Aging & Disability Resource Center of Sauk County
2013 Because You Care – Care for the Caregiver
Program Fact Sheet

Who is a Family Caregiver?
A **Family Caregiver** is an adult family member or other individual who is a **provider** of **in-home**, community care to a loved one.

What is the purpose of this program?
This program aims to **support caregivers** so that they may have the strength, vigor, and patience to care for their loved one and improve the quality of life for both the caregiver and their loved one. The program attempts to accomplish this by providing reimbursement (as funds are available) to a family caregiver for costs associated with arranging for another person or service to provide care to an older adult in their absence.

This reimbursement is limited to:
- A maximum of **$480 per calendar year**, per family, as funds are available
- The duration of this care may not exceed 7 consecutive days or 14 total days per calendar year

What types of service will be considered respite care?
Respite is time apart from a loved one you are caring for in order to rest, take a break, play, accomplish personal business matters, or whatever else it takes to recharge the energies required to be a caregiver and keep one's self healthy and happy!
For example:
- someone else is at home with your loved one while you are away
- someone else takes your loved one on an excursion so you may enjoy some time at home alone
- payment for services of an adult day care or assisted living facility

What process is involved with receiving this reimbursement?
To receive reimbursement:
- **complete** an application and return it to the Aging & Disability Resource Center
- **receive** an approval letter from the Aging & Disability Resource Center
- **provide** an original, signed invoice or receipt for the costs of respite care received which includes the following information:
  - The name of the individual or agency which provided the service
  - A signed W-9 form if the care is provided by an individual
  - The date the respite care was provided
  - A description of the care provided
  - The cost of the care

The invoice or receipt for costs paid will be processed according to Sauk County's monthly Accounts Payable procedure and a check will be mailed to the provider or caregiver within 4-6 weeks.

Please keep this fact sheet for your reference!

Please contact Mary Jane Percy with any questions or concerns.
Aging and Disability Resource Center
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