

# **National Family Caregiver Support Program**

The National Family Caregiver Support Program (NFCSP) offers respite, information, support, and other resources to family caregivers.

## **How Does the Program Work?**

Caregiver support services are available to all families caring for a person aged 60 or older or someone with dementia. Grandparents and older relatives caring for minor children or an adult with a disability may also qualify for the program.

## **What Can the Program Provide?**

**Limited short-term respite care** may be provided in the home, a day program or a temporarily overnight in a residential facility. Respite services for caregivers including:

- Chore services, such as yard work, snow shoveling or heavy housework
- Personal care, such as dressing, bathing or toileting
- Daily homemaking tasks, such as meal preparation, shopping or light housework
- Companionship and general supervision for safety purposes.

#### Services and items that complement the care given by caregivers including:

- Transportation, including assisted transportation
- Assistive devices (weighted silverware, adaptive clothing, door locks, bed alarms, etc.)
- Minor home modifications (wheelchair ramps, grab bars, etc.)
- Supplies (incontinent supplies, etc.)
- Safety Equipment (emergency response system, Safe Return, etc.).

# Who is Eligible?

- Any caregiver who provides unpaid care to a person age 60 or older, or to a person of any age who has Alzheimer's disease or related dementia.
- Grandparents or relatives age 55 and older who are the primary caregivers for a child under age 19.
- Relative caregivers age 55 and older who care for a person age 19 to 59 who has a long-term disability
- Note: The older adult receiving care must need assistance with daily living.
- NFCSP services are not available to persons who are enrolled in Family Care, Partnership, AFCSP, IRIS, or other Medicaid Waiver programs.

# How Do I Apply?

There are no fees or income requirements to enroll in this program. Contact your county or tribal aging office or Aging & Disability Resource Center for more information about how to enroll, or call 866-843-9810.

Dane County AAA Milwaukee County AAA GWAAR AAA Tribal Technical Assistance Center

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