

Welcome To Medicare!

2020



**THE AGING AND
DISABILITY RESOURCE
CENTER (ADRC) OF
EAGLE COUNTRY –
BARABOO OFFICE –
SAUK COUNTY**

Before We Get Started.....



- Please set cell phones to mute or vibrate
- Feel free to ask questions and/or take breaks as needed
- Restrooms/water fountains are next to the elevators
- Stairways are at either end of the halls for emergency exit
- The presentation is geared towards new Medicare beneficiaries who reside in Sauk County
- The presentation will last about an hour
- It's okay if you need to leave before we finish 😊

ADRC General Information



- Aging and Disability Resource Center of Eagle Country – Baraboo Office-Serving Sauk County
 - Nutrition Programs
 - Caregiver Support Programs
 - Transportation Services
 - Volunteer Opportunities
 - Information and Assistance Specialists (I and A)
 - Disability Specialists (DBS)
 - Elder Benefit Specialists (EBS)

Elder Benefit Specialist (EBS)



- Serves people age 60 and older
- Answers questions about Medicare parts A, B, C and D, Senior Care and Supplements
- Assists with some Consumer Issues (landlord/tenant, medical billing, collections)
- Explores eligibility for Medicare Savings Programs and/or Medicaid Programs
- Assists with matters pertaining to the Social Security Administration (disability, appeals, benefits, etc)
- Works under the supervision of program attorney

Topics To Be Covered



- Brief Overview of Social Security Benefits
- Original Medicare – (Medicare A and B)
 - Enrollment periods, costs, benefits, limitations
- Options in addition to Original Medicare
 - Supplements, Advantage Plans
- Prescription Drug coverage options
- Help for People with Limited Income
- Words of Caution/Final Reminders

Social Security Retirement



- **Social Security Retirement Benefits** (see handouts in folder)
 - Apply through Social Security in person, by phone or on line (EBS can assist)
 - Age 62–Up to Full Retirement Age – Reduced Benefits
 - Full Retirement Age – 100% Benefits
 - Post Full Retirement Age - Up to age 70 – up to 130% Benefits
 - Apply approximately 3 months before you want your benefits to begin
 - Benefits are earned through Social Security taxes that you or your spouse have paid on work earnings
 - You or your spouse must have earned 40 work credits through employment (approximately 10 years of full time work)

Original Medicare



- Medicare Part A – Hospital Insurance
- Medicare Part B – Medical Insurance

Medicare Part A Enrollment



- **Enrollment**

- Automatic at age 65 if already drawing Social Security benefits
- Automatic under age 65 if drawing Social Security Disability benefits for 24 months
- If not drawing Social Security benefits at age 65, then sign up through Social Security in person, by phone or on line during your 7 month Initial Enrollment Period (IEP)
 - ✦ (EBS can assist with on line application)

Initial Enrollment Period (IEP)



- At age 65, you have a 7 month Initial Enrollment Period (IEP) to sign up for Medicare Part A:
 - The 3 months before you turn 65
 - The month you turn 65
 - The 3 months after you turn 65
- If you don't sign up for Part A during your IEP, you will be automatically enrolled into Part A later when you sign up for your Social Security Retirement benefits and your part A start date may be backdated up to 6 months
 - This is important information for anyone with a Health Savings Account(HSA)! (see next slide)

Starting Medicare Part A



- Additional things to know....
 - If you have an HSA- Stop making contributions before the start of your Medicare Part A!
 - ✦ You can still use up whatever money is left in your account but contributions must stop
 - ✦ You will face tax penalties if you continue to make contributions after your Medicare starts
 - If you are enrolled into insurance through the Affordable Care Act(ACA), call to cancel it before your Medicare starts!
 - ✦ If you have tax subsidies and do not cancel your ACA plan once your Medicare starts, you will face tax penalties

Medicare Part A Costs



- Cost
 - Premium free if you or your spouse paid Medicare taxes while working and met 40 work credit requirement
 - ✦ 40 work credits earned through 10 years of full time work
 - ✦ If less than 40 work credits, pay premium for Part A
 - \$1,408 deductible per 60 day hospitalization
 - Additional daily copays may apply for longer term hospital and/or Skilled Nursing Facility stays (see next slide)

Medicare Part A Coverage



- Medicare Part A Coverage
 - Inpatient hospital stays
 - ✦ Days 0-60- \$0/day copay (after \$1408 deductible is met)
 - ✦ Days 61-90 - \$352/day copay
 - ✦ Days 91-150 - \$704/day copay
 - Home Health Services
 - Inpatient Blood
 - Hospice Care
 - Skilled Nursing Facility with qualifying 3 day hospital admission
 - ✦ Days 1-20 - \$0 copay
 - ✦ Days 21-100 - \$176/day copay
 - ✦ Days 100+ - Zero Coverage

Qualifying Three Day Hospital Admission



- In order for Medicare Part A to cover ANY of your stay at a Skilled Nursing Facility(SNF), you must:
 - Be admitted as an inpatient for at least three days into the hospital prior to being transferred to the SNF
 - ✦ Observation stays do not count
 - ✦ Inpatient stays of less than 3 days do not count
 - Be receiving skilled nursing care provided by nursing or therapy staff as ordered by your physician while in the SNF

Medicare Part B Enrollment



- Enrollment

- Automatic at age 65 if already drawing Social Security benefits
- Automatic under age 65 if drawing Social Security Disability benefits for 24 months
- If not drawing Social Security benefits at age 65, then sign up through Social Security in person, by phone or on line during your 7 month Initial Enrollment Period (IEP) (see next slide)

Initial Enrollment Period (IEP)



- At age 65, you have a 7 month Initial Enrollment Period (IEP) to sign up for Medicare Part B:
 - The 3 months before you turn 65
 - ✦ Start date for part B will be the first of the month in which you turn 65 (or backdated one month for birthdays that fall on the 1st of the month)
 - The month you turn 65
 - ✦ Start date for part B will be the 1st of the next month
 - The 3 months after you turn 65
 - ✦ Start dates for part B are delayed 2- 3 months depending on what month you sign up

Additional Enrollment Periods For Part B



- **Annual General Enrollment Period:**
 - Every January 1-March 31
 - Part B will not start until July 1
 - For people who did not take Part B at age 65 and who do not have a special enrollment period
- **Special Enrollment Period:**
 - Can delay part B enrollment if you have creditable coverage through active employment of you or your spouse
 - Can then sign up for Part B at any time while still working and up to 8 months after work ends
 - Can choose start date of Part B coverage (see next slides)

Creditable Coverage For Medicare Part B



- For people age 65 and over – generally health insurance that is provided by a large group employer of 20 employees or more that is earned by you or your spouse through active employment
- For people under age 65 and disabled – generally health insurance that is provided by a large group employer of 100 employees or more that is earned by you or your spouse through active employment
- Always verify with your employer that the coverage IS considered creditable for Medicare Part B before deciding to delay your part B enrollment!

What Is NOT Creditable Coverage For Part B



- Delaying part B enrollment without having creditable coverage will result in a premium penalty cost of 10% more for life for each year that you were eligible for enrollment but not enrolled in Part B!
- Again, always verify that you have creditable coverage before deciding to delay your part B enrollment!
- Examples of coverage that is NOT considered creditable:
 - Veterans Health Care
 - Affordable Care Act/Marketplace
 - COBRA Insurance
 - Retirement Coverage
 - Federal Retirement Insurance Programs

Medicare Part B Costs



- **Cost**

- Monthly premium – Currently \$144.60 for 2020 (Higher if IRMAA) (see next slide)
- Premiums are deducted from Social Security checks each month or billed quarterly if not yet receiving retirement benefits
- \$198 deductible per year
- 20% copays after deductible is met

IRMAA



- Income Related Monthly Adjustment Amount
 - Premium for Part B may be higher for those with higher incomes
 - Higher premium rates are calculated using taxes from 2 years prior
 - SSA will review IRMAA each year and if/when income decreases, so will IRMAA
 - See 'Medicare Costs at a Glance' handout in your red folder

Medicare Part B Coverage



- Coverage

- Medically necessary outpatient services:
 - ✦ Doctor visits, specialist visits, lab work, x-rays, etc.
 - ✦ Ambulance rides, ER and Urgent Care visits
 - ✦ Outpatient hospitalizations, surgeries and procedures
 - ✦ Durable Medical Equipment and supplies
 - ✦ Outpatient Therapies
 - ✦ Part B Medications
 - ✦ Preventive Services – see next slide

Medicare Part B Preventive Services



- Medicare provides for some services that are not subject to the yearly deductible and 20% copays
 - Welcome to Medicare visit for new Medicare enrollees
 - Yearly Wellness Visit – Be sure to use this term when scheduling your appointment!
 - Preventive Screening Services as allowed for – see ‘Your Guide to Medicare’s Preventive Services’ brochure in your red folder

Services NOT Covered By Medicare Part B



- These services are NOT covered by Part B:
 - Most Dental Care or Dentures
 - Routine Eye Care and most eyeglasses
 - Hearing Aids and/or exams for fitting hearing aids
 - Long Term Care
 - Cosmetic Procedures
 - Acupuncture
 - Health Care while traveling outside the US
 - Most Routine Foot Care and most supportive devices for feet
 - Anything NOT medically necessary

Original Medicare Final Thoughts



- Original Medicare is health insurance administered by the federal Center for Medicare and Medicaid Services (CMS).
- Watch in the mail for your Medicare card. It will be sent to you by CMS.
- Medicare pays a large part of your health care expenses, but it does not pay for them all.
- There are additional options to fill the gaps left by Medicare.

Additional Health Coverage Options



- **Additional Health Coverage Options**

Additional Health Coverage Options



- Medicare Supplements (Medigap Policies)
 - Traditional Supplements
 - Select Supplements
- Medicare Advantage Plans (Part C Plans)
 - PPO
 - HMO
 - PFBS

Medicare Supplements- Medigap Policies



- 6 months of Guaranteed Issue from start of Part B
- Once Guaranteed Issue ends, subject to health underwriting
- Guaranteed renewable for life as long as you pay your premium
- Safest, most comprehensive option
- WI plans will follow you wherever you go
- Prices will vary based upon coverage choices
- Monitored by the Office of Commissioner of Insurance (OCI) (see next slide)

Office Of Commissioner Of Insurance(OCI)



- Medicare Supplements are sold by insurance agents
- All insurance companies and agents doing business in Wisconsin are licensed by OCI
- All Medicare Supplements are mandated by OCI to provide the same basic coverages
- Call OCI at 1-800-236-8517 to confirm any company or agent's insurance license or to file a complaint
- Resources:
 - Fact Sheet on Mandated Benefits in Health Insurance Policies
 - Yellow OCI Book of Medicare Supplements
 - The ADRC's Insurance Agent Resource Guide

Traditional Supplements



- Pay the 20% leftover by Medicare Part B
- Include all OCI mandated benefits
- Can see any provider who accepts Medicare
- Can add optional riders for extra costs:
 - Part A deductible – 100% or 50%
 - Part B deductible – if Medicare started prior to 1/1/2020
 - Part B excess charges
 - Emergency foreign travel coverage
 - Extra home health care

Traditional Supplements Options



- Attained Age – Premiums go up based upon age
- Issue Age – Premiums won't go up based upon age (but can still increase for other reasons)
- Cost Sharing – 25% or 50%
- High Deductible Plans

Select Supplements



- Pays 20% left over by Medicare Part B as long as you see in network providers
- Includes all OCI mandated benefits
- Out of network ok if emergency or urgent care need
- Includes optional riders within their basic plans
- Comparable premiums to traditional supplements
- Generally asks fewer health questions
- Must purchase a plan that is sold in your county
 - Only a few left available for purchase in Sauk County

Medicare Advantage Plans- Part C Plans



- Insurance plans that Medicare contracts with on an annual basis to take over your health care needs
- “Replaces” Medicare – pays instead of /not in addition to Medicare
- Must still remain enrolled in Medicare A and B and pay the Part B premium
- Not guaranteed renewable for life – can end each year
- Monitored by Medicare and required to pay as well or better than original Medicare (no OCI benefits)

Medicare Advantage Plans- Part C Plans



- Premiums generally lower than supplements
- Copays, deductibles and/or coinsurance apply
- Must purchase plan that is sold in your county
- Must see providers who accept your plan
- If provider does not accept your plan, you pay full cost (Medicare will not pay at all)
- Most include drug coverage and offer perks
- No health questions other than ESRD
- Have annual caps on your out of pocket costs

Medicare Advantage Plan Enrollment Periods



- At age 65, Advantage Plans have the same 7 month Initial Enrollment Period(IEP) as Original Medicare:
 - The 3 months before you turn 65
 - The month you turn 65
 - The 3 months after you turn 65
- October 15-December 7 yearly–Open Enrollment Period for all Medicare Beneficiaries
- Jan 1-March 31 yearly–Open Enrollment Period only for those already enrolled in a Medicare Advantage plan who want to drop or switch plans
- Special Enrollment Periods-vary upon circumstances

Types Of Medicare Advantage Plans



- **PPO = Preferred Provider Organization Plans**
 - There is a preferred network of providers but you may go out of network for higher costs
 - **HMO = Health Management Organization**
 - You must use the in network providers for all services
 - **PFFS = Private Fee For Service**
 - No specific network of providers required. However, you must make sure your providers accept the insurance
- ★ *Note of caution- If you have an advantage plan and go to a provider that is out of network or does not accept your insurance- you will be responsible for 100% of your medical bills incurred. Confirm insurance is accepted every time you use the insurance.

Medicare Advantage Plans – Part C Costs



- In 2020, there are 29 Advantage plans offered in Sauk County by 5 different companies
- Premiums range from \$0 - \$241 per month
- Deductibles for health and/or drugs may be present
- Copays range from \$0 up to 20% depending on plan and service received

Prescription Drug Coverage Options



- Prescription Drug Coverage Options

Prescription Drug Coverage Options



- Medicare Part D Prescription Drug Plan
- Creditable Coverage from other source
 - Does NOT need to be from active employment

Creditable Coverage Options



- VA Healthcare
- Employer coverage
- Retirement coverage
- Coverage from spouse's insurance
- COBRA
- State of Wisconsin Seniorcare (see next slide)

State Of Wisconsin Seniorcare



- State Pharmaceutical Assistance Program (SPAP)
- Must be a resident of the state of Wisconsin and age 65 or older to enroll
- \$30 annual enrollment fee
- Gross yearly income determines level of coverage
- Accepted at most Wisconsin pharmacies
- Can enroll any time of the year
- Lowest cost option for those on no medications
 - ✦ See Your Senior Care Fact Sheet located in your red folder

Medicare Part D Enrollment



- At age 65, Medicare Part D Plans have the same 7 month Initial Enrollment Period(IEP) as Original Medicare:
 - The 3 months before you turn 65
 - The month you turn 65
 - The 3 months after you turn 65
- October 15-December 7 yearly–Open Enrollment Period for all Medicare Beneficiaries
 - Can enroll, drop or switch drug plans
 - Check your plan every year as plans and/or medications can change!
- Special Enrollment Periods-vary upon circumstances

Medicare Part D Plans Costs



- 2020 Costs
 - Premiums – \$13 to \$124 per month
 - Deductibles – \$0 to \$435 per year
 - Copayments – Vary depending on meds, pharmacies, etc.
 - ✦ Late enrollment Penalties can apply if you do not have drug coverage of some sort at age 65 and older – making premiums higher!
- Standard Coverage Overview
 - Deductible (If applicable)
 - Initial Period of Coverage
 - Coverage Gap (Donut Hole)
 - Catastrophic Coverage
 - ✦ (See handout in your folder)

Medicare Part D Coverage



- Prescribed medications
- Medications that are included on a plan's formulary
 - Not all medications are covered by all plans
- Medications that are being prescribed for the medically prescribed use
- Insulin, needles and syringes for the administration of insulin
- Medications that are approved by the FDA

Medicare Part D -What is NOT Covered



★ THESE ITEMS ARE NOT COVERED BY PART D PLANS!

- Over the counter medications/non-prescription
- Vitamins, minerals and supplements
- Drugs for non medically necessary purposes
- Drugs not approved by the FDA or for your need
- Medications not on your plan's formulary
 - Sometimes your doctor can request an exception

Medicare Part D -Where To Get Help



- Where to enroll or get help choosing a plan:
 - www.medicare.gov
 - Call Medicare at 1-800-633-4227
 - Call the Wisconsin Prescription Drug Helpline at 1-800-242-1060 or 1-855-677-2783
 - Contact your Elder Benefit Specialist (EBS) at your local ADRC. In Sauk County – 608-355-3289
 - ✦ Baraboo, Merrimac, Sauk City, Prairie du Sac, North Freedom– Ask for Pam
 - ✦ Reedsburg, Spring Green, Rock Springs, Plain, Lake Delton, Wisconsin Dells – Ask for Mindy

Help For People With Limited Income



- Help for People with Limited Income

Help For People With Limited Income



- **Medicare Savings Programs**
 - QMB – Qualified Medicare Beneficiary
 - ✦ Pays Medicare Part B premium
 - ✦ Provides Full Extra Help with Medicare drug plans
 - ✦ Provides Medicaid to supplement the Medicare
 - SLMB and SLMB+ - Specified Low Income Medicare Beneficiary Programs
 - ✦ Pays Medicare Part B premium
 - ✦ Provides Full Extra Help with Medicare drug plans
 - Apply through the Capital Consortium (EBS can assist)
 - Income and Asset Limits apply – See the ADRC

Help For People With Limited Income



- **Extra Help (Low Income Subsidy)**
 - Partial or Full Extra Help available to help with costs of part D premiums and copays
 - Apply for Extra Help through Social Security Administration (SSA) on line, in person or by phone (EBS can assist)
 - Income and Asset Limits apply – See SSA or the ADRC
 - Automatically receive FULL Extra Help if you are eligible for a Medicare Savings Program – (no need to do application with Social Security Administration)

Words Of Caution



- Always Review your quarterly Medicare Summary Notice for accuracy
- Don't Give Out Your Medicare Number except to your doctor or other confirmed Medicare provider
- Be aware that Medicare does not call you, visit you or try to sell you anything
- Be cautious of offers for "free" medical services or products
- Treat your Medicare card and number like a credit card

Words Of Caution



- **If you suspect Medicare Fraud or Abuse:**
 - Call the Provider to let them know
 - Gather information and documentation
 - Contact the Wisconsin Senior Medicare Patrol (SMP) at 888-818-2611 (free and confidential) to report your concerns

Final Reminders



- Sign up for Social Security Retirement between ages 62 and 70- no more than 3 months before you want benefits to start
- Sign up for Medicare A and B at age 65-during 7 month initial enrollment period (IEP)
- Medicare supplements have 6 months of Guaranteed Issue from start date of Part B
- Advantage plans (C) and prescription drug plans (D) have same IEP as A and B
- Annual Open Enrollment for C and D plans is every year from October 15-December 7. Check your plan every year!
- Second Open Enrollment January 1-March 31 yearly for those already enrolled in a Medicare Advantage plan to drop or switch plans
- Other Special Enrollment periods may apply - See ADRC

Contacts



- ADRC of Eagle Country-Baraboo Office (Sauk County) - 608-355-3289 or 800-482-3710
- Social Security Administration- Portage Office - 888-875-1681 www.ssa.gov
- Social Security Administration – Madison Office – 866-770-2262 www.ssa.gov
- Sauk County Veteran’s Services Office - 608-355-3260
- Medigap Helpline - 1-800-242-1060
- Medicare - 1-800-MEDICARE (1-800-633-4227) www.medicare.gov
- Office of the Commissioner of Insurance (OCI) - 800-236-8517 www.oci.wi.gov
- Senior Medicare Patrol (SMP) - 888-818-2611
- Capital Consortium – 888-794-5556