

Updated May 2024

Please Note: Individuals are added and removed from this list frequently. Please call the ADRC for an updated copy if your list is more than 2-3 months old.



Helping Hands at Home

When you need a little help around the house.

The ADRC does not endorse or recommend any of these individuals over another

505 Broadway
Baraboo, WI 53913
(608)355-3289

A Helping Hand At Home
Contact Marina Wittmann, Helping Hand Coordinator
marina.wittmann@saukcountywi.gov | (608)355-3289

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This list includes individuals who are willing to provide help with indoor chores, outdoor chores, and respite care. Criminal background checks from the Department of Justice website are conducted and workers are interviewed by the Helping Hand Coordinator. Civil cases are not screened. You may check civil cases on the Wisconsin Circuit Courts website: <https://wcca.wicourts.gov/index.xsl> as the ADRC does not examine civil cases – just criminal. The workers included on the “A Helping Hand at Home” list are NOT employed NOR supervised by the ADRC.

How to Hire a Worker – some things to keep in mind as you decide who to hire as a ‘helping hand’

- 1) **Trust your instincts!** Remember that this person will be coming into your home and you should never feel unsafe.
- 2) **Make a list.** Develop a list of exactly what jobs you want and an idea of how much you are willing to pay the individual.
- 3) **Start with a telephone interview.** Describe the jobs you have in mind and be clear about your expectations. Ask about hours and wages. Also, ask if there will be any extra costs (like mileage or gas). Ask them about their previous job experiences. During the call, do **NOT** give too much personal information – like your last name or address.
 - a. If you don’t think the individual is a good fit for you, it is NOT necessary to schedule a face-to-face interview.
 - b. If you are unable to get in contact with somebody on the list, please call the ADRC and let us know who you cannot get ahold of – we will do our best to determine why they cannot be reached.
- 4) **Schedule a time to interview.** It can be a good idea to have someone with you (like a neighbor or family member) with you during the interview. They will make you feel more comfortable and will be able to give you their perspective.
- 5) **The Interview.** Before the interview, make a list of questions. Here are some sample questions:
 - What days and hours are you available?
 - What is your experience?
 - What is your current employment situation?
 - How flexible is your schedule?
 - What kinds of special training, if any, have you had?
 - What are your salary requirements? Is it negotiable?
 - Would you ever have any occasion to bring someone with you?
 - Would you agree to a trial period?
 - What do you like about this type of work?
 - Do you have reliable transportation?
 - What if you can’t be here at the agreed time?

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Some **signs of a problem** include:

- The assigned work is not done
- The worker comes late and/or leaves early
- The worker does not show up on agreed time/day
- The worker stays longer than the agreed amount of work time
- Personal items are missing from your home
- You do not feel comfortable with the worker

If at any time you feel unsafe or uncomfortable, please contact the ADRC and we can help resolve the problem. (608)355-3289

PLEASE NOTE:

- To protect individuals on oxygen or have other respiratory conditions, the list now includes if the worker or someone in their household smokes. This information is found in their listing.
- If you come across any of our Helping Hands workers who say that they are no longer participating in the program, please contact Marina Wittmann at the ADRC at (608)355-3289.
- Attached at the end of this list is a “Service Agreement”. Feel free to use this to ensure you and your worker are on the same page as far as work, wage, hours, and payment.
- You will now see a date next to each worker’s name (for example 3/2013). This is the date the worker joined the Helping Hands at Home listing.
- COVID/Other Vaccine Precautions: The ADRC encourages you to ask and view Helping Hands at Home workers vaccination status (COVID/Flu/etc.). It is up to you who is hiring the worker to ask these questions.
- Other homecare agencies to contact if you cannot find a HH@H worker:
 - www.care.com
 - www.respitecarewi.org

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Baraboo

Worker	Tasks
Beard, Kelli (3/2023) (608)434-9884	Light cleaning, help with bathing, errands; available after 4:30pm
Braun, Jenna (12/2020) (608)402-5578	Cleaning (dusting, mopping, cleaning bathrooms, sweeping, some laundry), errands, grocery shopping, transportation to in-town doctor appointments
Choate, Deborah (3/2019) (608)963-5342	Laundry, dishes, shopping, transportation to doctor appointments
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Curalli, Vicky (3/2017) (608)844-0003	Cooking, laundry, light cleaning, companionship, taking to doctor appointments, shopping
Deppe, Lorre (5/2023) (608)477-3470	Private sitter, companionship, assistance with activities of daily living, light housekeeping, help with walking and mobility, errands, groceries, organizing, bill paying
Downie, William (5/2023) (608)393-1205	Lawn care, mowing, clean outs/trash outs, errand running and item pickup/delivery; snow removal
Figuroa, Anacelis (1/2023) (219)718-2633	Companionship, medication reminders, transportation to appointments/errands, comfortable with dementia and Alzheimer's; Anacelis792@gmail.com
Grundahl, Amber (3/2023) (608)415-9416	Laundry, dishes, house cleaning; personal care assistance, assistance with daily living skills, companionship; transportation, shopping; lawn work/gardening; ameliazengg16@gmail.com
Kirch, Emmie (5/2023) (608)572-3716 Emilykirch51@gmail.com	Direct patient care – assistance with activities of daily living, administering medications; light cooking, housework, transportation
Kjorlie, Cara (2/2024) (608)963-2163	Light cleaning, personal cares, shopping; easy-going, if something's not listed, just ask please; charges \$20/hour; kjorliecara@gmail.com
Kuhl, Tammy (2/2024) (414)550-9747	House chores such as dishes, vacuuming, dusting, sweeping floors; driving to doctor appointments and errands; TamLKuhl@aol.com

Baraboo Continued...

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Baraboo Continued...

Worker	Tasks
Laughnan, Galiya (7/2019) (608)356-2359	Assist with daily living skills, bathing, cooking, laundry, light housecleaning, transportation to doctor appointments, grocery shopping; no lifting; leave a message; prefers female clients only
Lyons, Tina (5/2023) (608)432-4119	Private sitter, helping with activities of daily living, light housekeeping, companionship, organization, errands/grocery shopping, mobility and exercise assistance, lawn care needs, temporary helper after surgery needs; RN
Popp, Victoria (3/2024) (608)547-4881	Light housekeeping, cooking meals, assist with shopping, respite care for families with dementia (during the day or some overnights)
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Reimer, Pam (9/2023) (608)727-2600 or (608)617-2611	Companionship, meal prep, exercising, some cleaning
Simonson, Lori (8/2022) (608)566-5514	Cooking, bathing, assisting with dressing, meds; some housework; open to overnight stays
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jjsully1981@gmail.com
Szweda, Mackenzie (5/2023) (608)354-4965	Assist and care for those who need companionship, helping with basic house chores and assisting with technology needs
Taylor, Kenda (6/2023) (608)963-4417	Personal cares: bathing, showering, dressing; meal prep, shopping, errands, light housekeeping, laundry, dishes; companionship, outings; no smokers and no pet care please
Vander Wegen, Jean (7/2020) (608)355-0037	Provide companionship, bathing, pet care, cleaning, and some cooking, feeding assistance if needed; no heavy lifting please; prefer 2 hours a day
Von Behren, Daniel (8/2021) (608)963-0591	Landscaping, mowing, cleaning, light plumbing, carpentry, some electrical
Wells, Beth (1/2024) (608)459-0875	Cleaning, cooking, shopping, companionship, light personal cares, giving medications
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs, patching drywall

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Hillpoint/Lime Ridge

Worker	Tasks
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Mislivecek, Christie (1/2024) (608)963-5550	Assistance with daily living care, meal prep, nail/feet care; appointments, grocery shopping and errands; light cleaning; pet care; will return phone calls/texts after 3pm; Cmis.dep@gmail.com
Reimer, Pam (9/2023) (608)727-2600 or (608)617-2611	Companionship, meal prep, exercising, some cleaning
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jsully1981@gmail.com

La Valle / Ironton

Worker	Tasks
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Drews, Christina (8/2021) (608)408-7171	Respite, light housekeeping, laundry, transportation to appts, errands, shopping; cooking and meal prep; please no lifting or transfers
Grundahl, Amber (3/2023) (608)415-9416	Laundry, dishes, house cleaning; personal care assistance, assistance with daily living skills, companionship; transportation, shopping; lawn work/gardening; ameliazengg16@gmail.com
Mislivecek, Christie (1/2024) (608)963-5550	Assistance with daily living care, meal prep, nail/feet care; appointments, grocery shopping and errands; light cleaning; pet care; will return phone calls/texts after 3pm; Cmis.dep@gmail.com
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jsully1981@gmail.com

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Loganville

Worker	Tasks
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Drews, Christina (8/2021) (608)408-7171	Respite, light housekeeping, laundry, transportation to appts, errands, shopping; cooking and meal prep; please no lifting or transfers
Grundahl, Amber (3/2023) (608)-415-9416	Laundry, dishes, house cleaning; personal care assistance, assistance with daily living skills, companionship; transportation, shopping; lawn work/gardening; ameliazengg16@gmail.com
Mislivecek, Christie (1/2024) (608)963-5550	Assistance with daily living care, meal prep, nail/feet care; appointments, grocery shopping and errands; light cleaning; pet care; will return phone calls/texts after 3pm; Cmis.dep@gmail.com
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Reimer, Pam (9/2023) (608)727-2600 or (608)617-2611	Companionship, meal prep, exercising, some cleaning
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jjsully1981@gmail.com

Merrimac

Worker	Tasks
Downie, William (5/2023) (608)393-1205	Lawn care, mowing, clean outs/trash outs, errand running and item pickup/delivery; snow removal
Kjorlie, Cara (2/2024) (608)963-2163	Light cleaning, personal cares, shopping; easy-going, if something's not listed, just ask please; charges \$20/hour; kjorliecara@gmail.com
Stoffels, Dorene (5/2018) (608)643-4990 (c)	Companionship, personal cares, light housecleaning, laundry, shopping for items
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs, patching drywall Not available until March

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North Freedom / Rock Springs

Worker	Tasks
Beard, Kelli (3/2023) (608)434-9884	Light cleaning, help with bathing, errands; available after 4:30pm
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Drews, Christina (8/2021) (608)408-7171	Respite, light housekeeping, laundry, transportation to appts, errands, shopping; cooking and meal prep; please no lifting or transfers
Grundahl, Amber (3/2023) (608-415-9416	Laundry, dishes, house cleaning; personal care assistance, assistance with daily living skills, companionship; transportation, shopping; lawn work/gardening; ameliazengg16@gmail.com
Kirch, Emmie (5/2023) (608)572-3716	Direct patient care – assistance with activities of daily living, administering medications; light cooking, housework, transportation; Emilykirch51@gmail.com
Mislivecek, Christie (1/2024) (608)963-5550	Assistance with daily living care, meal prep, nail/feet care; appointments, grocery shopping and errands; light cleaning; pet care; will return phone calls/texts after 3pm; Cmis.dep@gmail.com
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Reimer, Pam (9/2023) (608)727-2600 or (608)617-2611	Companionship, meal prep, exercising, some cleaning
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jjsully1981@gmail.com
Taylor, Kenda (6/2023) (608)963-4417	Personal cares: bathing, showering, dressing; meal prep, shopping, errands, light housekeeping, laundry, dishes; companionship, outings; no smokers and no pet care please
Von Behren, Daniel (8/2021) (608)963-0591	Landscaping, mowing, cleaning, light plumbing, carpentry, some electrical
Wells, Beth (1/2024) (608)459-0875	Cleaning, cooking, shopping, companionship, light personal cares, giving medications
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs, patching drywall Not available until March

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Plain

Worker	Tasks
Ellis, Terri (3/2017) (608)459-5630	Meal prep, light housekeeping, errands; no heavy lifting, no pet cleanup, no smokers please
Mislivecek, Christie (1/2024) (608)963-5550	Assistance with daily living care, meal prep, nail/feet care; appointments, grocery shopping and errands; light cleaning; pet care; will return phone calls/texts after 3pm; Cmis.dep@gmail.com
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Reimer, Pam (9/2023) (608)727-2600 or (608)617-2611	Companionship, meal prep, exercising, some cleaning
Stoffels, Dorene (5/2018) (608)643-4990	Companionship, personal cares, light housecleaning, laundry, shopping for items

Reedsburg

Worker	Tasks
Beard, Kelli (3/2023) (608)434-9884	Light cleaning, help with bathing, errands; available after 4:30pm
Choate, Deborah (3/2019) (608)963-5342	Laundry, dishes, shopping, transportation to doctor appointments
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Curalli, Vicky (3/2017) (608)844-0003	Cooking, laundry, light cleaning, companionship, taking to doctor appointments, shopping
Deppe, Lorre (5/2023) (608)477-3470	Private sitter, companionship, assistance with activities of daily living, light housekeeping, help with walking and mobility, errands, groceries, organizing, bill paying
Drews, Christina (8/2021) (608)408-7171	Respite, light housekeeping, laundry, transportation to appts, errands, shopping; cooking and meal prep; please no lifting or transfers
Figueroa, Anacelis (1/2023) (219)718-2633	Companionship, medication reminders, transportation to appointments/errands, comfortable with dementia and Alzheimer's; Anacelis792@gmail.com

Reedsburg Continued...

Updated May 2024
Continued...Reedsburg

Worker	Tasks
Grundahl, Amber (3/2023) (608)415-9416	Laundry, dishes, house cleaning; personal care assistance, assistance with daily living skills, companionship; transportation, shopping; lawn work/gardening; ameliazengg16@gmail.com
Kirch, Emmie (5/2023) (608)572-3716	Direct patient care – assistance with activities of daily living, administering medications; light cooking, housework, transportation; Emilykirch51@gmail.com
Lyons, Tina (5/2023) (608)432-4119	Private sitter, helping with activities of daily living, light housekeeping, companionship, errands, grocery shopping, organization, mobility/exercise, lawn care needs, helper after surgery needs; RN
Mislivecek, Christie (1/2024) (608)963-5550	Assistance with daily living care, meal prep, nail/feet care; appointments, grocery shopping and errands; light cleaning; pet care; will return phone calls/texts after 3pm; Cmis.dep@gmail.com
Popp, Victoria (3/2024) (608)547-4881	Light housekeeping, cooking meals, assist with shopping, respite care for families with dementia (during the day or some overnights)
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Reimer, Pam (9/2023) (608)727-2600 or (608)617-2611	Companionship, meal prep, exercising, some cleaning
Simonson, Lori (8/2022) (608)566-5514	Cooking, bathing, assisting with dressing, meds; some housework; open to overnight stays
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jsully1981@gmail.com
Taylor, Kenda (6/2023) (608)963-4417	Personal cares: bathing, showering, dressing; meal prep, shopping, errands, light housekeeping, laundry, dishes; companionship, outings; no smokers and no pet care please
Von Behren, Daniel (8/2021) (608)963-0591	Landscaping, mowing, cleaning, light plumbing, carpentry, some electrical
Zeman, David (10/2019) (608)356-0707	Carpentry, plumbing, some electrical, small home jobs, patching drywall

Updated May 2024
Sauk City / Prairie du Sac

Worker	Tasks
Beard, Kelli (3/2023) (608)434-9884	Light cleaning, help with bathing, errands; available after 4:30pm
Choate, Deborah (3/2019) (608)963-5342	Laundry, dishes, shopping, transportation to doctor appointments
Downie, William (5/2023) (608)393-1205	Lawn care, mowing, clean outs/trash outs, errand running and item pickup/delivery; snow removal
Ellis, Terri (3/2017) (608)459-5630	Meal prep, light housekeeping, errands; no heavy lifting, no pet cleanup, no smokers please
Figueroa, Anacelis (1/2023) (219)718-2633	Companionship, medication reminders, transportation to appointments/errands, comfortable with dementia and Alzheimer's; Anacelis792@gmail.com
Gutwiler, LeAnn (4/2017) (608)643-0016	Light housekeeping, laundry, errands, spring cleaning, companionship
Kjorlie, Cara (2/2024) (608)963-2163	Light cleaning, personal cares, shopping; easy-going, if something's not listed, just ask please; charges \$20/hour; kjorliecara@gmail.com (also available in Lodi)
Kuhl, Tammy (2/2024) (414)550-9747	House chores such as dishes, vacuuming, dusting, sweeping floors; driving to doctor appointments and errands; TamLKuhl@aol.com
Popp, Victoria (3/2024) (608)547-4881	Light housekeeping, cooking meals, assist with shopping, respite care for families with dementia (during the day or some overnights)
Price, Vera (1/2024) (608)370-7804 or (608)216-5670	Companionship, cleaning, preparing meals, assist with showering, administering meds, transport in client vehicle; no lifting, no smokers please; pricevera01@gmail.com
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Stoffels, Dorene (5/2018) (608)643-4990 (c)	Companionship, personal cares, light housecleaning, laundry, shopping for items
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jjsully1981@gmail.com

Sauk City/PDS Continued...

Updated May 2024

Continued...Sauk City / Prairie du Sac

Worker	Tasks
Taylor, Kenda (6/2023) (608)963-4417	Personal cares: bathing, showering, dressing; meal prep, shopping, errands, light housekeeping, laundry, dishes; companionship, outings; no smokers and no pet care please
Von Behren, Daniel (8/2021) (608)963-0591	Landscaping, mowing, cleaning, light plumbing, carpentry, some electrical
Wells, Beth (1/2024) (608)459-0875	Cleaning, cooking, shopping, companionship, light personal cares, giving medications
Wells, Jolene (1/2024) (608)228-9417 Jolenecone6048@gmail.com	Assistance with activities of daily living, medication administration; direct patient care, ambulation, transfers, mobility and exercise assistance, companionship; grocery shopping; transportation to doctors appts; light housework; over 20 years of experience in geriatric care

Spring Green/Lone Rock

Worker	Tasks
Ellis, Terri (3/2017) (608)459-5630	Meal prep, light housekeeping, errands; no heavy lifting, no pet cleanup, no smokers please

Wisconsin Dells / Lake Delton

Worker	Tasks
Beard, Kelli (3/2023) (608)434-9884	Light cleaning, help with bathing, errands; available after 4:30pm
Braun, Jenna (12/2020) (608)402-5578	Cleaning (dusting, mopping, cleaning bathrooms, sweeping, some laundry), errands, grocery shopping, transportation to in-town doctor appointments
Clement, Stacey (3/2023) (608)524-6577 or (608)415-8902	Housework, cooking, errands, assistance with daily cares including bathing and dressing
Curalli, Vicky (3/2017) (608)844-0003	Cooking, laundry, light cleaning, companionship, taking to doctor appointments, shopping
Deppe, Lorre (5/2023) (608)477-3470	Private sitter, companionship, assistance with activities of daily living, light housekeeping, help with walking and mobility, errands, groceries, organizing, bill paying

Wisc. Dells/LD Continued...

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Wisconsin Dells / Lake Delton Continued...

Worker	Tasks
Downie, William (5/2023) (608)393-1205	Lawn care, mowing, clean outs/trash outs, errand running and item pickup/delivery; snow removal
Figuroa, Anacelis (1/2023) (219)718-2633	Companionship, medication reminders, transportation to appointments/errands, comfortable with dementia and Alzheimer's; Anacelis792@gmail.com
Grundahl, Amber (3/2023) (608)415-9416	Laundry, dishes, house cleaning; personal care assistance, assistance with daily living skills, companionship; transportation, shopping; lawn work/gardening; ameliazengg16@gmail.com
Kirch, Emmie (5/2023) (608)572-3716	Direct patient care – assistance with activities of daily living, administering medications; light cooking, housework, transportation; Emilykirch51@gmail.com
Kuhl, Tammy (2/2024) (414)550-9747	House chores such as dishes, vacuuming, dusting, sweeping floors; driving to doctor appointments and errands; TamLKuhl@aol.com
Lyons, Tina (5/2023) (608)432-4119	Private sitter, help with activities of daily living, light housekeeping, companionship, organizing, errands/grocery shopping, mobility & exercise help, lawn care needs, helper after surgery; RN
Popp, Victoria (3/2024) (608)547-4881	Light housekeeping, cooking meals, assist with shopping, respite care for families with dementia (during the day or some overnights)
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands
Taylor, Kenda (6/2023) (608)963-4417	Personal cares: bathing, showering, dressing; meal prep, shopping, errands, light housekeeping, laundry, dishes; companionship, outings; no smokers and no pet care please
Sullivan, Jessica (3/2024) (608)434-2363	Cleaning, organizing Jjsully1981@gmail.com
Szweda, Mackenzie (5/2023) (608)354-4965	Assist and care for those who need companionship, helping with basic house chores and assisting with technology needs
Von Behren, Daniel (8/2021) (608)963-0591	Landscaping, mowing, cleaning, light plumbing, carpentry, some electrical

Wonewoc

Worker	Tasks
Reimer, Micah (9/2023) (608)630-2480	Companionship, meal prep, housecleaning, daily cares, showering, personal hygiene, ambulating, transfers, dressing, grocery shopping and other errands

Updated 5.9.24

Service Agreement

This service agreement is between _____ and _____
(worker) (client)
on this date _____.

Services Provided

- This worker agrees to perform the following tasks for this client: _____

- This worker and client agree the work will be completed on (i.e. first Monday of each month): _____

Payment

- The worker will charge a fee of _____ per _____ (job/hour).
- This worker and client agree that this worker will be paid (i.e. on the date of service, monthly): _____.

Nonpayment

- If the client for any reason does not pay the worker, this worker will (i.e. terminate services, put services on hold until payment): _____

(worker) (client)

(date) (date)

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