

Caregivers can borrow items for 6 months and request an extension if nobody is on the waiting list for that item. Caregivers will be asked to fill out a brief demographic form. Contact Marina Wittmann at the ADRC to request

marina.wittmann@saukcountywi.gov ADRC:(608) 355-3289

an item or be put on the waiting list.

The ADRC has other support services for Caregivers! Call us and inquire about:

# -Powerful Tools

for Caregivers

-Respite Funding

- -Support Groups
- -Dementia Care Specialist

# TECHNOLOGY

- Electronic Pill Dispensers
- Digital Clocks
- o Picture Memory Phones
- Wireless Door Alarm Sets
- o iPads
- Amazon Fire HD 10 Tablets
- Amazon Echo Dots ("Alexa" Enabled)
- Amazon Echo Shows ("Alexa" Enabled)
- o Amazon Alexa Complete User Manuals

## PORTABLE WHEELCHAIR RAMP





More Items on Back!





## **BOOKS**

- The 36-Hour Day by Nancy Mace
- Dementia Reimagined by Tia Powell
- Creating Moments of Joy by Jolene Brackey
- My Two Elaines by Marty Schreiber
- Find Your Heart, Follow Your Heart by Keri Olson
- Cracking the Hospice Code by Linda Kritikos
- A Not So Lonely Journey by Thompson, Zerrenner
- On Vanishing by Lynn Casteel Harper
- Healing After Loss by Martha Whitmore
- It's Ok That You're Not Ok by Megan Devine
- Sometimes It's Grandmas and Grandpas, Relatives as Parents
- Grandparents As Parents: A Survival Guide for Raising a Second Family
- Courageous Love for Relatives as Parents

### TEEPA SNOW: POSITIVE APPROACH TO CARE DVDS

- It's All In Your Approach
- The Art of Caregiving
- The Journey of Dementia
- Challenging Behaviors in Dementia Care: Recognizing and Meeting Unmet Needs
- Progression of Dementia, Seeing GEMS Not Just Loss

#### HANDS-ON

- Favorite Things Kits: photo, activity cards and DVDs to spark conversation: Farm or Summer Reminiscence Kits available
- 1950s 2000s Rewind Cards cards highlight the best things from that decade to reminisce about!
- Perfect Petzzz lifelike companion pet
  - o Chocolate Lab and Tabby Cat available











