



# Sauk County Substance Use Services

# Start here for help.

All-in-one treatment, peer support, & harm reduction.

# WisHope Peer Recovery Coaches and the Sauk County Recovery Community Center

For everyone, alcohol/any drug use

717 South Blvd Suite 1, Baraboo

For center drop-in hours, meetings, & more visit: <a href="facebook.com/ProjectWisHope">facebook.com/ProjectWisHope</a>

Call or text **844-515-1444** to talk to a Peer Recovery Coach or download the **Recovery180 app** on the Apple/Google Play Store.

# **Sauk County Recovery Connections**

For Sauk County residents only, opioid/stimulant use only 505 Broadway St, 4th Floor, Baraboo, WI 53913

608-402-4312

# Sauk County Department of Human Services

For Sauk County residents only, alcohol/any drug use 505 Broadway St, 4th Floor, Baraboo, WI 53913

608-355-4200

# **Recovery Support Network**

For Sauk County residents only, alcohol/any drug use 510 Broadway St, Basement Level of Sauk County Courthouse, Baraboo WI 53913 608-355-3287

# Sauk Prairie CARE Recovery Program, sponsored by St. Vincent of Prairie du Sac/Roxbury

For everyone, alcohol/any drug use 1906 North Street, Prairie du Sac, WI 53578 608-644-0504 ext. 12

# **Additional Treatment Resources**

#### **Baraboo VA Clinic**

For veterans only

Free harm reduction supplies for all veterans: fentanyl test strips, xylazine test strips, syringes, and sharps containers. Connections to treatment and additional resources available.

608-356-9318 –Baraboo

#### Goodman Behavioral Health Clinic

Offers AODA services

608-768-4545 - Reedsburg





# Healthcare Agencies: Offers Medication Assisted Treatment (MAT) SSM Health Dean Medical Group

608-355-3800 - Baraboo

**Ho-Chunk Nation Department of Health: House of Wellness** 

**608-355-1240** – Baraboo

**Prairie Clinic** 

608-643-3351 - Prairie du Sac

Sauk Prairie Healthcare Emergency Room, 24/7/365

608-643-3311 - Prairie du Sac

#### **Lutheran Social Services**

Offers mental health and AODA services

**608-355-4103** – Baraboo

#### **Pathway to Wellness Community Clinic**

Offers mental health and AODA services

**608-643-3663** – Prairie du Sac

## **Pauquette Center**

Offers mental health and AODA services

**608-643-3147** – Prairie du Sac

**608-356-9055** – Baraboo

608-524-5151 - Reedsburg

## **Psychological Addiction Services: Mobile Medication Assisted Treatment**

Offers methadone and suboxone

Location 1: 200 E Cook St. Portage (parking lot next to Wilz Drug)

Hours: M-F 6:30am-9am, Sa & Su 6:30am-8am

Location 2: 727 8th St. Baraboo (St. Paul's Church)

Hours: M-F 9:30am-11am

608-416-5777

info@pasrecovery.com

# Reedsburg Area Medical Center (RAMC) Behavioral Health Department

Offers counseling for adults & youth

**608-524-8611** – Reedsburg

# SSM Health Behavioral Health Department

Offers mental health services & counseling for adults

Need a referral through your Primary Care Physician

\*Only available to those who have a SSM Health Primary Care Physician





# **FREE Harm Reduction & Recovery Support Resources**

#### **Public Health Sauk County**

Free Narcan and Narcan Training, fentanyl test strips, and xylazine test strips available. Call **608-355-3290** or visit <u>UCanSaveALife.org</u>
505 Broadway, 3rd Floor, Baraboo, WI 53913

#### **Public Health Vending Machines - 2 locations**

Free Narcan Nasal Spray, Deterra medication disposal kits, and Mental Health & Substance Use Resource bag at:

**SSM Health St. Clare-Baraboo Emergency Room**, available 24/7/365, 707 14th St. Baraboo **SSM Health Urgent Care-Lake Delton**, available Sun-Wed 9am – 5pm, Th-Sat 9am – 8pm, 530 Wis Dells Pkwy S, Lake Delton

#### Harm Reduction Response Teams red Dodge Caravan - 2 locations

Clean needles, wound care supplies, Narcan Nasal Spray, safer sex supplies, hygiene and comfort items, and fentanyl test strips will be offered in the parking lot of:

BWP Liquor, 21 WI Dells Pkwy S Lake Delton 1st and 3rd Tues from 1-3pm St. Paul's Lutheran Church, 727 8th St Baraboo 2nd and 4th Tues from 1-3pm To request delivery of supplies: call/text 608-504-7700 or email:

DHSDPHharmreduction@dhs.Wisconsin.gov

#### WisHope Peer Recovery Coaches

Offer harm reduction supplies and education.

Call/text a local WisHope Peer Recovery Coach at **844-515-1444** or stop by the WisHope **Recovery Community Center** (717 South Blvd Baraboo)

**Recovery180 app** on the Apple/Google Play Store - connections to peer support, harm reduction, treatment, community resources, & more.

#### **Vivent Health**

Narcan, Fentanyl Test Strips, and other harm reduction education and supplies. Testing and treatment for HIV, AIDS, Hepatitis, and more. Call 1-800-359-9272 to request supplies.

#### **Never Use Alone Hotline**

Using alone increases the chance of an overdose resulting in death. Call the hotline and a peer will stay on the phone with you.

Call 1-800-484-3731

# **Additional Resources**

#### Credible Mind:

Get started by taking a free mental health assessment and find mental health resources <u>Saukcounty.crediblemind.com</u>

## **Covering Wisconsin:**

Expert help for anyone in Wisconsin to understand, access, use, and keep health insurance

608-355-0378





# **LGBTQIA+ Resources for Substance Use and Mental Health**

Comprehensive list of resources providing help and support for members of the LGBTQIA+ community: <a href="mailto:shatterproof.org/LGBTQIA">shatterproof.org/LGBTQIA</a>

# NAMI (National Alliance on Mental Illness) Sauk County:

Call for more information on support groups for individuals and loved ones **608-355-0378** 

#### **National Suicide Hotline:**

Call or text 988

#### **National Hopeline Network**

Call for more information on support groups
Call 800-784-2433 or 800-442-4673 or Text HOPELINE to 741741

#### **Statewide General Services:**

Call 211 for referrals to treatment and other services: 211wisconsin.communityos.org

## **Sauk County Crisis Line:**

800-533-5692

#### **Start Your Recovery website:**

Find local support and treatment options for yourself or loved one & learn about recognizing and dealing with substance use

startyourrecovery.org

#### 12-Step meetings:

- Al-Anon (<u>al-anon.org</u>) and Nar-Anon (<u>nar-anon.org</u>) for loved ones
- Adult Children of Alcoholic & Dysfunctional Families (<u>adultchildren.org</u>)
- Alcoholics Anonymous (<u>aa.org</u>)
- Narcotics Anonymous (<u>na.org</u>)

#### Use QR code or link for more Sauk County Community Resources



Comprehensive list of resource guides including the 3 listed below. Available in English & Spanish.

bit.ly/saukresources

## **Sauk County Extension Resource Guide:**

Comprehensive list of county resources including but not limited to: Hotlines for urgent needs, grief support, cancer support, elderly care, food pantries, pregnancy resources, suicide prevention, legal help, transportation, mental health, and more!

#### **Sauk County Human Services Counseling Resource List:**

Lists agency services and insurances accepted

#### Sauk County Youth Substance Use & Mental Health Resource Guide:

Comprehensive list of youth resources for substance use & mental health