problem for many
 - Worry that many older adults only think of the cost even if they have the money
 - Taking care of home is important but difficult to find workers to help
 - Social isolation is a real concern, especially if they live alone and aren't involved in anything
2. How could our community address the identified issues?
 - Get high-school kids to volunteer for chores
 - Teach people how to continue maintaining their homes
 - Outreach to pre-retirement aged people
 - People are planning for their "financial retirement" but nothing beyond that
 - Churches, social justice committees
3. How could the ADRC improve/enhance the following programs:
 - Health Promotion: Alternative falls prevention programs; limited funding is an issue; healthy social activities during retirement "what's your new purpose" (healthy retirement portion of Welcome to Medicare presentations?), more promotion
 - Caregiver Support: Getting families involved earlier so that they know what their family members' wishes/preferences are, utilize Helping Hands at Home list; transportation to support groups, support groups held in apt complexes
 - Nutrition: MMMW is a great concept, wish there were more options for MMMW
 - Home & Community-Based Services: continue grocery pickups; again reaching families early on, HH@H list is good
4. How could our community integrate these values into our programs:
 - Community Engagement: reach out to middle-aged family members to inform them of ADRC services; 50s-60s who are preparing for retirement, 30s-40s who have aging parents, one-day seminars with organizations to share what they do to assist older adults, continued collaboration between organizations, work with EMS for referrals, church bulletins
 - Person-Centered Service: continue surveying people, ask what they need, letting people be independent; if someone is using one ADRC service, make sure they know what else we do, speak at church groups
 - Barriers to Equity: No ideas, feels Sauk County is a fairly inclusive community; advertise to farmer's co-ops and coffee clutches, broadband is a concern
 - Skills of Advocacy: working with financial institutions to help adult children advocate for parents needs and their own, call other adults to help them feel empowered, give info out on who legislatures are

Attachment I

SAUK COUNTY BOARD OF SUPERVISORS DRAFT MINUTES

Aging & Disability Resource Center Advisory Committee

Thursday, May 20th, 2021

Virtual Meeting/ County Board Gallery Room 326A

West Square Building, 505 Broadway, Baraboo WI 53913

Members Present: Carlson, Curry, Dorner, Ellington, Johnson, Rudolph, Waddell (arrived at 9:09 a.m.)

Members Absent: Wolkowski (excused)

County Personnel: Blodgett, ADRC; Hause, ADRC; Wipperfurth, ADRC; Zomer, ADRC.

Others Present: Andrea Lombard

AGING & DISABILITY RESOURCE CENTER ADVISORY COMMITTEE QUARTERLY MEETING:

- 1) Carlson called the meeting to order at 9:01 a.m. and compliance with the Open Meeting Law was verified.
- 2) MOTION (Curry/Ellington) to adopt the agenda. Motion carried unanimously and agenda adopted.
- 3) MOTION (Curry/Dorner) to approve the minutes of the regular meeting of February 18th, 2021. Motion carried unanimously.
- 4) Public Comment: Blodgett presented Andrea Lombard.
- 5) Communications: None
- 6) Department Reports:
 - a) **Aging Plan:** Blodgett informed the board that ADRC is working on the 3-year Aging Plan which is due late summer. ADRC received 206 survey responses. The top three priorities that were brought to our attention were: transportation, money and in home care/chore services. ADRC held two more focus groups in April and send out secondary survey. In the next few months ADRC we will continue to work on interviews with local leaders. Discussion followed. No action taken.
 - b) **Nutrition:** Blodgett informed the board that all congregate dining centers are closed and ADRC is starting to work on reopening the My Meal My Way dining sites at end of summer of 2021. Discussion followed.
 - c) **Caregiver:** Wipperfurth informed the board that in 2020 ADRC was able to launch a caregiver library using the DCS carry over funds. ADRC is lending the tablets for a period of 6 months with option the time frame to extend. ADRC was able to use all caregiver scholarships for 2020. Discussion followed.
 - c) **Evidence-based Classes for 2021:** ADRC offered virtual Powerful tools class and hoping to launch a Stepping on class in person this Fall. Discussion followed.
 - e) **Volunteer updates –** We are always looking for volunteers to deliver meals in Reedsburg and Baraboo. Due to COVID our volunteers need to follow some safety standards.
 - f) **Dementia updates –** Blodgett informed the board that ADRC will receive DCS carry over funds that are going to be used for expanding the landing library with purchasing new tablets. Discussion followed.
- 7) Other ADRC updates: Discussion followed. No action taken.
- 8) Next meeting date and time: Tuesday, August 3rd, 2021 at 9:00 am- West Square Building

Attachment I

SAUK COUNTY BOARD OF SUPERVISORS DRAFT MINUTES

Aging & Disability Resource Center Advisory Committee

Monday, October 25th, 2021

Virtual Meeting/ County Board Gallery Room 326

West Square Building, 505 Broadway, Baraboo WI 53913

Members Present: Carlson, Crary, Curry, Dorner, Ellington, Fordham, Johnson (virtual), Lombard, Waddell

Members Absent: None

County Personnel: Hause, ADRC; Wittman, ADRC; Zomer, ADRC

Others Present: None

AGING & DISABILITY RESOURCE CENTER ADVISORY COMMITTEE QUARTERLY MEETING:

- 1) Carlson called the meeting to order at 9:00 a.m. and compliance with the Open Meeting Law was verified.
- 2) MOTION (Curry/Fordham) to adopt the agenda. Motion carried unanimously and agenda adopted.
- 3) MOTION (Fordham/Dorner) to approve the minutes of the regular meeting of August 3rd, 2021. Motion carried unanimously.
- 4) Public Comment: None
- 5) Communications: None
- 6) Introduction of Andrea Lombard, new appointment, Citizen Member- 3-year term- discussion followed.
- 7) Department Reports:
 - a) Aging Plan: Wittmann presented to the board that ADRC Aging Plan and Aging Budget for Fiscal year 2022-2024. The plan has been approved from our funder GWAAR. In the next three years ADRC will focus on transportation, money and in home care/chore services for the Sauk county residents. On September 16th, 2021 ADRC held a Public Hearing for the Aging Plan. Discussion followed. MOTION (Ellington/Dorner) to approve the Aging Plan and Aging Budget for FY 2022-2024. Vote all in favor.
 - b) Nutrition: Wittmann informed the board that all congregate dining centers are currently closed. ADRC is planning to start hot meal delivery route in Lake Delton starting 2022. ADRC received \$1,000.00 grant from AARP to purchase Christmas gifts for all 250 Meals on Wheels Clients. Discussion followed. No action taken.
 - c) Caregiver: Wittmann informed the board that ADRC will host Caregiver Boot Camp on November 5-6, 2021. Currently we have 21 registered participants. Discussion followed. No action taken.
 - d) Evidence-based Classes for 2021: ADRC offered in person Stepping On class with 5 participants. Discussion followed.
 - e) Volunteer updates – We are always looking for volunteers to deliver meals in Reedsburg and Baraboo. Due to COVID our volunteers need to follow some safety standards.
 - f) Dementia updates – Wittmann informed the board that ADRC purchase gift card to be mailed out to our Volunteers. Discussion followed.
- 8) Other ADRC updates: Discussion followed. No action taken.
- 9) Next meeting date and time: Monday, January 31st, 2022 at 9:00 am- West Square Building
- 10) MOTION (Dorner/Lombard) to adjourn until Monday, January 31st, 2022 at 9:00a.m. Motion carried unanimously and the meeting adjourned at 9:21 a.m.

Attachment J

1

SAUK COUNTY BOARD OF SUPERVISORS DRAFT MEETING MINUTES

COMMITTEE: Aging & Disability Resource Center and Veterans Service Office Committee

DATE / TIME: Wednesday, September 8th, 2021 4:00 P.M.

PLACE: West Square Building, Room 213
Baraboo, WI 53913

Members Present: Curry, Bushweiler (arrived at 4:03 pm), Dorner, Polivka, and Riek

Members Absent: None

County Personnel: Susan Blodgett, ADRC; Rick Erickson, VSO; Tony Tyczynski, VSO; Quinn Hause, ADRC; Stefka Zomer, ADRC.

Others Present: Bill Stehling (arrived at 4:18 pm)

Curry called the meeting to order at 4:00 p.m. and compliance with the Open Meeting Law was verified.

MOTION (Dorner/Riek) to adopt the amended agenda. Motion carried unanimously.

MOTION (Polivka/Dorner) to approve the meeting minutes from August 4th, 2021. Motion carried unanimously.

Public Comment: None

Communications: None

Tony Tyczynski, Veterans Service Office:

- a) VSO departmental updates and service trends
 - Tyczynski discussed the outreach by VSO; August was busy month for outreach - visited American Legion in Reedsburg and Veterans of Foreign Wars Post in Prairie du sac; attended Southwest WI CVS0 Regional training and virtual caregiver Support program Summit. Sauk county VSO office held remote office hours in Plain at the library where 9 veterans were seen. In the next few month VSO is planning to hold more remote offices in different locations. Discussion followed; no action taken.
 - Tyczynski discussed the current Veterans case trends –Problems with disability claim exams. Discussion followed. No action taken.
- b) Tyczynski presented the monthly financial statements for his department. Discussion Followed, no action taken
- c) Consider approval of the Monthly Invoices – Discussion followed.

MOTION (Dorner/Polivka) to approve the August 2021 bills in the amount of \$29, 469.45. Motion carried unanimously.

Susan Blodgett, Aging & Disability Resource Center

- a) Will be discussed at next meeting
- b) Blodgett presented to the board a request of transferring GWAAR funds from congregate program to Home Delivery program. She informed the board that our congregate dining centers are being closed since March, 2020 due to Covid-19 but the amount of clients receiving home delivery meals increased. All congregate dining centers in Sauk county will remain closed until 2022. Discussion followed.
MOTION (Bushweiler/Dorner) to move \$ 54,437.00 funds from Title III C1 to Title III C2. Vote all in favor.
- c) Blodgett presented to the board 3 transportation policies – Seatbelt policy, Wheelchair policy and Service animal policy. Discussion followed. All 3 policies need to be revised before final approval on the next meeting.

- a) Blodgett presented to the board the confidentiality policy drafted from ADRC Regional office. Discussion followed. No action taken.
- e) Blodgett informed the board that ADRC is working on the 3-year Aging Plan which is due on November 5th, 2021. The Aging plan draft (2022-2024) has been approved from the State. ADRC will hold Public Hearing on September 16th, 2021 at Noon. Discussion followed. No action taken.
- f) Blodgett informed the board that State of Wisconsin budgeted for 2022 \$40,000.00 for Dementia Care Specialist. Blodgett spoke with John Grotjan, Director of ADRC of Eagle County and he ensured that Sauk County will receive by the end of year 2021 \$6,000.00 for Dementia Care Specialist. Discussion followed. MOTION (Bushweiler/Polivka) to direct Susan Blodgett, Director of ADRC to receive in writing from John Grohjan statement stating that ADRC of Sauk county will receive \$6,000.00 DCS funds in 2021 and \$ 40,000.00 DCS funds in year 2022 to hire dementia Care Specialist for Sauk County. Vote all in favor.
- g) Blodgett presented to the board her monthly report. Due to Covid -19 ADRC closed all congregate dining centers and cancelled Fun day and Shopping day bus trips. Discussion followed. No action taken.
- h) Blodgett presented the monthly financial statements for her department. Discussion followed.
- i) Blodgett presented the Monthly invoices for her department. Discussion followed. MOTION (Bushweiler/Riek) to approve the August 2021 bills in the amount of \$ 26, 451.94. Motion carried unanimously.

Aging & Disability Resource Center of Eagle County Board Update: Discussion followed. No action taken.

Next Meeting Date and Time:

Next meeting date and time: October 5th, 2021 at 4:00 p.m. at West Square Building, County Board Gallery Room 326

Next Meeting agenda items: None

MOTION (Polivka/Bushweiler) to adjourn until Tuesday, October 5th, 2021 at 4:00 p.m. Motion carried unanimously, and the meeting adjourned at 5:40 p.m.

Any person who has a qualifying disability that requires the meeting or materials at the meeting to be in an accessible location or format should contact Sauk County (608-355-3269 or TTY 608-355-3490) between the hours of 8:00 A.M. and 4:30 P.M., Monday through Friday, exclusive of legal holidays, at least 48 hours in advance of the meeting so that reasonable arrangements can be made to accommodate each request.

SAUK COUNTY
ADRC & VETERANS SERVICE OFFICE COMMITTEE

Thomas Dorner

Secretary

Attachment J

SAUK COUNTY BOARD OF SUPERVISORS DRAFT MEETING MINUTES

COMMITTEE: Aging & Disability Resource Center and Veterans Service Office Committee

DATE / TIME: Tuesday, October 5th, 2021 4:00 P.M.

PLACE: West Square Building, County Board Gallery Room 326
Baraboo, WI 53913

Members Present: Curry, Dorner, Polivka, and Riek

Members Absent: Bushweiler (excused)

County Personnel: Tony Tyczynski, VSO; Pam Russo, VSO; Susan Blodgett, ADRC; Quinn Hause, ADRC; Stefka Zomer, ADRC.

Others Present: Bill Stehling

Curry called the meeting to order at 4:00 p.m. and compliance with the Open Meeting Law was verified.

MOTION (Dorner/Riek) to adopt the amended agenda. Motion carried unanimously.

MOTION (Polivka/Dorner) to approve the meeting minutes from September 8th, 2021. Motion carried unanimously.

Public Comment: None

Communications: None

Tony Tyczynski, Veterans Service Office:

- a) VSO departmental updates and service trends
 - Tyczynski discussed the outreach by VSO; September was busy month for outreach – attended 24 Quilts of Valor and unique collaboration of veteran’s posts. He informed the board that this year there will be no events in Baraboo for Veterans day in November. Discussion followed; no action taken.
 - Tyczynski discussed the current Veterans case trends –Tyczynski informed the board about the Gulf War cases- new presumptive. Discussion followed. No action taken.
- b) Tyczynski presented to the board a report showing the Sauk County Veterans Service office financial impact to Sauk county for 2020. Discussion followed. No action taken.
- c) Tyczynski presented to the board the 2022 VSO Budget. In 2022 VSO state grant has been increased, VSO office will increase the mileage expense due to holding remote office clinic in various locations in Sauk County. In 2022 VSO will focus on expanding outreach to include remote service to make it easier for veterans to meet with staff and learn about their benefits. Dorner asked if in 2022 VSO will open a new position – Veterans Counselor. Tyczynski informed the board that in 2022 VSO will work together with Sauk County Human Service office to help the veterans in need with mental health help. Discussion followed. The board accepted the budget as presented.
- d) Tyczynski presented the monthly financial statements for his department. Discussion Followed, no action taken
- c) Consider approval of the Monthly Invoices – Discussion followed.

MOTION (Dorner/Riek) to approve the September 2021 bills in the amount of \$138.37. Motion carried unanimously.

Susan Blodgett, Aging & Disability Resource Center

- a) Blodgett presented to the board the 2022 ADRC budget. She stated that the ADRC goals were drafted after the input we received from the community regarding the 2022-2024 Aging plan. In 2022 ADRC is going to reduce

Attachment J

some expenses and will be purchasing three vehicles using the ADRC fund balance. In 2022 ADRC will receive state funds for Dementia care so this will create new part time position for a Dementia Care Specialist. Also, in 2022 ADRC will receive ARPA funds that will be used for our Nutrition program. Discussion followed. The board accepted the budget as presented.

- b) Blodgett presented to the board the 2022-204 Aging Plan and Aging Budget. The Aging plan (2022-2024) has been approved from our funder GWAAR. ADRC held a Public Hearing on September 16th, 2021 at Noon. Over the next 3 years ADRC will focus on increasing the availability of in-home care and chore services for older adults; increase caregiver access to services in order to reduce caregiver stress and burden. Discussion followed. MOTION (Dorner/Riek) to approve the Aging budget and Aging plan for fiscal year 2022-2024. Vote all in favor.
- c) Covered under item 7a
- d) Blodgett presented to the board her monthly report. ADRC is working on transportation grant 85.21 for 2022 and will hold a Public hearing for 85.21 grant on October 25th, 2021 at 10 a.m. County Board gallery Room 326. All congregate dining centers are still closed but hoping to slowly reopen them in 2022. Discussion followed. No action taken.
- e) Blodgett presented the monthly financial statements for her department. Discussion followed.
- f) Blodgett presented the Monthly invoices for her department. Discussion followed.
MOTION (Polivka/Dorner) to approve the September 2021 bills in the amount of \$ 28, 519.98. Motion carried unanimously.

Aging & Disability Resource Center of Eagle County Board Update: Discussion followed. No action taken.

Next Meeting Date and Time:

Next meeting date and time: November 10th, 2021 at 4:00 p.m. at West Square Building, Room 213

Next Meeting agenda items: None

MOTION (Polivka/Dorner) to adjourn until Wednesday, November 10th, 2021 at 4:00 p.m. Motion carried unanimously, and the meeting adjourned at 5:35 p.m.

Any person who has a qualifying disability that requires the meeting or materials at the meeting to be in an accessible location or format should contact Sauk County (608-355-3269 or TTY 608-355-3490) between the hours of 8:00 A.M. and 4:30 P.M., Monday through Friday, exclusive of legal holidays, at least 48 hours in advance of the meeting so that reasonable arrangements can be made to accommodate each request.

SAUK COUNTY
ADRC & VETERANS SERVICE OFFICE COMMITTEE

Thomas Dorner

Secretary

Attachment K

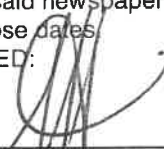
Affidavit of Publication

STATE OF WISCONSIN }
COUNTY OF SAUK } SS

Amanda Henning, being duly sworn, says:

That she is an authorized representative of the Reedsburg Independent, Star News & Home News, a weekly newspaper of general circulation, printed and published in Reedsburg, Sauk City & Spring Green; respectively, Sauk County, Wisconsin; that the publication, a copy of which is attached hereto, was

September 01, 2021, September 02, 2021, September 08, 2021, September 09, 2021

That said newspaper was regularly issued and circulated on those dates
SIGNED: 

Subscribed to and sworn to me this 9th day of September 2021.



Diane S Baumgartner, Notary Public, State of Wisconsin, Sauk County, Wisconsin

My commission expires: September 09, 2022

of Lines # of Weeks Published 4

Printers Fee \$ Proof of Publication \$

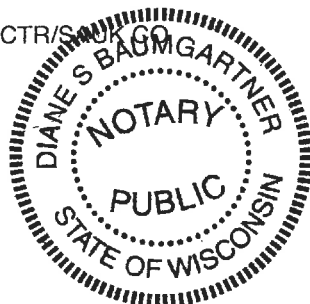
Total \$

-or- See monthly invoice for cost

Received Payment

99105927 00522068

AGING & DISABILITY RESOURCE CTR/SAUK CO
505 BROADWAY
BARABOO, WI 53913



PUBLIC NOTICE
Date: Thursday, September 16, 2021
Time: 12:00 PM
Place: West Square Building, County Board Room 326A, 505 Broadway, Baraboo

Notice of Public Hearing – 2022-2024 Aging Unit Plan
 BARABOO, WISCONSIN – The Aging & Disability Resource Center of Eagle Country, Baraboo/Sauk County will hold a public hearing on Thursday, September 16, 2021 at 12:00pm in County Board Room 326A, West Square Building, 505 Broadway, Baraboo. The public hearing serves as an opportunity for Sauk County residents to provide input to the ADRC on the 2022-2024 Aging Unit Plan.

Aging programs and services play a major role in the health of the Sauk County community. The ADRC has undergone a planning process to determine how best to provide the services that keep older adults healthy and independent.

You are invited to review the plan and provide your feedback. A copy of the plan is available at the ADRC office at 505 Broadway, West Square Building Room 102 in Baraboo, Monday thru Friday from 8am-12pm and 1pm-4:30pm. Individuals who are unable to attend the meeting but would like to submit comments in advance, may do so by contacting Susan Blodgett, Director of the ADRC at 505 Broadway, Baraboo, WI 53913, (608)355-3289 or susan.blodgett@saukcountywi.gov.

Publish: 9/1/21, 9/9/21 **WNAXLP**

Attachment L

Public Hearing Report

Completed report, copy of hearing notice, and copy of actual comments taken during the hearing should be placed in the appendices of the aging plan.

Date of Hearing: Tuesday, September 16, 2021 @ 12:00pm	County or Tribe: Sauk
Location of Hearing: West Square Building; Room 326A	Accessibility of Hearing: X Location was convenient, accessible & large enough X Provisions were made for hearing/visual impairments N/A Provisions were made for those who do not speak English X Hearings were held in several locations (at least one in each county your agency serves) X Hearing was not held with board/committee meetings
Address of Hearing: 505 Broadway, Baraboo, WI 53913	
Number of Attendees: 0	
Public Notice: X Official public notification began at least 2 weeks prior? Posted 9/2/21, 9/9/21 X Notice must be posted in a local/online newspaper, nutrition sites and senior centers plus at least one more avenue X *Print/online newspaper - Reedsburg Times Press, Spring Green Home News, Star News X *Nutrition sites – posted X *Senior centers – emailed Baraboo Senior Center to post notice on 9/2/2021 X Facebook Post and Event - reached 114 people, 3 interested in event X ADRC Website – posted on website for 2+ weeks X Sent to partner agencies/individuals – shared with Sauk County Human Services, Public Health, Veterans Service, Health Care Center X Notifications include X Date X Time X Location X Subject of hearing X Location and hours that the plan is available for examination N/A Where appropriate, notice was made available in languages other than English X A copy of the notice is included with this report	
Summary of Comments: None	
Changes made to your plan as a result of the input received: None	