



**Sauk County Public Health Department**  
**505 Broadway**  
**Baraboo, Wisconsin 53913**  
**Phone (608) 355-3290**  
**Fax: (608) 355-4329**

May 27, 2009 10:00  
Situation Report:

**There have not been any reported cases of novel influenza A H1N1 in Sauk County.**

There are 1370 confirmed cases of novel influenza A H1N1 in Wisconsin.

Sauk County Health Department has had ongoing communication for surveillance with the school districts in Sauk County. An absentee rate at or above 15% could possibly lead to school closures. Absentee rates remain within normal ranges in all Sauk County Schools. Parents or siblings of students who are ill may still work or attend school but should be monitored closely for signs of influenza. Symptoms of H1N1 influenza include fever, headache, dry cough, sore throat, nasal congestion, body aches and /or tiredness, and in some cases nausea and diarrhea.

Everyone is encouraged to be aware of the signs and symptoms of influenza and protect your self and your family from the H1N1 virus:

- Stay home for 7 days after the start of illness or twenty four hours after symptoms subside.
- Call your health care provider if you develop influenza-like symptoms. You will be advised as to whether you should be seen or if you need to take antiviral medications.
- Wash your hands often with soap and water for 15 to 20 seconds, especially after you cough, sneeze or use a tissue. Alcohol-based hand cleaners are also effective. Rub your hands together until dry.
- Don't share drinking cups or straws
- Try to avoid close contact with sick people.
- Get plenty of rest and drink clear fluids to keep from getting hydrated
- Frequently clean commonly touched surfaces (i.e. door knobs, refrigerator handle, telephone, faucets)

The Sauk County Health Department continues to monitor the situation with their state and local partners. Communication is ongoing with local hospitals/providers, town, city and village government, schools, and EMS. All employees are being kept up to date on the situation. Plans are in place that would be activated under the guidance of the state and federal authorities if there is widespread influenza. We would work closely with all our county partners to implement the plans.

To access updated information go to [www.co.sauk.wi.us](http://www.co.sauk.wi.us) there are links to [pandemic.wisconsin.gov](http://pandemic.wisconsin.gov) and [cdc.gov](http://cdc.gov). Additionally, people can call 211 to get updated information. The best thing people can currently do is to follow the instructions to prevent the spread of illness and prepare for a pandemic. A checklist for families and **businesses** to prepare for pandemic flu can be accessed at [www.pandemicflu.gov](http://www.pandemicflu.gov).